

# **TRAUMA INFORMED CARE: UNDERSTANDING & RESPONDING TO THE IMPACT OF TRAUMA ON BRAIN DEVELOPMENT**

**MAY 7TH & 8TH, 2020 | COAST HOTEL, LETHBRIDGE, AB  
DOORS OPEN @ 8AM, WORKSHOP RUNS 8:30 - 4:00PM BOTH DAYS  
\$350 FOR BOTH DAYS OR \$200 FOR ONE DAY (LIMITED SPACES)**

**THE MENTAL HEALTH PROMOTION COMMITTEE OF SOUTHERN ALBERTA IS EXCITED TO WELCOME BOTH  
DR. BRUCE PERRY & DR. STUART ABLON**



The Neurosequential Model of Therapeutics (NMT) and Collaborative Problem Solving (CPS) are important evidence-informed approaches to understanding and working with the increasing numbers of children, youth, and young adults who are presenting with manifestations of complex developmental trauma. NMT offers a research-based understanding of brain development and the impact of toxic stress and trauma on children's ability to develop and utilize key core strengths necessary to cope successfully. It identifies the cognitive impairments that result from disruption of neuro-sequential development. CPS offers a generalizable approach for helping young people overcome cognitive skill deficits. The models are complementary, with NMT offering a research based developmental underpinning for CPS, which in turn offers a practical application of the neurobiological understanding. The approaches are very consonant in articulating a humane and respectful philosophy, founded on evidence based science, from which professionals, educators, and parents can better understand and respond to the individuals with whom they work and live.

Online Registration will open January 13, 2020

<https://www.eventbrite.ca/o/mental-healthpromotion-committee-of-southernalberta-3134102212>