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Qualifications

- Chartered Accountant (CA (SA))
- Lead by Greatness Coach – Lapin International
- Neurosemantics RMB Coaching Programme
- UCT Executive & Management Coaching Course
- Clutterbuck Coaching & Mentoring International – Mentoring Academy Foundation Course (EMCC EIA)
- iEQ 9 Integrative Enneagram Accredited Practitioner

A little bit about me

As a deeply relational and nurturing person, I genuinely care for others and respect their individuality. I hold independence and personal growth as core values, and I approach life with quiet determination, dedication, and a strong work ethic.

MONIQUE VISEE

I'm inspired by working with individuals transitioning into leadership roles, helping them overcome self-doubt and internal struggles. With an intuitive sense for hidden potential, my role as a mentor is to unlock your inner greatness with unwavering belief.

My Mentoring Style & Journey

In our mentorship partnership, I walk alongside you on a journey of self-discovery, drawing on my coaching skills to guide you. Through a deep exploration of your life story and experiences, we'll uncover what makes you unique. With you at the center, we'll clarify your desired outcomes, identify limiting beliefs, and release those that no longer serve your future vision. Through experimentation, we'll create space for new possibilities and propel you forward. I cultivate a nurturing yet firm environment of trust, holding you in unconditional positive regard. You already have the internal resources to unlock your potential and thrive.

My Unique Experience

Having been a leader in a corporate environment, I've faced both the highs and the lows with calm resilience. From rising through the ranks, navigating complex systems to dealing with crises such as pandemics, riots and serious system outages. Whilst climbing the corporate ladder in a male-dominated environment, I became confused with my own identity and had to come to terms with my naivety about inauthentic relationships and learning to cope with the disappointment when that next role wasn't attained. I've therefore established new thinking around work-life integration, navigating the spotlight of leadership roles and how to avoid serious burnout especially when you don't even realise you're in it. My ability to thrive in complex systems coupled with a steadfast belief "I can do it" motivates me to unlock this hidden gem in others.

Executive Experience

With 20 years of experience in the Financial Services sector, primarily in leadership roles, I've worked across multiple banking products, enablement and technology. I've served on management boards, led strategic project steering committees, managed large, cross-functional teams, and coached within organizations. At the end of 2023, through an act of courage, I followed my passion for nature and empowering others, transitioning into a new venture. I believe everyone has a distinct value to offer, and my mission is to help individuals uncover and fully embrace their unique potential.

"What lies behind us and what lies before us are tiny matters compared to what lies within us."

Ralph Waldo Emerson