

The Voice of **St. Margaret's**

The Official Newsletter of St. Margaret's Episcopal Church

Volume 4 Issue 38 Sept-Oct 2020

Mission Statement

The Mission of St. Margaret's Episcopal Church is
To worship, to serve, and to form the spiritual growth
Of individuals according to the teachings of Jesus Christ



THE RECTOR'S DESK

"The Struggle for Freedom Continues"

Galatians 5:1

"It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery."

Black Lives Matter protesters are not afraid to expose the systemic racism, corruption, injustice, and oppression Black people faced in America.

Atop the hill in Washington, D.C. stands the Capitol Building of the United States of America. The cornerstone was laid in 1793, but the crowning touch, is the statue on top of the rotunda known as the "Freedom Lady" that was placed there in 1863. The Freedom Lady stands 20 feet tall and stands proudly atop the dome. A crest of stars frames her face. A shield of Stars and Stripes is in her left hand.

Sculpted in Rome, "the Lady" was brought to America aboard a sailing ship. During the trip across the Atlantic Ocean, a fierce storm developed. The Captain ordered cargo thrown overboard to lighten the load. The sailors wanted to throw the heavy statue overboard, but the captain refused, shouting over the wind, "No! Never! We'll flounder before we throw 'Freedom' away." And so, "Freedom" was saved, and the statue stands above the dome today, because one man stood for "Freedom."

Service Schedule

Sundays
8:am
Holy Eucharist Rite I
(No Music)

9:15 am
Adult Formation Bible Study

10:30am
Holy Eucharist Rite II
(With Music)

11:00am
Sunday School

Prayers for Healing
Following the 10:30 am Service

Wednesday 12 Noon
Bible Study

In 1787, our constitution was written, and sent for ratification to the states. As the ratification process went along, people wanted the guarantee of specific freedoms, and within a few years, the Bill of Rights were added as the first 10 amendments to our constitution. Freedom of religion, freedom of speech, freedom of the press, freedom of people to peaceably assemble, and many of the other freedoms we enjoy.

St. Paul in Galatians 5:1 says: “It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.”

America prides itself on her freedom. Yet freedom in the history of our nation has gone through a transitional period since our start.

Slavery in the United States was a form of un-free labor which existed as a legal institution in North America for more than a century before the founding of the United States in 1776, and continued mostly in the South until the passage of the Thirteenth Amendment to the United States Constitution in 1865.

By the 1860 United States Census, the slave population in the United States had grown to four

million. Slavery was a contentious issue in the politics of the United States from the 1770s through the 1860s, becoming a topic of debate in the drafting of the Constitution; a subject of Federal legislation such as the ban on the trans-Atlantic slave trade and the Fugitive Slave Act of 1850; and a subject of landmark Supreme Court cases, such as the *Dred Scott* decision.

Slaves resisted the institution through rebellions and non-compliance, and escaped it through travel to non-slave states and Canada, eased by the Underground Railroad. Advocates of abolitionism engaged in moral and political debates, and encouraged the creation of Free Soil states as Western expansion went ahead.

Slavery was a principal issue leading to the American Civil War.

After the Union prevailed in the war, slavery was made illegal throughout the United States with the adoption of the Thirteenth Amendment to the United States Constitution. A few instances of enslavement of Indians by other Indians persisted in the following years. In the South, practices of slavery shaped the institutions of convict leasing and sharecropping. Illegal enslavement of captive workers,

often immigrants, has occurred into the 21st century in nations across the world.

Over the years, and especially over the last 40-50 years, we have seen a change in freedom. For many Americans today freedom means to be free from any type of restraints. Freedom that is like what one finds in the Old Testament in the book of Judges in Judges 21:25, "At that time there was no king in Israel. People did whatever they felt like doing."

Somewhere along the road of freedom, Black Americans have fallen prey to White Supremacy brutal attacks. Police brutality against unarmed Black men and women is relentless. The struggle for freedom, justice and equity continues.

At the outbreak of the Revolutionary War, the American political leader Patrick Henry uttered the famous phrase, "Give me liberty, or give me death." It became a slogan for the revolution. Liberty or death. There were no other options. The state motto of New Hampshire, which is on its license plates reads, "Live free or die." They take their freedom seriously in New Hampshire.

