

MEN'S HEALTH & LONGEVITY SUMMIT

Heart Health, Hormones, Sexual Wellness,
and Mental Fitness



Heart Health



Hormones



Sexual Wellness



Mental Fitness

Free
Men's
Health
Screening



Live Longer.
Live Better.



September 12, 2026
8:30 AM to 12:30 PM



Texas Health Presbyterian Hospital
Fogelson Auditorium
8200 Walnut Hill Lane, Dallas, TX



Expert Insights.
Practical Solutions.



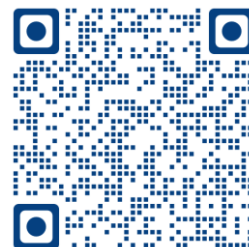
Empowering Men
at Every Age.

www.urologyfoundation.org

The Men's Health and Longevity Summit is a free event focused on helping men improve both lifespan and healthspan—the years we stay healthy, active, independent, and mentally strong. Learn practical strategies for prostate health, heart health, hormones, diabetes prevention, sexual wellness, and mental resilience from leading medical experts.

Target audience: Men 40 years of age and older

Expected attendance: 175



Topics and Speakers:

- **Men's Vitality and Healthy Aging: Prostate, Hormones and Sexual Health**
Pat Fulgham, MD, Urologist
- **Life's Essential 8: A Blueprint for Longevity and Heart Health**
Eduardo Sanchez, MD, MPH, FAHA
- **Mental Fitness for Longevity and Resilience**
Ted Mitchell, MD, Chancellor and President Emeritus, Texas Tech System and Texas Tech University Health Sciences Center

Sponsor Levels

Gold Sponsor \$3,000

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- Recognition during the opening and closing remarks
- Opportunity to provide promotional materials in attendee bags

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- Exhibitor table
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Bronze Sponsor \$1,000

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Supporting Sponsor \$500

- Logo on marketing materials, website and program

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<https://urologyfoundation.org>