

PSALM (RE)-WRITING



SUPPLIES NEEDED :

- ▶ JOURNAL + PEN
- ▶ BIBLE

INSTRUCTIONS :

1. WRITE OUT A PSALM IN YOUR JOURNAL, LEAVING A WIDE SPACE BETWEEN EACH LINE. SOME GOOD PSALMS TO CONSIDER IF YOU DON'T KNOW WHERE TO START:

- | | |
|------|-------|
| ▶ 1 | ▶ 48 |
| ▶ 8 | ▶ 51 |
| ▶ 23 | ▶ 91 |
| ▶ 25 | ▶ 100 |
| ▶ 27 | ▶ 131 |
| ▶ 46 | ▶ 139 |

2. IN BETWEEN THE LINES OF THE PSALM, RE-WRITE THE PSALMIST'S PRAYER IN YOUR OWN WORDS. CONSIDER USING A DIFFERENT COLOR OR STYLE FOR YOUR OWN VOICE.

3. READ YOUR PSALM BACK TO THE LORD AS A PRAYER.