As Black people we take our freedom seriously too. There are

no other practical options for lasting freedom in America, but to continue the struggle to dismantle systemic racism in the nation.

For Freedom Christ has set us free. This freedom in Christ calls us to celebrate it, to share and to live it out each day. It is for freedom that Christ has set us free!

Let us remember in our prayers for those who are on the frontlines marching and protesting around the world today for freedom.

By: Fr. Ben Speare-Hardy II, Rector



Who's Who...

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837-7741

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The Rev. George Kamani

Staff

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Volunteer Receptionists

Thora Holder, Barbara Scott,
Lucille Scott, Nancy Butler

St. Margaret's Episcopal Church

**5301 Free Pike
Trotwood, Ohio 45426**



Vestry

Agnes George, *Senior Warden*
Steven George, *Junior Warden*
Joyce Stone, *Church Treasurer*
Monty Reece, *Assistant Treasurer*
James Bolden, *Assistant Treasurer*
Barbara Hudson-Banner, *Secretary*

Mac Howard Barbara Bass
Nancy Butler
Thora Holder
Beatrice Ramsey
Ellen McDaniel
Karen Schuster-Webb
Brenda Cochran
Mitchell Lucas

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Brenda Cochran, Judy Wilson

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Beatrice Ramsey

The Voice Editor: *Phyllis Brunson*

The Voice is Published Quarterly

Deadline: 18th of month

Please e-mail all articles to:

phyllisbrunson@att.net



September

- 7 Thomas Clark
- 9 Evelyn Hairston
- 9 Kimberly Stovall
- 16 Lisa Emory
- 17 Tanya Grant
- 17 Catherine Yancey
- 18 Brenda Wise
- 19 Larry Combs
- 20 Benjamin Thompson
- 25 Cynthia Kilby
- 30 Maeda Thompson

October

- 5 Sylvia Hill
- 18 Thora Holder
- 27 Lillian Jones
- 27 Jayda Williams
- 29 Jullian Smith Custer
- 30 Melanie Francis

Anniversaries

September

- 26 Michael & Frances Cromartie
- 29 Daryl & Anita Smith
- 30 Jeff & Phyllis Brunson

October

- 7 Robert & Ruth Dodson
- 23 Nathaniel & Judy Battle
- 24 Ernest & Ellen McDaniel

Due to the Covid-19 Pandemic the Brotherhood and ECW have suspended their meetings until further notice. We hope to resume our fish fries soon. Stay safe, continue wearing your mask and practicing social distancing.

Worship Leaders

**We've been extended for another indefinitely!! 🤖🤖🤖
 Seriously Rock Star Readers, until further notice, I will prepare schedules monthly. Please let me know of any days not workable for you. We will need all readers each month.**

🙏 Stay safe, stay home, stay patient. *Judy Wilson, Coordinator*

- 9/06. Jim, Valerie, Bob**
- 9/13. Judy W, Brenda, Raymond**
- 9/20. Gloria, Monty, Judy B.**
- 9/27. Phyllis, Robert, Michael**

- 10/04. Valerie, Bob, Jim**
- 10/11. Raymond, Judy W., Brenda**
- 10/18. Judy B. Gloria, Monty**
- 10/25. Michael, Phyllis, Robert**

**Welcome to St. Margaret's Episcopal Church
"Celebrating 128 years" 1892-2020**



**The Brotherhood of St. Andrew
St. Margaret's Episcopal Church Chapter
Men's Day ZOOM Celebration Sunday, November 22, 2020**

**"Honoring Our Spiritual Covenant with GOD, During the Pandemic:
Faith Says It, Before We See It".**

**Rev. Rodger D. Stowe, Guest Speaker
Fr. Benjamin E.K. Speare-Hardy II, Rector**

More Information to Come

Principles Don't Change – But Time Changes Everything

The major characteristic of principles is that they are usually true for many people, but they rarely change. How often have you heard a statement like this? “I don't believe in the laws of gravity or” or “The laws of gravity may be true for you, but they aren't true for me.”

