



# STAY FOCUSED KSG

## NEWSLETTER

Jan. 29, 2021

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TOGETHER  
MAY WE GIVE  
OUR CHILDREN  
THE ROOTS  
TO GROW  
AND THE WINGS  
TO FLY

Brenda Williams

**Hello everyone!**

**We are excited to launch our first issue of Stay Focused KSG. What is it? Well, it's a little bit of everything. It is meant to be our source of communication in the form of a newsletter. It is a tool to keep us connected, share important updates, provide motivational tools and more.**

*Christine*

### CONNECT WITH US ON ZOOM

Let's connect! We miss you all and we are inviting our members to join us for a free KSG Zoom Connect Class. A little conversation, a workout and lots of fun.

Here are the list of classes:

**Parent & Tot - 4yrs**

**Wednesday Feb 3 4:30-5:00**

**5-9yrs**

**Wednesday Feb 3 4:30-5:15**

**10yrs+**

**Wednesday Feb 3 4:30-5:15**

**Acro Tumbling 6-10yrs (2 groups)**

**Wednesday Feb 3 5:30-6:15**

**Acro Tumbling 10yrs+ (2 groups)**

**Wednesday Feb 3 5:30-6:15**

**Demo Team**

**Wednesday Feb 3 6:30-7:30**

**Dancer / Cheer Privates**

**TBD (during the week of Feb1)**

To sign up for 'Connect with us on Zoom' simply respond to this email with the full name(s) and age of your child(ren) as well as the type of class they were attending. We will send you the Zoom information along with any additional details.

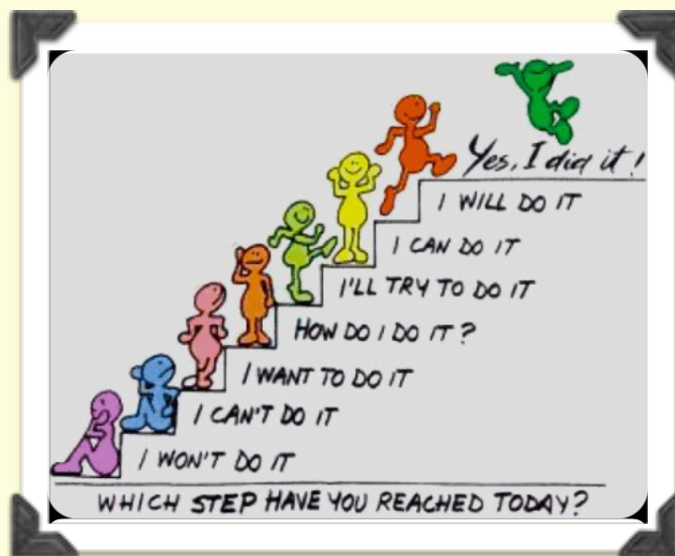
This is open to ALL registered 2020-21 members.

### MEMBERSHIP

Recreational Members - Your package choice will remain as you indicated in December. If you have any questions, comments or concerns, please do not hesitate to send an email.

### REGISTRATION

We cannot wait to get back into the gym. The moment we know when we are permitted to reopen we will share all registration information with you. Stay tuned!



**STAY SAFE!!**