

# GARDEN BAY SAILING CLUB - Newsletter

Issue 162    November 2025

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## October Race Results

Peregrine.	3 Gross.	1 Net	Looks like Peregrine is on a roll!
Elua Makani.	7	3	
Mythical.	11	3	
TNT 34.	13	4	
Paragon.	13	6	

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[gardenbaysailingclub.ca](http://gardenbaysailingclub.ca)

....check it out

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## November Movie Night!

Thursday the 13th, 5:30 at the Legion  
Bring your appetite and enjoy the evening

Also, Jan 8 Andy Paulus will be giving a talk on his Round Vancouver Island trip

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Winter Cruising....  
Anyone interested in a couple days away?

Drop me a note, [badleybuiltboats@gmail.com](mailto:badleybuiltboats@gmail.com)



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## Cruise Directors Needed

Looking for 3 cruise directors for next years events

First - Secret Cove - mid to late May

Second - Van Anda - mid to late July

Third - Round Nelson - mid to late September

While Secret Cove is a race the other two events are definitely CRUISING oriented!

For the other two, all boats set out at the same time but there are no times taken and no awards of any kind. The pot lucks have been amazing and these events should be in your sailing plans!

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Speaking of sailing plans....

These are the events I hope to take part in next year

Powell River to Comox    May 16-17

Round Lasquiti    May 29-30-31

Round Bowen    June 13

Malaspina Regatta    June 20-21

Gibsons Regatta    July 18-19

and there are even more available if you're keen!



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Rotary Club of Pender Harbour presents

## Paired Whisky Tasting

— evening extravaganza —

**Saturday, Nov. 22**

**Royal Canadian Legion, Madeira Park**

Doors open 5pm 👑 Dinner 6pm

Indulge in a unique selection of fine whiskys from the Isles,  
paired with a specially prepared 5 course dinner.

**Tickets: \$135. Partner ticket (meal only): \$90**

(Limited partner tickets available with purchase of whisky ticket)

Includes gratuities. Cash bar available.

**ONLY 80 TICKETS AVAILABLE — reserve now!**

Tickets at Royal Canadian Legion 112 (Tues. to Sat.)

**FOR INFORMATION & TICKET SALES:**

Jim McKnight: jamesfraser@msn.com



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## How to Race according to AI - pretty good advice actually!

### General tips

Know the rules: Study and understand the racing rules of sailing before you race.

Practice and tune: Practice sailing techniques and tune your rigging. Sail with other boats to check your trim.

Learn the course: Study the course and identify the marks and obstacles in advance.

Observe and follow: When unsure, hang back, observe, and follow boats that seem to know what they're doing.

Communicate: Have clear assignments for the crew and maintain good communication, especially during maneuvers.

Stay low and still: Keep crew weight low and move carefully to avoid disrupting the boat's speed.

### Starting line tactics

Identify favored end: Determine which end of the starting line is favored based on wind direction.

Position yourself: If the left side is favored, start in the left third of the line but to starboard of any crowds to avoid getting trapped.

Consider your strategy: If your plan requires freedom to tack, don't start jammed up with a crowd to starboard.

### Upwind tactics

Prioritize speed over height: Resist the urge to point higher and sail a bit lower for more speed, especially in light wind.

Sail the longer tack: Generally, sail the longer tack first, as wind shifts often favor it, recognize when to go to the layline.

Tack strategically: Tack when you are headed away from the mark and sail on lifts that move you toward it.

Use crew weight: Move crew members forward to the shrouds to keep weight out of the cockpit and help the boat heel consistently.

Adjust sails: Trimmers should constantly ease and trim sails to keep up with changes in wind direction.

### Downwind tactics

Maintain pressure: Keep pressure up and err on the side of speed rather than sailing too deep.

Adjust sails: Reshape sails for a fuller, faster sail. For reaches, move jib leads forward; on a run, ease the outhaul.

Use a boom vang: Ensure the top batten is aligned with the boom, or ease the vang if the batten is curving inward.

Use a whisker pole: If sailing straight downwind, use a whisker pole to keep the jib out to windward.

