

# 2024 Program Dates: Terms 1–4

## 6 Week Group Programs

Location: Hillview Intercultural Community Centre, 1-3 Hill View Place, Bentley, WA  
[Google Maps link here](#)

TERM 1 2024		
Mondays   4pm – 6pm	Wednesdays   4pm – 6pm	Saturdays   10am – 12pm
<b>A COMBINED PARENT-CHILD (CPC) PROGRAM</b> Ages 7 – 10 with a parent	<b>TWEEN PROGRAM</b> Ages 11 – 13	<b>PARENT PROGRAM</b> For parents of children with ADHD
<u>T1 Session 1: Monday 12<sup>th</sup> February</u> T1 Session 2: 19 <sup>th</sup> February T1 Session 3: 26 <sup>th</sup> February T1 Session 4: 4 <sup>th</sup> March T1 Session 5: 11 <sup>th</sup> March T1 Session 6: 18 <sup>th</sup> March	<u>T1 Session 1: Wednesday 14<sup>th</sup> February</u> T1 Session 2: 21 <sup>st</sup> February T1 Session 3: 28 <sup>th</sup> February T1 Session 4: 6 <sup>th</sup> March T1 Session 5: 13 <sup>th</sup> March T1 Session 6: 20 <sup>th</sup> March	<u>T1 Session 1: Saturday 17<sup>th</sup> May</u> T1 Session 2: 24 <sup>th</sup> February T1 Session 3: 2 <sup>nd</sup> March T1 Session 4: 9 <sup>th</sup> March T1 Session 5: 16 <sup>th</sup> March T1 Session 6: 23 <sup>rd</sup> March
TERM 2 2024		
Mondays   4pm – 6pm	Wednesdays   4pm – 6pm	Saturdays   10am – 12pm
<b>A COMBINED PARENT-CHILD (CPC) PROGRAM</b> Ages 7 – 10 with a parent	<b>TEEN PROGRAM</b> Ages 14 – 17	<b>YOUNG ADULT PROGRAM</b> Ages 18 – 35
<u>T2 Session 1: Monday 29<sup>th</sup> April</u> T2 Session 2: 6 <sup>th</sup> May T2 Session 3: 13 <sup>th</sup> May T2 Session 4: 20 <sup>th</sup> May T2 Session 5: 27 <sup>th</sup> May T2 Session 6: 3 <sup>rd</sup> June	<u>T2 Session 1: Wednesday 1<sup>st</sup> May</u> T2 Session 2: 8 <sup>th</sup> May T2 Session 3: 15 <sup>th</sup> May T2 Session 4: 22 <sup>nd</sup> May T2 Session 5: 29 <sup>th</sup> May T2 Session 6: 5 <sup>th</sup> June	<u>T2 Session 1: Saturday 4<sup>th</sup> May</u> T2 Session 2: 11 <sup>th</sup> May T2 Session 3: 18 <sup>th</sup> May T2 Session 4: 25 <sup>th</sup> May T2 Session 5: 1 <sup>st</sup> June T2 Session 6: 8 <sup>th</sup> June

Please see terms 3 & 4 on following page...

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For more details, please get in touch with [office@adhdfoundation.org.au](mailto:office@adhdfoundation.org.au)

Medicare rebate if eligible with a valid referral, which must be supplied with a Mental Health Care Place before commencement of the program. This course is proudly presented by Grace Da Camara from Safe Zone Counselling and ADHD Foundation Australia Charity No: (16 619 001 848)

# 2024 Program Dates: Terms 1–4

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Location: Hillview Intercultural Community Centre, 1-3 Hill View Place, Bentley, WA  
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TERM 3 2024		
Mondays   4pm – 6pm	Wednesdays   4pm – 6pm	Saturdays   10am – 12pm
<b>A COMBINED PARENT-CHILD (CPC) PROGRAM</b> <i>Ages 7 – 10 with a parent</i>	<b>TWEEN PROGRAM</b> <i>Ages 11 – 13</i>	<b>PARENT PROGRAM</b> <i>For parents of children with ADHD</i>
<b>T3 Session 1: Monday 29<sup>th</sup> July</b>	<b>T3 Session 1: Wednesday 31<sup>st</sup> July</b>	<b>T3 Session 1: Saturday 3<sup>rd</sup> August</b>
T3 Session 2: 5 <sup>th</sup> August T3 Session 3: 12 <sup>th</sup> August T3 Session 4: 19 <sup>th</sup> August T3 Session 5: 26 <sup>th</sup> August T3 Session 6: 2 <sup>nd</sup> September	T3 Session 2: 7 <sup>th</sup> August T3 Session 3: 14 <sup>th</sup> August T3 Session 4: 21 <sup>st</sup> August T3 Session 5: 28 <sup>th</sup> August T3 Session 6: 4 <sup>th</sup> September	T3 Session 2: 10 <sup>th</sup> August T3 Session 3: 17 <sup>th</sup> August T3 Session 4: 24 <sup>th</sup> August T3 Session 5: 31 <sup>st</sup> August T3 Session 6: 7 <sup>th</sup> September
TERM 4 2024		
Mondays   4pm – 6pm	Wednesdays   4pm – 6pm	Saturdays   10am – 12pm
<b>A COMBINED PARENT-CHILD (CPC) PROGRAM</b> <i>Ages 7 – 10 with a parent</i>	<b>TEEN PROGRAM</b> <i>Ages 14 – 17</i>	<b>YOUNG ADULT PROGRAM</b> <i>Ages 18 – 35</i>
<b>T4 Session 1: Monday 21<sup>st</sup> October</b>	<b>T4 Session 1: Wednesday 23<sup>rd</sup> October</b>	<b>T4 Session 1: Saturday 26<sup>th</sup> October</b>
T4 Session 2: 28 <sup>th</sup> October T4 Session 3: 4 <sup>th</sup> November T4 Session 4: 11 <sup>th</sup> November T4 Session 5: 18 <sup>th</sup> November T4 Session 6: 25 <sup>th</sup> November	T4 Session 2: 30 <sup>th</sup> October T4 Session 3: 6 <sup>th</sup> November T4 Session 4: 13 <sup>th</sup> November T4 Session 5: 20 <sup>th</sup> November T4 Session 6: 27 <sup>th</sup> November	T4 Session 2: 2 <sup>nd</sup> November T4 Session 3: 9 <sup>th</sup> November T4 Session 4: 16 <sup>th</sup> November T4 Session 5: 23 <sup>rd</sup> November T4 Session 6: 30 <sup>th</sup> November

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