

## INFORMED CONSENT/GENERAL & MEDICAL RELEASE

Since participation in youth sports activities can be dangerous, the Xtreme Spring Sports League (hereinafter "XSSL") requires all participants (and their adult parent(s) or guardians) to assume all risks associated with the XSSL youth football league by signing this general liability and medical release.

For and in consideration of my child permitted to participate in the XSSL tournament activities, I hereby voluntarily release, discharge, any and all claims or actions for damages for personal injury, permanent disability, death or property damage which I or my child may have, or which may hereafter accrue to me or my child, as a result of my participation in the XSSL Football tournament activities or while I am at the facility while others play or for any other reason. This release is intended to discharge, in advance, XSSL, its officers, employees and agents and the owners and maintainers of any facility used for the activities, from any and all liability arising out of or connected in any way with my child's participation in practice, pre game, or game tournament activities, even though that liability may arise out of negligence or carelessness on the part of XSSL, its officers, agents or employees.

I further understand that serious accidents occasionally occur during football youth sports activities, and that participants occasionally sustain serious personal injuries, death or property damage as a consequence thereof. Knowing the risks, I have voluntarily applied for my child to participate in the XSSL activities and thereby agree to assume those risks to release and hold harmless XSSL, its officers, agents or employees. I further understand and agree that this release, discharge, waiver and assumption of risk is to be binding on my and my child's heirs, executors, administrators and assigns.

I acknowledge that XSSL may take still photographs and video and audio recordings of my child or me in the course of competitions and other activities, and therefore grant XSSL the right to use our names, likenesses or sounds in connection with the exhibition, advertising, exploiting or publicizing of the picture or sound. I agree that I will not assert or maintain any claim, action, suit or demand of any kind against XSSL, including but not limited to those based upon invasion of privacy, rights of publicity or other civil rights, or for any other reason in connection with XSSL's use of our names, likenesses or sound.

I further agree to indemnify and to hold harmless the XSSL, its officers, agents or employees for any loss, liability, damage, cost or expense which they may incur as a result of any injury or property damage I or my child may sustain while participating in the activity.

I agree to comply with the program's stated and customary terms and conditions for participation according to the XSSL. If I observe any significant changes with regard to my child's readiness for participation in the program, I will remove my child from the program immediately.

XSSL operates an annual software system that certifies players in a year over year basis. I fully understand that this liability release form that I am signing will incumber me for the duration of time that my child participates in the XSSL programs, even to the extent of continuing to be applicable year over year. Should I wish to release my child from this liability commitment after this season, I acknowledge that I will be required to inform the XSSL organization in writing following the current season. Should I not inform the XSSL organization in writing I understand that all commitments within this release will be assumed by me.

**I have read this Informed Consent/General Release, fully understand its terms, that I give up substantial Rights by signing it, and sign it voluntarily**

Signature of Parent/Guardian \_\_\_\_\_  
Address \_\_\_\_\_

This section to be signed by all players who are league age 12 and older.

Participant Name \_\_\_\_\_ Participant Signature \_\_\_\_\_