

# PROFILE OF THE REGIONAL REFEREE

# **GENERAL INFORMATION**



## **CONTEXT OF THE PERFORMANCE ENVIRONMENT**

## THE REGIONAL REFEREE:

- Officiates games (youth and adult competitions) in 11v11 outdoor fields
- Works primarily with Grassroots Referees and Regional (new or experienced), may include National Referees
- Facilitates games for grassroots players (youth and adult)
- Works in regional and national adult competitions, including NPSL, USL-2, & Lamar Hunt Open Cup
- Collaborates with coaches with diverse backgrounds (new and experienced coaches, volunteers, etc.) to ensure player safety and responsible spectator behavior

## **PURPOSE OF THE JOB**

#### THE REGIONAL REFEREE

- Facilitates a fair and safe game for the players by enforcing/applying the Laws of the Game
- Clearly communicates decisions based on perception and interpretation of player's actions
- Facilitates understanding and application of the Laws of the Game for players, coaches, and spectators
- Keeps an accurate record of the game (goals scored, misconduct, injuries, etc.)

## **RESPONSIBILITIES AND ROLES**

## THE REGIONAL REFEREE

- Prepares prior to the game, manages post-game responsibilities, and reflects on the performance after the game
- Demonstrates leadership characteristics before, during, and after the game
- Assumes ownership of self-development through on-line, in person, and field session opportunities offered by U.S. Soccer
- Accepts or declines games in a timely manner and maintains updated availability calendar
- Ensures that the field conditions are safe for play
- Officiates and maintains control of the game

- Works together with other match officials in a referee team
- Final decision-making authority on matters that apply to the Laws of the Game
- Accountable to the competition authority (youth or adult league, U.S. Soccer)

## **PURPOSE OF THE JOB**

## **PREPARING FOR A GAME**

- Navigate the game assignment process
- Understand the game
- Maintain physical aptitude
- Perform pre-game activities

## **OFFICIATING A GAME**

- Understand the dynamics of the modern game
- Make decisions that impact the game
- Use personality to control the game and manage players
- Demonstrate physical aptitude
- Communicate decisions clearly and confidently
- Lead the referee team

## MANAGING POST-GAME ACTIVITIES

- Conclude the game
- Complete the game report(s)

## REFLECTING ON THE PERFORMANCE

 Reflect on and evaluate key moments and decisions in the match



# PREPARING FOR A GAME





The Regional Referee is able to prepare for a game and is competent in the below.

# NAVIGATING THE GAME ASSIGNMENT PROCESS THE REGIONAL REFEREE IS ABLE TO:

- Honor all accepted assignments
- Invest in technical equipment (uniform, whistle, cards, flags, etc.)
- Connect with assignor(s)
- Use assigning platforms/applications
- Communicate availability to work games
- Gain knowledge about the game assignment process
- Accept or decline games within 72 hours
- Connect with referee team
- Connect with referee coach(es)/mentor(s)

## **OUTCOMES:**

- Professional look with appropriate attire & equipment
- Game opportunities to apply knowledge about preparation for games in various competitions
- Line of communication with assignor(s) and referee colleagues
- Availability of the referee to accept appropriate level games
- Resource for advice about game assignments
- Positive good impression that typically earns respect from players & coaches

## **UNDERSTANDING THE GAME**

## THE REGIONAL REFEREE IS ABLE TO:

- Gain knowledge about team tactics that teams may use during the game
- Understand the FIFA Laws of the Game and Rules of Competition
- Understand the level of match management involved in various grassroots, adult, regional, and national competitions
- Understand performance environment applicable to a team(s) or club(s), or league (safe, development, winning at all cost, etc.)

