

2023 MARCH

SUNDAY Astoria School's Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	01	02	03	04
			Sausage, egg and cheese biscuit Corndog, tator tots, fruit slushy	Long John No lunch served	No meals served	
05	06	07	08	09	10	11
Pancake, sausage patty, syrup Chicken fried steak, peas, pears	Breakfast burrito Taco Bar, refried beans, peaches	Omelet, hash browns, toast Hot dog, french fries, strawberries	cinnamon toast sticks, syrup Sub sandwich, carrots, chips, juice	Sausage gravy over biscuit Pizza, spinach, applesauce		
12	13	14	15	16	17	18
No meals served	French toast sticks, syrup Nacho Bar, grape tomatoes, mixed fruit	Scrambled egg, bacon, toast Tenderloin, corn, pineapple	Turnover Chicken drummie (chicken leg shaped strip), cauliflower blend, apple slice with caramel	Sausage gravy over biscuit Max sticks, kidney beans, fruit slushy		
19	20	21	22	23	24	25
Ham and cream cheese bagel Chicken patty, sweet potato puffs, mandarin oranges	Breakfast pizza Taco in a bag, mixed peppers, peaches	Sausage, egg and cheese muffin Pirate ship, snap peas, cinnamon apple slices	Cinnamon roll Chicken pot pie, broccoli, grapes	Sausage gravy over biscuit French bread pizza, lima beans, pears		
26	27	28	29	30	31	01
Waffles, sausage patty, syrup Hamburger, baked beans, mixed fruit	Blueberry or chocolate chip muffin Goulash, romaine lettuce, cottage cheese, apple crisp	Bacon, egg and cheese biscuit Sloppy joe, tator tots, pineapple	Fruit scone Chicken nuggets, cucumbers, apricots	Sausage gravy over biscuit Bosco sticks, mixed vegetables, oranges	Fresh fruit, yogurt, toast, fruit juice, V-8 offered each day at breakfast Milk, bread offered each day at lunch Potato Bar on Thursdays	