

Working with Trauma: Opening Doors to Possibilities



Small group training for front-line workers wanting to understand and implement strategies for trauma survivors.

Training Overview

This training will explore impacts of trauma with a focus on youth: including developmental impacts, behavioural and emotional. Strategies will be explored to help support youth that have experienced trauma in a variety of settings. This training is targeted for those working with youth that have survived trauma.

Tracy Harvey, MSW, RSW, Traumatologist

Tracy has been a private practitioner with a specialty in trauma since 2011 and has worked in the areas of addiction and mental health since 2001. She is also in the role of Clinical Supervisor with AHS Addiction and Mental Health. In addition, Tracy taught Trauma and Healing for the University of Lethbridge as well as developing and providing workshops across the province.

When: Saturdays: Jan 12

Cost: \$100 + 30 supply fee

Where: True Balance Counselling
#3, 704, 4th Ave N,
Lethbridge, AB

Time: 8:00 am to noon (total 4 hours)

Registration: through email (limited space)

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