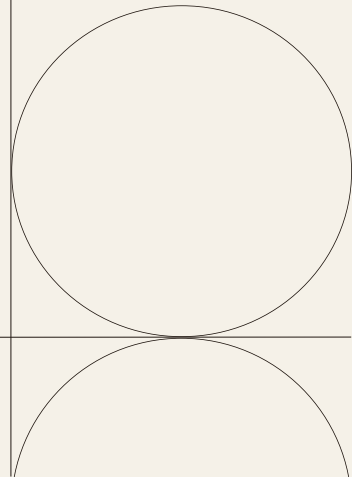


Liability, Health & Safety Waiver



Client Information

This Liability and Health & Safety Waiver (the “Waiver”) is designed to ensure clarity and understanding of risks, responsibilities, and terms associated with participation in activities at Privé Pilates. By signing this Waiver, you (the “Participant”) agree to the following terms:

Full Name:	
Date of Birth:	
Phone Number:	
Email Address:	
Emergency Contact Name & Number:	

Health and Safety Disclosure

1. Health Declaration:

- I affirm that I am in good physical and mental health and have no medical conditions or injuries that would prevent my safe participation in Pilates or other fitness classes at Privé Pilates.
- I have disclosed any medical concerns (e.g., pregnancy, chronic conditions, recent surgeries) to Privé Pilates prior to participating.

2. Medical Clearance:

- I acknowledge that if I am pregnant, recovering from injury, or have other health concerns, it is my responsibility to consult a licensed medical professional before participating.

3. Assumption of Risk:

- I understand that physical activities, including Pilates, involve inherent risks, including but not limited to falls, muscle strains, sprains, and other injuries.

- I voluntarily assume all risks associated with my participation in classes or use of studio equipment and facilities.

Liability & Claim Release

1. Release of Liability:

- I hereby release, discharge, and hold harmless Privé Pilates, its owners, instructors, staff, employees, contractors, and affiliates from any and all liability, claims, demands, actions, or causes of action related to injury, illness, death, or property damage that may occur before, during, or after participation in activities at Privé Pilates.

Use of Studio Facilities

1. Equipment Use:

- I agree to use all equipment as instructed and understand that improper use may result in injury.
- I am responsible for informing the instructor of any concerns or uncertainties about equipment or exercises.

2. Personal Property:

- I understand that Privé Pilates is not responsible for loss, theft, or damage to personal belongings.

Children and Play Area Policy

1. Children in Designated Classes:

- For classes offering access to the kids' play area, I acknowledge that all responsibility for the supervision, safety, and well-being of children lies solely with the parent or guardian.
- Privé Pilates and its staff are not responsible for monitoring children in the play area or elsewhere on studio premises.

2. Parental Responsibility:

- I understand that children must remain in the designated play area at all times, adhere to safe play practices and disruptive behaviour may require immediate intervention from the parent or guardian. I acknowledge that if my child disrupts the class in any way, I may be required to leave the studio immediately to address the situation.
- I am solely responsible for my child(ren)'s safety and well being and accept full liability for any injuries, accidents, or incidents involving my child(ren) while on the premises.
- The Kids' play area is provided as a courtesy for children to play while parents participate in Pilates classes. Privé Pilates and their staff is not responsible for monitoring or supervising the play area.
- I assume all risks associated with my child(ren)'s presence in the studio and play area, including any accidents, injuries, or incidents that may occur.
- I release Privé Pilates, its owners, staff, and affiliates from any liability or claims arising from my the use of the facility.
- I agree to ensure my child(ren) treats the play area and studio premises with respect. Any damage caused by my child(ren) will be my responsibility to repair or compensate.

General Terms

1. **Compliance with Studio Policies:**

- I agree to follow all studio rules, safety guidelines, and instructor directions.
- Disregarding safety guidelines or engaging in inappropriate behavior may result in termination of participation without refund.

2. **Class Cancellation and Refund Policy:**

- I understand that cancellations must be made at least 24 hours in advance to qualify for a refund or reschedule.
- Failure to attend or late cancellations will forfeit the session fee.

CCTV Policy

1. **CCTV Usage:**

- I understand that CCTV cameras are installed on the premises for the safety and security of clients, staff, and studio property.
- Recorded footage is strictly monitored by authorized personnel only. No male individuals will have access to view or review the footage at any time.
- The CCTV system is not intended for personal monitoring and will only be used for safety, security, and incident resolution purposes.

Acknowledgment of Understanding

By signing this Waiver, I acknowledge that:

- I have read and understood this Waiver in its entirety.
- I voluntarily agree to the terms and conditions outlined above.
- I am giving up certain legal rights, including the right to sue Privé Pilates Ltd and its representatives for negligence.

Signatures

Participant Signature: _____

Date: _____

If you have any questions or concerns about this Waiver, please contact Privé Pilates Ltd at contact@privepilates.co.uk

Thank you for choosing Privé Pilates. We look forward to supporting your wellness journey!