Although they may not be the same statements, but won't you agree that these kinds of statements are similar to those that we consider to be our personal guides for living. Most of these statements are not coherent. Something is either true or not true regardless of whether anyone believes it.

Think about how communication has changed over the years. Would you have ever imagined that you would be able to walk down the street and talk with a friend or your spouse on a small phone? I think that one of the biggest changes is in Communications. It's not that the principles of communication have changed, but how we communication has. The change has not only filtered into our lives, it has greatly affected our educational system. Think about our educational system today,

especially during the entrance of the coronavirus. The conventional classroom teaching style of a teacher or professor standing in front of students and lecturing has been replaced with students sitting in front of a computer or their smart phones and completing an assignment. We have seen situations where educating the masses cannot take place because of the absence of technology. Having the latest iPhone or tablet, wouldn't make us automatically call every person on a list, until we decided to call him/her in the first place.

When we think about how an upscale presentation delivered from an iPad by the teacher, doesn't necessarily mean that the students will completely understand the lecture because those teachers or parents must adjust and be guided by the unchanging principles of their lives.

According to Blaine Lee, the Vice President of the Covey Leadership Center, one of the world's premier leadership development authorities and author of “The Power Principle,” says this of the principles you live by: ***“The Principles you live by create the world you live in; if you change the principles you live by, you will change your world.”***

Principles...

Change is inevitable when we think about the past five or even ten years. The economy has fluctuated, fashion trends have come and passed and not only was the iPhone introduced, but there have been five different versions released during the past five years.

The positive aspect of this change is that we have been given the opportunity to grow. A popular recording artist received positive remarks from the media and others because they had changed lyrics of a song in order that they would reflect the changing times, we live in.

Like music, the Bible has many important messages, but many people criticize it because it doesn't seem to be relevant and out of step, so some have attempted to update the Bible to reflect their personal perspective.

Let's face it – the world is continuously changing. Not only have songs seem to have lost their relevance, because of this change, The same is true of our principles. They may be viewed as outdated and a little rigid, perhaps we should leave them in favor of principles that are more current and easier to understand, but our principles have held on because they are morally sound and because we know that they do afford people, from all walks of life, with the opportunity to pursue happiness and acquire the American dream.

These principles do not change, they last and we must continue the fight of advancing them.

Although we will need to adjust to how much the times are changing, we still need to keep our principles in tack.

Submitted by: Brenda Cochran



*LOVE IS **PATIENT***
*LOVE IS **KIND***
*IT DOES **NOT ENVY***
*IT DOES **NOT BOAST***
*IT IS **NOT PROUD***
*IT DOES **NOT DISHONOR OTHERS***
*IT IS **NOT SELF-SEEKING***
*IT IS **NOT EASILY ANGERED***
*IT KEEPS **NO RECORD OF WRONGS***
*LOVE DOES **NOT DELIGHT IN EVIL***
*BUT **REJOICES** WITH THE **TRUTH***
*IT ALWAYS **PROTECTS***
*ALWAYS **TRUSTS***
*ALWAYS **HOPES***
*ALWAYS **PERSEVERES***

LOVE NEVER FAILS

Please remember our sick and shut-in with prayers, calls and cards

Erin Reece, Bill and Monty Reece's daughter

Barry Johnson, 3101 Valerie Arms Dr. #3D, Dayton, OH 45405 (Sylvia Wilson's son)

Bernadette Wills, 4821 Old Hickory Place, Trotwood, Ohio 45426

Bette & Harold Stratton, Grand Haven Living Center 3145 West Mount Hope Ave., Lansing, MI 48911, (860) 899-6633

Beverly Barker, 5012 Heatherton Dr., Trotwood, Ohio 45426, (937) 837-0949

Billy Jean Edwards, Bette and Harold Stratton's son's mother-in-law

Brenda Wise, 701 Rosamond Dr., Dayton, OH 45417, (937) 268-8059

Catherine Yancey, Sienna Woods Rm.312, 6105 N. Main Street, 45415, (937)853-5275

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Kim Haley, Ave, 1726 Ravenwood Dayton, OH 45406, (937) 277-5676

