



Safety Guidelines

At CC Equestrian, safety is our highest priority and we take every care to ensure your safety. CC Equestrian is a working yard and horses and ponies are continually move around the yard and stables.

Although all our horses are well used to people, it is worth noting that despite their size, horses are quite nervous animals and sometimes react unpredictable to sudden movements or noises.

General Conduct

The following guidelines will help you to stay safe when visiting the School:

- **DO NOT** enter any of the stables or stalls without being accompanied by a member of staff or unless you have been given permission to collect your horse for a lesson.
- **DO** ensure that you read all notices that are displayed not only to help keep you informed but to keep you and those around you as safe as possible.
- **DO NOT** run around the yard at any time, always walk.
- During your lesson, listen to the instructor and be aware of the other horses and riders.
- Certain parts of the lesson may be beyond your present skill level, the instructor will advise you to omit them (e.g., riding without stirrups or certain jumping exercises).
- If you feel unable to carry out any part of the lesson, tell the instructor and they will either give you some extra help or advise you to omit that part.
- All parents are responsible for the good conduct of their children when they are not riding and must **not** allow them to run around unsupervised to ensure their safety or that of other riders.

Read the notices about correct dress and other safety advice.

- No part of the premises, or surrounding fields or paddocks, should be entered without permission. This is so we can keep you safe at all times.
- It is recommended that personal rider insurance is taken out (e.g., Rider Plan).

Rider Dress Code

In addition to your behaviour while at the school you must ensure that you adhere to the dress code.

- Jewellery, especially earrings, **MUST NOT** be worn when riding or working around horses
- All clothes should be well fitting.
- Riding hats must conform to the **PAS015** standard. If you are unsure please ask. The **EN1384** Standard was withdrawn from 1 January 2016.
- Riding hats **MUST** be worn at **ALL** times when riding.
- Riding hats **MUST** be worn at **ALL** times by any persons under 16 while handling/around horses.
- Riding boots are preferred but suitable alternatives may be allowed - e.g., good strong shoes with grip and a good heel, up to 1" (2.5cm) to prevent the foot from slipping through the stirrup iron.
- Gloves are recommended.
- No flapping jackets. Zips and buttons must be fastened while riding.
- **NO** wellingtons, trainers, plimsolls or sandals are allowed.