



After school Program 2023-24

## Teen Zone Grades 7th - 12th

September 25th - December 15th

Join this after school program of group activities and community engagement to learn through fun and new opportunities! We believe in creating a healthy environment for youth to build their voice and give back to their community in positive ways — a space that supports the individual in becoming a better version of themselves. Please check the classes that you would like to sign up for. This program will provide a snack & dinner after school. Participation required for at least 2 days out of the program week.

### ☐ **Gaming Club** Mon/Wed

For everyone that plays games, whether that be video games, board games, table top, or card games.

### ☐ **Young Chefs** Wed

Learn real life cooking skills to boost your knowledge and confidence to make healthy, delicious, and affordable meals.

### ☐ **Forever Beautiful** Tues/Thurs

This group focuses on female empowerment by using their voice to connect with their community.

### ☐ **Homework Help** Mon-Thurs

Need more study time or want some extra help with your homework? Let's get it done!

### ☐ **Creative Zone** Mon/Wed

A fun range of creative activities, customize and decorate different projects all done by YOU!

### ☐ **Sports of All Sorts** Tues/Thurs

Learn and play a number of different sports and games including basketball, soccer, flag football, dodgeball and more!

Participant Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Birthdate: \_\_\_\_\_ School: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Zip: \_\_\_\_\_ Email: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Special considerations (allergies, medications, please be specific):

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Contact Tyrone If your Interested In joining at [Tyrone@youthset.org](mailto:Tyrone@youthset.org)