Lillian Jones, Friendship Village, 5790 Denlinger Rd., Trotwood, OH 45426

Lucille Scott, 1438 Chadwick Dr., Dayton, Ohio 45406, (937) 275-0587

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Patricia Simpson, 3050 Valerie Arms Drive #304, Dayton, OH 45405, (937) 529-2189

Paula Ramey, Wood Glen Alzheimer's Community, Magnolia Unit, 3800 Mall Woods Dr., Dayton, OH 45449

Peggy Libecap, St. Margaret's Hall, #221, 19860 Madison Rd., Cincinnati, OH 45206

Roy Parks, 510 Ketcham St., Dayton, OH 45431, (937) 258-1788

Ruth Dunson, 5119 Weddington Dr., Trotwood, OH 45426, (937) 837-8001

Shawn Sandridge, 917 Stolz Ave., Dayton, OH 45408, (937) 268-3967

Thasha Kuntz, Cynthia Kilby's cousin

Theresa Griffiths, Father Ben's mother who is in Liberia

A Few Thoughts to Ponder

These times have brought a multitude of new experiences to all of us. We have learned how to do things we never even knew existed 10 months ago! We've learned many new things about ourselves, and those we love. We now know how resilient and enterprising we are, how deeply we love life, and how important it is to be able to change!

Certainly it has not been easy, but we can still laugh, and make jokes, and enjoy ourselves.

Today I heard someone say that she wants all this to go away, but she doesn't want to go back to life the way it was. When asked to explain her stance, she pointed out that when the curtain of our lives was torn away, we were forced to see the ugly sides, and confront them. And once the bell is rung, it cannot be unrung. Even if we want to forget what we have seen, and heard, and felt, it's there, never to disappear. So it is with all of us. We want our lives back, but we want the wrongs righted, and the new normal to be more honest, more compassionate, more fair, more just. We want these months of solitude and uncertainty and sacrifice to have meant something. Not just for the few, but for all who were forever changed by this historic time in our lives.

So with that in my heart, I ask you to

SAY HELLO TO.....

Father Ben: for working SO hard to give us spiritual guidance.

Stacey Speare-Hardy: for bringing us kicking and screaming into the world of technology.

Barbara Bass: for keeping us “in the loop”. She’s the “hardest working woman in church business “ (excuse me James Brown !)

The Vestry: who continue to meet, and carry on the business of our church.

The “Guys”: who keep our grounds looking so great, under extraordinary circumstances.

Our Wardens: Agnes and Steve who are ALWAYS on call.

Robert: for the gift of music.

The Readers: who show up every week, and bring us lessons from the Bible .

AND MOST OF ALL TO YOU! For your continuing presence, your much needed prayers, and your undying faith.

We will get through this TOGETHER!



Voting information for Ohio

Ohio's fall election is fast-approaching, with the pandemic still in full swing. Election Day is scheduled for November 3, and the U.S. presidential race, all 16 Ohio congressional seats and many other state races will be on the ballot.

During the primaries, the coronavirus outbreak pushed Ohio to postpone its spring election and switch to almost entirely absentee voting. This time around, county boards of elections have gotten more money and support to prepare, but expect another election heavily dependent on voting by mail.

Below, WOSU put together a guide to help you navigate Ohio's 2020 election, including information on how to vote, and a rundown of what you can expect on your ballot. This guide will be updated with new information throughout the year.

Here's some key dates to know for the fall election:

- **General election voter registration deadline:** Oct. 5, 2020
- **Early voting and mail-in voting begins:** Oct. 6, 2020
- **Deadline to request absentee ballot:** Oct. 31, 2020
- **Early voting and mail-in voting ends:** Nov. 2, 2020
- **General election:** Nov. 3, 2020

How Do I Register To Vote?

Make sure you're registered to vote – or have updated your voter information – no later than 30 days before an election. The [deadline](#) to register for Ohio's November election is Oct. 5, 2020.

For the general election, you can [register to vote online](#) through the Ohio Secretary of State's website. To do so, you must provide your name, date of birth, address, driver's license or Ohio ID card number, and the last four digits of your Social Security number.

