

# The Pivot Point™

The Pivot Point™ is a 2-day immersive experience designed for individuals navigating job loss or unexpected career transition and desiring to restore their professional autonomy and dignity.

Rather than centering on the disruption itself, The Pivot Point™ begins by helping participants recognise the strengths, capabilities, and identity they've built over time — and how these assets carry forward into their next chapter. We help them move from being the object of corporate change to the author of their own path. When the "steering wheel" of our career is momentarily taken away, it creates a cycle of frustration and uncertainty that can stall our progress. Most outplacement services focus on the logistics of a resume; we focus on the psychology of agency: of acting and not being acted upon. Participants leave with renewed confidence, clarity, and a practical reinvention plan that reflects who they are becoming.

## Learning Outcomes

**By the end of this programme, participants will:**

- Recognise their strengths, capabilities, and identity built over time to carry them forward with confidence.
- Identify and acknowledge their professional excellence as a portable, permanent asset.
- Navigate the emotional "messy middle" with courage, resilience, and psychological grit.
- Clarify what matters most to envision a future aligned with values, purpose, and a developing identity.
- Develop a vision for their next professional chapter that aligns with who they are becoming, not just who they have been.
- Create a self-directed reinvention plan that positions them as the author — not the object — of their career story.

## Key Takeaways

- A shift from being the object of corporate change to becoming the author of their own path.
- Your professional excellence is not owned by any company; it belongs to you and travels with you.
- The "Pilot's Chair" mindset — moving from passive passenger to active navigator.
- A suite of practical frameworks and tools for reinvention, which include guided reflection exercises, identity exploration, and next chapter planning tools.
- Reinvention requires intentionality, not just the logistics of a resume update and posting on job boards.
- You are not the passenger in this transition — you are the pilot.

## The 4-stage Signature Journey

**Stage 1** | Acknowledge: Recognise who you've become

**Stage 2** | Bravery: Facing the shock to find strength

**Stage 3** | Vision: Imagine a future that inspires you

**Stage 4** | Agency: Reclaiming full autonomy and agency

## Learning Methods

**The programme includes:**

- Guided individual and group reflection exercises.
- Small-group conversations.
- In-person 2-day experience.
- Practical next-chapter planning tools.
- Toolkits and take-home workbook