

Lunch at Crestview **2017-2018**

When you are packing lunches for your child, please keep the following in mind:

- We aim to be a nut-free school because of severe allergies of some school children. All nut butters and products containing peanut butter are not permitted in any lunchboxes. Many parents have switched successfully to sunflower seed butter (found at Whole Foods and Trader Joes) with success.



- As we strive to foster independence, it is helpful if your child can easily open their food containers. Please do not



use wide-mouth thermoses; it is nearly impossible for children to grip them and twist off the lids, especially when they are warm. If your child wants warm food during the cold months, please try out thermoses with him/her before sending them to school. If thermoses are sent to school and your child is unable to open them, we will send a note inside the lunchbox asking you to switch to a more suitable container.

- Please do not send: “go-gurts” (yogurt in tubes), juice boxes, or candy of any kind. If it comes into school by mistake, we will kindly ask your child to return it to their lunch box.
- Per state regulation, children do not have access to a microwave oven.
- Lunches will be stored in the school’s refrigerator so there is no need for icepacks in the lunchboxes.
- We will be offering cold, filtered water to all children that stay for lunch. Juice boxes can get messy and tend to fill up your child without lunch being eaten, so please keep them at home.