Alternatively, you can [print out this paper form](#), fill it out and deliver it to your county board of elections. [Find where that's located here.](#)

Absentee Voting

Many Ohioans will choose to cast their vote via [absentee ballots](#) this fall. The deadline to request an absentee ballot is October 31 at 12 p.m.

You can get an absentee ballot in the following ways:

1. [Go online and print your own absentee ballot request form.](#)
2. Fill out the [required information](#) by hand on a blank sheet of paper.
3. Call your local board of elections and ask them to send you a form.
4. Or, if you're one of 8 million Ohioans already registered to vote, you may receive an absentee ballot request form in the mail from the [Ohio Secretary of State's Office](#).

Whichever method you choose, you have to fill out and send the completed request form to your local board of elections, then wait for the board to mail back a ballot. Fill that ballot out and mail it back to your board of elections.

If you're concerned about filling out your absentee ballot application correctly, put down your phone number or email address on the form. That way, if the county board of elections finds any problem with your application, they're required to contact you through one of those means so it can be fixed.

You can track the [status of your application and application here.](#)

To vote by mail, which is a secure and popular method of voting, your ballot must be postmarked by November 2, the day before the election. You also must attach your own postage.

Please note: You should mail your ballot as soon as possible. That [back-and-forth](#) could mean four trips through the mail, and the U.S. Postal Service estimates it may take between 2-5 days to deliver each way. This spring election saw even longer delays, and many Ohioans had their votes invalidated because they arrived late.

Voting rights groups suggest mailing your ballot at least a week before Election Day. Your ballots can be received up to 10 days after the election to be counted.

Alternatively, you can drop off your absentee ballot in person at your county board of elections anytime before November 3 at 7:30 p.m. Each of Ohio's 88 election boards has a secure drop box for turning in ballots and ballot requests.

In-Person Voting

This fall, all Ohio voters can again cast their ballot the old fashioned way, in person.

The first opportunity is at an early voting center, beginning October 6. The [schedule for early voting](#) is set by the Secretary of State, and in every county but Lucas, Miami and Summit, early voting happens at the county board elections.

In the first two weeks, early voters can vote at their county board weekdays between 8 a.m.-5 p.m., but there is no early voting over the weekend those weeks. In the final two weeks leading up to Election Day, hours extend later during the week, and the boards open for limited hours on the weekends.

The final day to vote early in person is Monday, Nov. 2. But keep in mind, voting wraps up early at 2 p.m.

Voting on Election Day will happen at polling locations based on where voters live. With COVID-19 looming, it's possible some polling locations could move from where you're accustomed. The Secretary of State's Office has a [handy tool](#) for looking up where voters are supposed to cast their ballot.

One big concern among election officials and voting rights advocates is a shortage of poll workers. A large contingent of retirees usually pitch in on Election Day, but COVID-19 makes that risky.

County boards and the Secretary of State are urging people to sign on, and some professional groups are weighing in, too. The Ohio Supreme Court is offering [continuing legal education credit](#) for lawyer who serve as poll workers.

Do I Need Voter ID?

Yes, but not necessarily a picture ID. First off, [check here](#) to make sure you're registered to vote and your information is up-to-date.

To get an absentee ballot or cast your vote in person, Ohio law requires some form of acceptable identification, which includes:

- An unexpired Ohio driver's license or state ID card with present or former address, as long as your present residential address is in the official list of registered voters for that precinct
- A military ID
- A photo ID issued by the United States government or the State of Ohio, that contains your name and current address, and that has not passed its expiration
- An original or copy of a current utility bill, bank statement, government check, paycheck or other document with your name and present address ("current" means in the last 12 months).

[Check the entire list of acceptable IDs here.](#)

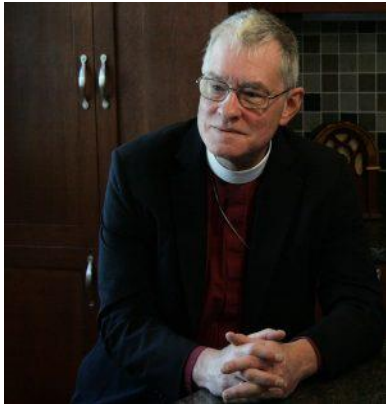
If you've moved or changed your name, but didn't update your voter registration by the deadline, you can still vote using a [provisional ballot](#).

