

Safe Veggies for Sugar Gliders

Alfalfa

Amaranth

Artichoke

Asparagus

Avocado

Bamboo Shoots

Beets

Beet Greens

Broccoli

Brussels Sprouts

Burdock Roots

Cabbage

Carrots

Cauliflower

Celery

Chayote

Chicory Greens

Chinese Cabbage

Collard Greens

Coriander

Corn (yellow)

Cucumber

Dandelion Greens

Dock

Endive

Eggplant

French Beans

Ginger Root

Green Beans

Jew's Ear

Jute (Potherb)

Leeks

Lettuce

Lupines

Kale

Kohlrabi

Mushrooms

Mustard Greens

Mustard Spinach

Napa Cabbage

Okra

Parsley

Parsnips

Peas (Green)

Peppers (Sweet)

Potato (White)

Pumpkin

Radish

Soy Bean

Spinach

Squash

- Acorn, Butternut, Hubbard, Spaghetti, Summer, Winter & Zucchini

Sweet Potato

Swiss Chard

Tofu (Firm & Regular)

Tomato (Green & Red)

Turnip

Turnip Greens

Watercress

Yams