



MINUTES OF GOVERNING BOARD MEETING
Northwestern Mental Health Center, Crookston, MN – December 1, 2017

MINUTES

Members present: Brad Bergstrom, Randy Bruer, Jim Guetter, Maureen Hams, Sarah Kjono, Kathleen Johnson, Lon Jorgensen, Chris Kujava, Andrew Larson, Shauna Reitmeier, Ken Yutrzecka

Absent: Jeff Bisek, Jason Carlson, Catherine Johnson, Shawn Yates

Others present: Faye Auchenpaugh; Colleen MacRae

1. **Call to Order:** Meeting was called to order at 9:50 am by Randy Bruer, Chairman.
2. **Agenda:** **M/S/C:** (Jorgensen/Kujava) to approve the agenda with addition of Opioids.
3. **Approval of minutes of October 6, 2017:** **M/S/C:** (Bergstrom/Guetter) to approve.
4. **Financials and Bills:**
Action: **M/S/C:** (Guetter/Jorgensen) to approve payment of November 2017 invoice for facilitator services and Colleen MacRae services for the months of August, September and October. The October 2017 facilitator invoice was approved via email.
5. **Grant Opportunities and Reports:**
 - **Positive Behavioral Intervention and Supports (PBIS):** Minnesota Department of Education wants this infused into every school in the state. The 2018 cohort is ready to launch and is accepting applications by January 18, 2018 for this training for which there is no cost to the districts. To apply, schools need a letter from the superintendent, commitment from at least 85% of staff, and behavior data. Nine days of training over a period of two years will take place in Duluth, St. Cloud and Bemidji. Bruer asked MacRae to send this information out to all of our member school districts.
 - **School-Linked Mental Health Services:** These school-connected clinical mental health treatments include interventions that: a) Increase accessibility for children and youth who are uninsured or under insured; b) Improve clinical and functional outcomes for children and youth with a mental health diagnosis; and c) Improve identification of mental health issues for children and youth. This initiative connects or co-locates effective mental health services with schools and students at the local level. This project has proven particularly effective in reaching children who have never accessed mental health services. Reitmeier will be sending a letter to superintendents asking for their interest in this opportunity.
M/S/C: (K. Johnson/Jorgensen) to provide up to \$4,000 in support for the writing of this grant proposal.
6. **“Family Navigator” funding:** The Wilder Foundation has been contracted through Tri-Valley Opportunity Council. Carlson, MacRae and Wilder are in the process of studying practices, the potential of change and what success looks like, and the potential return on investment – and use this as the basis for a grant proposal for a pilot project in a limited number of schools. MacRae and Carlson will bring some recommendations to the January 2018 governing board meeting with a possible community-wide meeting in February.
7. **Opioids:** Polk County had sent information out which suggests that opioid use is an epidemic to some degree in all schools. Larson said county attorneys are seeing and increase in controlled-substance DUIs being issued with methamphetamines being the major problem. Kjono stated that Polk, Norman and Mahnomon Public Health agencies are looking at a SAMHSA community-based enhancement grant opportunity that was released November 30th. Bruer suggested we look at ways to have training on this topic.
8. **Contracts:** Auchenpaugh’s contract was approved at the same rate for 2018. MacRae’s contract had been approved at an earlier meeting.
9. **2018 Budget:** **M/S/C:** (K. Johnson/Guetter) to approve the 2018 budget as presented by Auchenpaugh with the recognition that the projected sustainability balance may be reduced by \$16,000.
10. **Next meeting:** January 5, 2018, 9:30 am, NWMHC Community Room.
11. **Meeting Adjourned at 11:00 am.** **M/S/C** (Guetter/Kujava)