'Get out and vote'

Your Voice. Your Vote.
Election 2020



A message from the bishop



Dear sisters and brothers in Christ,

Although we don't know what November will be like in terms of the pandemic, it seems highly unlikely we will be ready for 300+ people to gather in the nave of Christ Church Cathedral for this year's convention on November 7. After prayerful consideration, discussion with Diocesan Council and my staff, I have come to the conclusion that this year's convention (and pre-convention) needs to be held virtually. [Read More](#)

Important dates and deadlines

- **September 8:** Constitution or Canonical changes deadline (60 days prior)
- **September 23:** Nominations requested; Resolutions deadline (45 days prior)
- **October 23:** Nominations deadline
- **October 27:** Pre-convention meeting and Nominee Forum, 7 p.m. via Zoom
- **November 7:** 146th annual convention, 9 a.m. to 3 p.m. via Zoom

What You'll Need

If you are planning to participate in convention, here's what you'll need:

- An **email address**
- Access to reliable internet service
- A reliable computer
- An up to date web browser
- [Zoom downloaded](#) on your machine (version 5.2 or higher) [Update Zoom here](#).
- A second device, such as a smartphone or tablet, to vote. *(This is optional. You can vote with your computer, but that will require opening another window on your computer and switching back and forth from Zoom to the voting software.)*

• **If you have any obstacles to any of the items needed to be able to participate in the convention, click this red help button and a staff person will contact you.**

Help!

If you are not a registered participant:

- Any device that will connect to the internet. *(We will stream Morning Prayer and the Bishop's Address to Facebook Live. Watch for more information on this closer to the convention.)*

HELP!

Get Registered!

Remembering St. Margaret's EC

You may make a bequest to St. Margaret's Episcopal Church by preparing a new will or by adding a codicil to your present will. To make sure your exact intentions are carried out wills and codicils should be prepared by or with the advice of an attorney.

The most useful bequest is an unrestricted bequest for the general purpose of the Church. This permits the Church to use your gift wherever it is needed at the time.

For more information on making a bequest consult your attorney or estate planner.

Membership in St. Margaret's Episcopal Church, Trotwood

If you are currently a member of another Episcopal Church and would like to transfer your membership to St. Margaret's please contact the Parish Administrator at 937-837-7741 so that a request for a letter of transfer can be prepared for you.

If you are not currently a member of an Episcopal Church and desire to become a member we would welcome your commitment to God and the Church. All baptized Christians are welcome to receive Communion in the Episcopal Church and to participate fully in programs and ministries of the Church.

Individuals who have been baptized within any denomination can officially be prepared for membership by attending formal confirmation classes, which are conducted by the church. The Bishop subsequent to class completion will perform confirmation of prepared candidates. Dates for both classes and confirmation will be announced when they have been determined. If you would like additional information or baptism, please call the Parish Administrator at the church office 937-837-7741

Church Rental: Are you planning a reception or anniversary, celebration or just looking for a place to hold a meeting or musical concert? St. Margaret's can accommodate your needs. Contact the church office 937-837-7741 for complete details.



The Diocese of Southern Ohio

FAQ regarding return to increasing in-person parish life June 19, 2020

Question 1: Are we in Phase 1 or Phase 2?

Answer: Congregations may now make the decision to move into Phase 2 at this time. The factors that will help guide the decision to move into Phase 2 are:

- Check public health indicators for your specific area. Guidelines say that the COVID-19 infection rate for your county must be either **flat or declining for two weeks** before moving into Phase 2. You can find this information on the [COVID-19 Dashboard](#) and more specifically on your specific county health department site.
- Congregation's ability to follow the guidelines issued as it relates to disinfecting, wearing of masks, etc.
- Setup of building if it allows physical distancing. We have been using the physical distancing guideline for our churches as the controlling piece of information for reopening.



At this time there is no indication as to when Phase 3 will occur. We estimate that this may take several months, but will communicate as more information comes available. Also, keep in mind there is a possibility of moving back to Phase 1 if public health orders require us

to do so.