- Game plan that addresses:
  - the expectations from players and coaches
  - positioning and movement adjusted to team tactics
  - signals, mechanics, and decision making
  - attacking to defending
  - defending to attacking
  - increasing football understanding
- Preparing for decision making to promote a fair and safe environment
- Preparing for decision making to maintain control of the game
- Understanding the meaning of reading the game





# PREPARING FOR A GAME





## **MAINTAINING PHYSICAL APTITUDE**

## THE REGIONAL REFEREE IS ABLE TO:

- Enhance their knowledge about optimal physical fitness
- Understand the physical demands of the game
- Successfully pass fitness test
- Integrate information about nutrition, rest, and recovery, and their relation to fitness
- Integrate information about warm up & cool down drills before and after the game
- Attend referee field sessions in their local area and/or competitions (youth & adult, US Soccer, etc.)
- Evaluate the environmental considerations (weather) surrounding outdoor training sessions (hydration, equipment, etc.) and adjust as neededs

#### **OUTCOMES:**

- A training plan to reach personal goals related to optimal fitness
- Understanding of fitness for the performance environments in grassroots and adult, regional, and national competitions
- Performing a warmup and cool down routine before and after the game, respectively
- Self-comfort and self-confidence to lead the accepted game at current level of fitness
- Use of injury prevention approaches to prepare for the performance environment

## PERFORMING PRE-GAME ACTIVITIES

## THE REGIONAL REFEREE IS ABLE TO:

- Actively lead the referee team in a pre-game conference and in conducting pre-game inspections (the field of play, the game ball, and the player's equipment)
- Actively participate with the referee team in checking the rosters and checking-in players and coaches
- Connect with coaches & players via check-in, pre-game conference, and/or coin toss
- Actively participate with the referee team in a group and individual warmup prior to the game

- Ensured safety prior to the game in collaboration with players & coaches
- Creating an environment of cooperation prior to the game to promote positive sporting behavior
- Minimizing risk of injury during a game for the referee team
- Promoting positive relationship with referee team during pre-game activities and preparing to work as a team during the game



# **OFFICIATING A GAME**



The Regional Referee is able to officiate games and is competent in the below.

## MAKING DECISIONS THAT IMPACT THE GAME

## THE REGIONAL REFEREE IS ABLE TO:

- Perceive, interpret, and make decisions on the field of play (including fouls)
- Make split-second decisions based on the collected information
- Scan & use position of players and movement of players as cues for taking optimal position
- Use the Laws of the Game to interpret players' actions (challenges, handball, penalty area incidents, tactical fouls, and offside offenses)
- Collaborate with the referee team to make decisions during the game
- Make decisions based on the current & relevant Laws of the Game and Rules of Competition

## **OUTCOMES:**

- Application of decision-making process for the match official
- Consistency of decisions during a match
- Optimal position to witness the action (1st step of decision-making process)
- Increased consistency and accuracy of decision on the field
- Clear and confident communication with players, coaches, others in the field
- Teamwork
- Application of the FIFA Laws of the Game
- Accurate decisions
- Safety and control of the game
- Safe and fair environment

## **UNDERSTANDING THE GAME**

## THE REGIONAL REFEREE IS ABLE TO:

- Understand team tactics
- Read the game by recognizing each team's general style of play
- Recognize key players (by technical skill, position, speed, behavior, etc.)
- Recognize potential conflicts
- Apply the Laws of the Game based on observed players' actions and FIFA Considerations for interpretation
- Apply knowledge about advantage, offside, fouls & misconduct, restarts, etc.
- Understand the role of the coach & team officials and recognize responsible & irresponsible behavior

- Adapting decision-making to fit the game and players' needs for fair and safe environment
- Optimal positioning and movement to witness the action (1st step of making decision)
- Facilitation of a safe and fair environment for players
- Positively managing game for players, coaches, spectators, & referee team
- Improved management of coaches and technical area, where appropriate
- Building relationships that help manage players' behavior, emotions, etc.
- Recognizing and anticipating actions to prevent escalation between opponents
- Clear and confident communication with players and coaches
- Recognizing and anticipating where to move for the next phase of play

# **OFFICIATING A GAME**



## **DEMONSTRATING PHYSICAL APTITUDE**

## THE REGIONAL REFEREE IS ABLE TO:

- Keep up with the pace of the game
- Apply various speeds (jog/run/sprint) and directional changed based on level of play and teams' tactics

## COMMUNICATION CLEARLY AND CONFIDENTLY

## THE REGIONAL REFEREE IS ABLE TO:

- Demonstrate calm, confident body language when communicating public decisions
- Manage player and coach behavior with verbal and non-verbal communication
- Communicate decisions using signals, body language, and tools (flags, whistle, etc.)
- Manage player and coach behavior

