

IMAGINATIVE PRAYER



SUPPLIES NEEDED :

- ▶ BLANKET + PILLOW
- ▶ A COZY SPOT
- ▶ MUSIC

INSTRUCTIONS :

1. INVITE YOUR CHILD TO GRAB THEIR BLANKET + PILLOW AND FIND A COZY SPOT (COUCH, FLOOR, BED, etc.) IN A QUIET PART OF THE HOUSE.
2. PUT ON SOME SOFT INSTRUMENTAL MUSIC. USE THE SAME MUSIC EVERY TIME TO TRIGGER A WIND-DOWN RESPONSE.
 - ▶ IF YOU NEED A SUGGESTION, WE RECOMMEND "PIANO LULLABIES, VOL 1" BY HILLSONG KIDS JR.
3. EXPLAIN THE PRACTICE. TELL THEM: "WE ARE GOING TO USE OUR IMAGINATION TO TALK TO JESUS!"
4. LEAD THEM THROUGH THE PRACTICE (3-5 MINS MAX):
 - ▶ INVITE THEM TO CLOSE THEIR EYES
 - ▶ INVITE THEM TO IMAGINE OR PICTURE JESUS IN THEIR MIND
 - ▶ INVITE THEM TO TELL HIM ANYTHING THEY'D LIKE TO TELL HIM
 - ▶ ASK THEM TO NOTICE ANYTHING THAT JESUS DOES OR SAYS
 - ▶ INVITE THEM TO OPEN THEIR EYES
5. INVITE THEM TO SHARE ANYTHING THEY SAW OR HEARD.
6. AS LONG AS IT SOUNDS LIKE JESUS' CHARACTER, AND DOESN'T CONTRADICT ANYTHING YOU KNOW FROM SCRIPTURE, CLOSE THE TIME BY THANKING JESUS FOR SPEAKING TO YOUR CHILD.