Q2: When congregations re- open, are they guided by the amount of space they have for physical distancing, their 50% occupancy rate, or a cap on the number (like 10)?

A: For worship gatherings, each congregation needs to make their decision on how many can safely gather in their specific space; with a **maximum** of 50% occupancy and taking into consideration physical distancing of at least 6 feet between family units. It is advisable for larger congregations to have a limit **lower than** 50% to start, and to work up to that level over a few weeks by observing how people react to the distancing requirements and wearing of masks.

Q3: Do our social distancing guidelines also control the admittance of small groups and outside groups such as AA, etc.?

A: Yes. Any group entering the building must agree to comply with the social distancing guidelines, wearing masks and sanitization rules. It is suggested to start with a limit of 10 people for these groups and work up to larger numbers (not exceeding 50% of occupancy) depending on size of the room. Each meeting room should display maximum occupancy and have only enough seating available for that number. In addition, it would be helpful to display a floor plan diagramming how to ensure the 6 foot distancing.

Q4: What liability does the church have if someone contracts the virus while attending a service or using the church for a meeting?

A: There is no special provision in Church Insurance policies regarding COVID-19 liability. It is recommended that a cautionary statement be published in the invitation to reopen that attendance at worship is subject to the risk of contracting the disease and that by attending you are voluntarily assuming that risk. Our chancellor has suggested this wording but it should not be used as a standalone statement:

“We ask that all present observe our guidelines and rules for health and safety during worship. We cannot and do not guarantee the absence of risk from your presence with us.”

Church Insurance Co. has provided this guidance: For liability, a covered occurrence is defined as an accident (aka unforeseeable) and we do not know if this type of loss (claim in terms of COVID-19) fits that definition. Additionally, we do not know how courts will see this type of suit since it has never been tested. In general, coverage opinions suggest coverage is unlikely but again, we cannot answer the question definitively without specific details of a loss. Of course, the best defense against lawsuits is to avoid negligence. In any event, we will review every claim on a case-by-case basis.

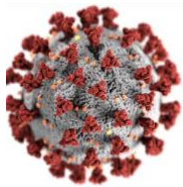
Q5: Is the liturgy of Spiritual Communion authorized until actual reception is allowed?

A: Bishop Breidenthal has indicated that this is acceptable. Some churches are using this traditional prayer from the Army Prayer Book:

In union, O Lord with the faithful at every altar of Thy Church, where the Holy Eucharist is now being celebrated, I desire to offer Thee praise and thanksgiving. I present to Thee my soul and body with the earnest wish that may always be united to Thee. And since I can not now receive Thee sacramentally, I beseech Thee to come spiritually into my heart. I unite myself to Thee, and embrace Thee with all the affections of my soul. Let nothing ever separate Thee from me. May I live and die in Thy love. Amen.

You also can find an expanded, modern liturgy in St. Augustine’s Prayer Book (Forward Movement, 2014) pp. 190-193.

What you should know about COVID-19 to protect yourself and others



Know about COVID-19

- Coronavirus (COVID-19) is an illness caused by a virus that can spread from person to person.
- The virus that causes COVID-19 is a new coronavirus that has spread throughout the world.
- COVID-19 symptoms can range from mild (or no symptoms) to severe illness.

Know how COVID-19 is spread

- You can become infected by coming into close contact (about 6 feet or two arm lengths) with a person who has COVID-19. COVID-19 is primarily spread from person to person.
- You can become infected from respiratory droplets when an infected person coughs, sneezes, or talks.
- You may also be able to get it by touching a surface or object that has the virus on it, and then by touching your mouth, nose, or eyes.

Protect yourself and others from COVID-19

- There is currently no vaccine to protect against COVID-19. The best way to protect yourself is to avoid being exposed to the virus that causes COVID-19.
- Stay home as much as possible and avoid close contact with others.

