



Presto Fitness

Personal Training Rates

Package Description	Session Time	Number of Sessions	Total Cost
*New Client Promo	45 Minutes	3	\$100
Personal Training 1:1	30 Minutes	5	\$150
Personal Training 1:1	30 Minutes	10	\$280
Personal Training 1:1	45 Minutes	5	\$210
Personal Training 1:1	45 Minutes	10	\$400
Personal Training 1:1	60 Minutes	5	\$280
Personal Training 1:1	60 Minutes	10	\$540
PT Club 1:1	30 Minutes	4 per month 1/week	\$110/mo 3 mo min
PT Club 1:1	30 Minutes	8 per month 2/week	\$220/mo 3 mo min
PT Club 1:1	30 Minutes	12 per month 3/week	\$330/mo 3 mo min
PT Club 1:1	45 Minutes	4 per month 1/week	\$160/mo 3 mo min
PT Club 1:1	45 Minutes	8 per month 2/week	\$320/mo 3 mo min
PT Club 1:1	45 Minutes	12 per month 3/week	\$480/mo 3 mo min
PT Club 1:1	60 Minutes	4 per month 1/week	\$200/mo 3 mo min
PT Club 1:1	60 Minutes	8 per month 2/week	\$400/mo 3 mo min
PT Club 1:1	60 Minutes	12 per month 3/week	\$600/mo 3 mo min
Partner Training	45 Minutes	5	\$130/person
Partner Training	45 Minutes	10	\$230/person
Partner Training	60 Minutes	5	\$175/person
Partner Training	60 Minutes	10	\$310/person
Team 3:1	45 Minutes	5	\$70/person
Team 3:1	45 Minutes	10	\$125/person
Team 3:1	60 Minutes	5	\$90/person
Team 3:1	60 Minutes	10	\$155/person
Team 4:1	45 Minutes	5	\$60/person
Team 4:1	45 Minutes	10	\$100/person
Team 4:1	60 Minutes	5	\$80/person
Team 4:1	60 Minutes	10	\$140/person
Team 5:1	45 Minutes	5	\$50/person
Team 5:1	45 Minutes	10	\$85/person
Team 5:1	60 Minutes	5	\$70/person
Team 5:1	60 Minutes	10	\$125/person

PT Club requires a three month commitment. Only one session can be carried over to the next month, if needed. All other packages expire within one year of purchase.