



**MINUTES OF GOVERNING BOARD MEETING
Northwestern Mental Health Center, Crookston, MN –May 4, 2018**

MINUTES

Members present: Jeff Bisek, Randy Bruer, Jason Carlson, Catherine Johnson, Sarah Kjono, Chris Kujava, Andrew Larson, Shauna Reitmeier, Shawn Yates, Ken Yutrzenka

Absent: Brad Bergstrom, Jim Guetter, Maureen Hams, Kathleen Johnson, Lon Jorgensen, Kristi Nelson

Others present: Faye Auchenpaugh; Colleen MacRae

1. **Call to Order:** Meeting was called to order at 9:35 am by Randy Bruer, Chairman.
2. **Agenda: M/S/C:** (Carlson/Kujava) to approve the agenda as presented.
3. **Approval of minutes of April 6, 2018: M/S/C:** (Bisek/Yutrzenka) with correction of Catherine Johnson not being present at the meeting.
4. **Financials and Bills:**

Action: M/S/C: (Jorgensen/Bruer) via email to approve payment of February and March NW Mental Health Center support services invoices. Reitmeier abstained.

Action: M/S/C: (Kujava/Reitmeier) via email to approve payment of April facilitator invoice.
5. **Grant Opportunities and Reports:**
 - **School-Linked Mental Health:** Reitmeier reported they are looking at a reduction in grant funding from previous years and have not signed the contract yet. It is a very complex issue and one that she wants to discuss with all of the superintendents at a meeting on Monday, May 21, 9:30 am at the NW Mental Center and to strategize how to best provide continuity in what is currently provided.
 - **Rural Health Integration Models for Parents and Children to Thrive (IMPACT):** A two-generational approach focusing on creating opportunities for and addressing needs of both vulnerable children and their parents together. It prioritizes and facilitates coordination of programs and services needed to address the additive effects of poverty and geographic isolation on early childhood health and development. A holistic-family-based approach acknowledges the importance of the family in shaping health and developmental outcomes for children. Total estimated funding is \$600,000. Due date: August 2, 2018.
6. **Family Navigator Workgroup:** The committee met last week with good ideas floating around, e.g. doing a pilot project in two or three schools (perhaps Mahanomen, Win-E-Mac and Thief River Falls) to build data and build experiences, then gathering the data from these projects and presenting a legislative request. Kujava brought up the Minnesota System of Care grant as a possible mechanism to fund the coaches/navigators. The committee was not satisfied with the draft survey that Wilder had prepared; it was too service-focused. Discussion ensued regarding the amount of dollars remaining in our current Wilder contract and whether or not we could close it out at this point. Wilder would be the evaluator for the system of care grant, so should be amenable to this change. Carlson and MacRae will have a conversation with them. There is a grant workshop on Wednesday, June 6. Some governing board members will be in the Cities for other meetings and will be able to attend. MacRae should also be at this meeting, since she will be involved in the grant writing process. Kujava said that writing this proposal may not take as much time as others we have approved and suggested the motion be made "up to" \$6,000.

Action: M/S/C: (Bisek/Carlson) to cover MacRae's expenses to attend the June 6 workshop. Reitmeier abstained.

Action: M/S/C: (Bisek/Kujava) to approve up to \$6,000 for writing the system of care grant proposal. Reitmeier abstained.
7. **Adult Basic Education services:** Carlson had been at a meeting recently where Kristen Fugleberg, ABE director, had spoken. A surprise was that among the 700 students being served, there are 26 different languages spoken at home.
8. **Bi-Annual Meeting:** Carlson heard a speaker at a Head Start gathering in Fergus Falls that he thought would be a good presenter and all agreed. The topic was LGBT issues as they pertain to rural youth and how we can be better prepared to speak with families and come up with solutions. Catherine Johnson, Sarah Kjono, Jason Carlson and Randy Bruer offered to serve on the bi-annual meeting committee. Kathy Johnson volunteered via email.

The Bi-Annual Meeting will be held Wednesday, October 17.

9. **Summer Meeting Dates:** Auchenpaugh reminded the group that we will meet on June 1 and on July 27 as a combined July/August meeting.
10. **Next meeting: June 1, 2018, 9:30 am, NWMHC Community Room.**
11. **Meeting Adjourned at 11:30 am. M/S/C (Kujava/Yates)**

Faye Auchenpaugh, Facilitator