- **Wear a cloth face covering that covers your nose and mouth in public settings.**
- **Clean and disinfect frequently touched surfaces.**
- **Wash your hands often with soap and water for at least 20 seconds, or use an alcohol- based hand sanitizer that contains at least 60% alcohol.**

Practice social distancing

- **Buy groceries and medicine, go to the doctor, and complete banking activities online when possible.**
- **If you must go in person, stay at least 6 feet away from others and disinfect items you must touch.**
- **Get deliveries and takeout, and limit in-person contact as much as possible.**

Prevent the spread of COVID-19 if you are sick

- **Stay home if you are sick, except to get medical care.**
- **Avoid public transportation, ride-sharing, or taxis.**
- **Separate yourself from other people and pets in your home.**
- **There is no specific treatment for COVID-19, but you can seek medical care to help relieve your symptoms.**
- **If you need medical attention, call ahead.**

Know your risk for severe illness

- **Everyone is at risk of getting COVID-19.**
- **Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more severe illness.**





cdc.gov/coronavirus

Important Information About Your Cloth Face Coverings

Print Resources Web Page: <https://www.cdc.gov/coronavirus/2019-ncov/communication/print-resources.html>

As COVID-19 continues to spread within the United States, CDC has recommended additional measures to prevent the spread of SARS-CoV-2, the virus that causes COVID-19. In the context of community transmission, CDC recommends that you:

Stay at home as much as possible

Practice social distancing (remaining at least 6 feet away from others)

Clean your hands often

In addition, CDC also recommends that everyone wear cloth face coverings when leaving their homes, regardless of whether they have fever or symptoms of COVID-19. This is because of evidence that people with COVID-19 can spread the disease, even when they don't have any symptoms. Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated, or otherwise unable to remove the mask without assistance.

How cloth face coverings work

Cloth face coverings may prevent the person wearing the mask from spreading respiratory droplets when talking, sneezing, or coughing. If everyone wears a cloth face covering when out in public, such as going to the grocery store, the risk of exposure to SARS-CoV-2 can be reduced for the

community. Since people may spread the virus before symptoms start, or even if people never have symptoms, wearing a cloth face covering may protect others around you. Face coverings worn by others may protect you from getting the virus from people carrying the virus.



General considerations for the use of cloth face coverings

When using a cloth face covering, make sure:

- **The mouth and nose are fully covered**
- **The covering fits snugly against the sides of the face so there are no gaps**
- **You do not have any difficulty breathing while wearing the cloth face covering**
- **The cloth face covering can be tied or otherwise secured to prevent slipping**

Wash your cloth face covering after each use in the washing machine or by hand using a bleach solution Allow it to completely dry.

For more information, go to:

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/how-to-make-cloth-face-covering>.

If you test positive for COVID-19 TAKE STEPS TO HELP PREVENT THE SPREAD OF COVID-19

STAY HOME.

Do not leave your home, except to get medical care. Do not visit public areas.

GET REST AND STAY HYDRATED.

Take over-the-counter medicines, such as acetaminophen, to help you feel better.

STAY IN TOUCH WITH YOUR DOCTOR.

SEPARATE YOURSELF FROM OTHER PEOPLE.

As much as possible, stay in a specific room and away from other people and pets in your home.



If you test negative for COVID-19

- You probably were not infected at the time your sample was collected.
- However, **that does not mean you will not get sick.**
- It is possible that you were very early in your infection when your sample was collected and that **you could test positive later.**

A negative test result does not mean you won't get sick later.



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CDC.GOV/CORONAVIRUS

TIPS FOR SHOPPING DURING THE CORONAVIRUS OUTBREAK.



Wear a face covering.



Skip the gloves.



Shop quickly &
be efficient.



Stay six feet away
from others.



Limit what you touch.



Only go when
you need to.

St. Margaret's Episcopal Church



**We will be Back Soon
The Congregation**

**Sunday Worship Service 9:30 A.M.
Via Teleconference Call in Number or
1-844-621-3956 Pass Code: 470741312#
Webex Visual Pass Code: 470 741 312 Join**

**Noonday Prayer Line 12:00 Noon Sun-Sat
Via Teleconference Call in Number
712-432-6258 Pass Code: 810151#
Bible Study Wednesdays 6:00pm Zoom ID:85148187298**

Passcode: 815308

Living the Vision from Generation to Generation



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Notes