



## MINUTES OF GOVERNING BOARD MEETING

January 7, 2021

Via Zoom

**Members present:** Aaron Cook, Brittney Bimler, Jason Carlson, Maureen Hams, Karla Langaas, Tom Loberg, Chris Mills, Kristi Nelson, Shauna Reitmeier, Frances Tougas, Lisa Weber, Shawn Yates

**Absent:** Randy Bruer, Jim Guetter, Catherine Johnson, Kathleen Johnson, Kayla Jore, Sarah Kjono, Andrew Larson

**Others present:** Faye Auchenpaugh, Colleen MacRae

1. **Call to Order:** Meeting was called to order at 9:34 am by Jason Carlson, temporary chairman.
2. **Agenda:** **M/S/C:** (Cook/Yates) to approve the agenda with the addition of Return on Investment.
3. **Welcome and Introductions:** Governing Board members introduced themselves and welcomed Tom Loberg, Goodridge School Superintendent, to the governing board.
4. **Approval of Minutes:** **M/S/C:** (Reitmeier/Tougas) to approve the December 3, 2021 minutes.
5. **Financials and Bills:** **M/S/C:** (Weber/Langaas) to approve payment of the December 2021 facilitator invoice.
6. **Grant Opportunities and Reports:**
  - **BJA's STOP School Violence:** Auchenpaugh reported that the Advisory Committee had met and we will be moving forward with filling the open slots still available for the Comprehensive School Threat Assessment Guidelines (CSTAG) training. Level 1 training will be held during February and a date set in March for the four-hour training. Are there dates in March that should be avoided? Law enforcement officers in Pennington County requested CEU approval from the Minnesota Board of Peace Officer Standards and Training (POST). Auchenpaugh will be meeting with the Thief River Falls police chief to learn the application process and will also be applying for school administrator CEUs through the Minnesota Board of School Administrators (BOSA). Cook said we need for guidance and understanding on how to implement the threat assessment process in our districts. Weber said it is time consuming to see how this process fits within current structure, but we are accountable for how threats are dealt with. Carlson suggested we have a group meeting at which administrators can share what worked/what didn't work.
  - **21<sup>st</sup> Century Community Learning Centers (21CCLC):** Mills said that programs continue to proceed. They received a small data management grant for a system that will help with the new guidelines that say participants must be tracked in fifteen-minute increments for overall attendance as well as individual activity attendance. Implementation has been slow with one of the issues being tardiness in obtaining iPads. Jackie Chwialkowski, grant coordinator, has training set up for site coordinators and sites are continuing to plan for summer programming. Weber said there are new ideas, lots of things happening, and it is exciting.
  - **Family Partner:** Carlson heard encouraging news this morning: Maureen Hams has had some referrals for a specialist and we are now just trying to get additional referrals. Families who have used the program are happy with the services provided. MacRae said the state contract is finally signed, so we do have a smaller pot of money that is to last until September 30, 2022. We are opening referrals to all counties and will work with parents and caregivers to augment existing services outside of the school environment. The number to call is (800) 820-7263. Reitmeier said that in order to have it Medicaid-reimbursable, we still need a diagnosis but that there is enough capacity to still serve some folks who don't have that. We have to manage how many a Family Partner can take. Carlson said that since this is new we need to get a packet out to our partners as to how to make referrals, who the candidates are, etc. and we are working on these resources now. MacRae will send out as part of weekly digest and Auchenpaugh will email to members.
7. **Return on Investment:** MacRae explained the document that had been sent with the notice and agenda. Reitmeier will be part of a nationwide rural panel for the National Council for Mental Health in April and this chart will be the "star" of how we benefit from partnerships, how we have taken this to a regional perspective. Carlson asked if we have a narrative to go with the document MacRae is preparing. We have done parts of this at our annual meetings, but that there should be a talking point piece and a flyer so it can be shared with new leaders in the region as well as board members—a front-back type of document for reference, not only for boards but for new leaders, especially since the collaborative began over twenty years ago in 2000. Historical context is really important for the future of the collaborative. We should include the grants that have not been funded as well as grants that have been sustained and continue. Reitmeier said that when MacRae first prepared the

document, she presented it to the Alluma board saying “the proof is in the pudding.” This is the reason why you continue to pay dues, especially when you have organizations with really tight budgets and are trying to figure out where you may need to cut.

8. **Mental Health First Aid:** Reitmeier said that at the eleventh hour, MacRae reached out to many schools on our behalf and Reitmeier thanked all for their interest in team mental health first aid. The original plan did not get funded, but we are getting traction for some of it. Blue Cross/Blue Shield (BC/BS) reached out to us for a funding opportunity as the result of a teenager death-by-suicide in Crookston. Reitmeier tried to get funding for an enterprise training package with a peer-to-peer format—the idea being that you could train an entire 10, 11<sup>th</sup> or 12<sup>th</sup> grade. It was reaching for the stars and while she didn’t get them all, she did get a couple. BC/BS is willing to fund training three people to become trainers, who could then do the team mental health first aid (TMHFA) training along with youth mental health first aid (YMFA). Tim Denney is doing YMFA through BJA grant. She doesn’t have all details from BC/BS but will figure out who we want to train, have a resource come into region to train students, and do TMHFA through Lady Gaga’s foundation to create team/peer-led training. Right now, adults have been involved in the training, but this would reach youth. We may be able to find additional funding to ramp up. It would be great if multiple districts had this person embedded, so the training could continue every year to train additional youth.

**Adjournment:** **M/S/C** (Loberg/Reitmeier) to adjourn.

**Next meeting:** **Friday, February 4, 2022, 9:30 – 11:30, via Zoom only.**

Faye Auchenpaugh, Facilitator