

2018-2019 SNACK LIST

On Monday by 8:45am, please provide the following for the children to enjoy:

- 1) 1 large bunch of flowers (for flower arranging – thin stems are best for cutting)
- 2) 1 lb. thin carrots (for peeling)
- 3) 24 cheese sticks or string cheese
- 4) 5 boxes Nabisco Triscuit Thin Crisps, Triscuit Minis or plain Triscuit
(no flavored versions)

In addition, on a daily basis, please provide one of the following (to serve 10) beginning on your first assigned snack day. This portion of the snack needs to be prepared at home and be ready to be served at the snack table (unless otherwise indicated). Seasonal fruits and vegetables taste best, so please choose accordingly:

- cucumber slices (seedless)
- 1 bunch of just-ripe bananas (to be sliced at school)
- red, yellow, or orange bell peppers (sliced)
- orange slices (peeled, not cut)
- strawberries, blueberries or raspberries
- cantaloupe, watermelon or honeydew chunks
- celery slices
- sugar snap peas
- edamame (salted, cooked, in the pod, found in the freezer section)
- dried fruit (no sugar added, NOT “made on equipment with tree nuts or peanuts”)

Updated 11/26/18