## **LEADING THE REFEREE TEAM**

## THE REGIONAL REFEREE IS ABLE TO:

- Establish the standard for foul selection on the field
- Establish the standard for misconduct
- Collaborate with colleagues to make decisions that are out of the view of the referee
- Take initiative to make decisions that contribute to overall game management (whether Referee, AR, or 4th Official)
- Keep an accurate record of the game (goals, cards, injuries, etc.) in conjunction with the referee team

#### **OUTCOMES:**

- Improved positioning and movement to optimize vision of players
- Proximity and angle of view to active play
- Proximity to manage players' emotions, when needed

## **OUTCOMES:**

- Display of confidence in decision and clarity of the decision
- Display of clear public communication of decisions
- Player or coach behavior refocused to their role in the game

- Consistent referee team foul and misconduct selection
- Increased awareness and correct decisions by the referee team
- Collaboration between referee team on key match decisions



# **OFFICIATING A GAME**



## **USING PERSONALITY TO CONTROL THE GAME**

## THE REGIONAL REFEREE IS ABLE TO:

- Display characteristics and qualities that contribute to game control
  - Confidence
  - Courage
  - Concentration
  - Conflict-resolution skills
  - People management
- Clearly and confidently use body language to communicate decisions and engage with players and coaches, as needed
- Control emotions and behave in a calm and collected manner, specifically during key match incidents or moments of high pressure
- Remain approachable for a player, coach, or captain that behaves respectfullygame management (whether Referee, AR, or 4th Official)
- Keep an accurate record of the game (goals, cards, injuries, etc.)in conjunction with the referee team

- Promoting a professional environment during the game
- Promoting integrity during the game
- Promoting respect during the game
- Demonstrating a high work rate to be in position to see, interpret, and make accurate decisions that contribute to control of the game
- Protecting the physical integrity of the players on the field
- Building professional relationships on game day, before, during, and after the game with:
  - Players
  - Team officials
  - Competition support staff





# **MANAGING POST-GAME ACTIVITES**





The Regional Referee is able to manage post-game activities and is competent in the below.

## **CONCLUDING THE GAME**

### THE REGIONAL REFEREE IS ABLE TO:

- Carry out post-game activities (gather game balls, join rest of the referee team in the field of play, and monitor players and technical staff)
- Ensure the referee team's safety post-game
- Lead the referee team to collect and verify relevant information for the game report
- Return player passes and signed roster, when applicable

## OUTCOMES:

- Smooth transition from end-of-the-game to post-game activities
- Increased accuracy and clarity of report(s) for competition authority
- Report that meets the standards of the competition and/or recommendations by U.S. Soccer



## **COMPLETING THE GAME REPORT(S)**

#### THE REGIONAL REFEREE IS ABLE TO:

- Confirm the accuracy of the report information with other members of the referee team for the game
- Document all required information (score, substitutions, misconduct, etc.) in the referee game report
- Recognize and submit when a supplemental referee game report is needed by the competition authority
- Review and confirm that the information in the report(s) is clear and that the language in the FIFA Laws of the Game is used
- Submit completed report(s) on time to the competition authority and other administrative roles (assignor, SRC, U.S Soccer, etc.))

- Understanding the aspects of and standards for submitting reports and identifying areas for improvement
- Knowledge about basic components of submitting reports as recommended by U.S. Soccer
- Submitting supplemental report for injuries where player does not return to field of play, send-off offenses, and other unusual incidents







# REFLECTING ON PERFORMANCE



The Regional Referee is able to reflect on the performance and is competent in the below.

## REFLECTING AND EVALUATING

## THE REGIONAL REFEREE IS ABLE TO:

- Review their individual performance
- Review their performance as part of a team
- Engage with referee coach/mentor/peers (referee team)
   when feedback is offered
- Understand the importance of lifelong learning
- Understand the positive aspects and habits applied during the game
- Recognize and understand areas for improvement related to habits displayed or management of incidents during the game

- Referee identifies positive aspects in the performance and areas for improvement
- Continued growth (emotional and technical) as a referee
- Cultivation of relationships within the soccer referee community
- Participation in developmental opportunities
- Consultation of resources to assist with development of competencies of the regional referee (referee coach, mentor, assignor, LOTG, online, etc.)
- Identification of next steps and development plan to practice prior to the next game
- Application of lessons learned through reflection to next performance
- Demonstration of increased comfort and confidence in performing the tasks of the referee and demonstration of





