

**Plan to arrive early. There is road construction and we are expecting a large crowd.*

PARKING MAP

2026 Men's Health and Longevity Summit

September 12, 2026, 8:30-12:30

Fogelson Auditorium, Texas Health Presbyterian Dallas

8200 Walnut Hill Lane

Park in **Lot 1** (highlighted in yellow). The entrance labeled **(A)** is **temporarily closed**. Coming from the west on Walnut Hill Lane follow the red arrows. If you are coming from the east on Walnut Hill Lane you may want to enter from Greenville Avenue onto Jackson Lane (purple arrows)

Bring your parking ticket to the check-in desk and parking validation will be given to you.



Men's Health & Longevity Summit

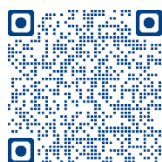
September 12, 2026

Texas Health Presbyterian Dallas

A morning focused on practical steps for living longer, stronger, and healthier.

AGENDA

- 8:30-12:30** Free health screening offered throughout the morning by Texas Health Community Hope
- 8:30-9:15** Registration, sponsor exhibits, coffee and light breakfast
- 9:15-9:30** Welcome, Todd Whitthorne
- 9:30-10:15** **The Metabolic Connection: Fitness, Hormones, and Healthy Aging**
Pat Fulgham, MD, Urologist, President, Urology Research & Education Foundation
- 10:15-10:45** Break / Sponsor Exhibits/Screenings/ *Dr. Kenneth Cooper signing his new book.* To purchase a signed copy online go to 
- 10:45-11:30** **Life's Essential 8: A Blueprint for Longevity and Heart Health**
Eduardo Sanchez, MD, MPH, FAHA, Chief Medical Officer (CMO) for Prevention for the American Heart Association (AHA)
- 11:30-12:15** **Mental Fitness for Longevity and Resilience**
Tedd Mitchell, MD, Chancellor and President Emeritus, Texas Tech System and Texas Tech University Health Sciences Center.
- 12:15-12:30** **Ask the Experts Panel / Audience Q&A**



Support Urology Research & Education Foundation on
North Texas Giving Day August 27-Sept 17.



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