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Energy Enhancement System™

All observations made at Health Horizons Wellness Center

www.healthhorizons-inc.com

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This Energy Enhancement System was installed and turned on at our center on May 19, 2001 at 7:52 PM Eastern Standard Time. It is in a room that is squared, has two windows that are covered by thin paper. It consists of four computers: each one aligned on each side of a square, with two pairs of computer monitors and drives facing each other. There is a geometric gold plated metallic orb on the center of the room hanging from the lamp fixture. It is claimed that it amplifies the signals coming from the device. There is another gold plated metallic orb hanging from the southwest corner of the room. It is claimed that this captures negativity (positive ions) and it is connected with a wire to a standard copper ground rod (embedded 7 feet into the ground). The computers and monitors are all connected to surge protectors. The ground receptacle of the surge protectors is connected with the orb that captures residual negative energy by a copper wire. Therefore, providing further grounding to the system.

The system runs constantly unless there is a power blackout in the neighborhood. On 5-21-01 a 19 years old patient turned all the monitors off because they were bothering him while he was sitting in the room having a treatment session. On two occasions, the monitor on the East Side of the room has been found to be either turned off or turned on but with a blank screen. On two occasions, each of the south and north monitors were found to have the "Metamatrix" logo on a dark background and this resolved after pressing the "enter" key once. The computers are running images that look like encrypted messages or hieroglyphics. These images are colored in diverse ways. These scroll indefinitely up and down the screen. Different programs and colors are chosen depending on the desired effect.

Three reclining chairs are located in between the computers, which are standing on pedestals. A typical session consists of a person sitting in this room for ½ hour with their eyes closed and relaxing as deeply as they can. The technology was developed by Sandra Michael, a healer from Colorado, and installed by her husband Craig Cooks. I became very interested for two reasons:

1- These two individuals are extremely healthy and young looking as compared to the general population of people in their early fifties. Craig is 54 and has the smooth face of a 30-year-old. His hair is all dark and his eyes are very penetrating. Sandra I can only guess is about 50. They have a lot of energy and very healthy complexions and body aromas.

2- Photographic Kirlian analysis were done of nutritional supplements before and after being exposed to the chamber. Kirlian photography is a well-known method of measuring the electromagnetic energy field of an object. Dead tissue has a low (or dim) pattern whereas live foods have a very bright one. This is a measure of the energy of an object. Disease means a lower energy picture by Kirlian photographic methods. (that is why chronically sick people's body temperature steadily drops). There was a consistent increase in energy of all supplements exposed inside the chamber.

I borrowed this technology to research the effect of this chamber on people. Below are several observations.

ELECTROMAGNETICS

An electrician came to evaluate the electromagnetic frequencies of the system and the rest of the office. This was done to ensure the safety of the set-up. He used a hand held device that can measure the frequency of electromagnetic fields produced by electrical devices in hertz (cycles per second). A typical wire or electrical device in the United States yields a frequency of 60 hertz. There is evidence that prolonged exposure to frequencies of 60 hertz can be detrimental to humans. We could not detect any frequency around the wires outside the chamber in the rest of the office.

At first we thought the hand held device was broken. He then went to another location in the block and it was detecting fields. He returned to our clinic an hour later and again could not detect them. I compared this to the wires at my home and could detect higher frequencies than at the office. Frequencies typical of electrical devices of 60 Hz were found inches away from a computer monitor; a TV screen and a GFI (ground fault interrupt) on a steam bath at the clinic. None were found around wires. Some frequencies were found around the surge protectors for the office fax, computer and mail equipment. This was less than that found in my house's computer surge protector (0-60 Hz at the office, 60-300 at home). We measured the frequencies around the computer monitors inside of the Energy Enhancement System room and found several unusual findings as well.

We would detect 60 HZ in front of the monitors. The first week, we would detect 60 Hz in the center of the room and the following week it fluctuated between 0 and 60 indicating that the chamber was having an effect on the electromagnetic fields that are considered detrimental to health. During the first week, two of the chairs (northeast, southwest) and the door entrance area (southeast) had no detectable frequencies. The northwest chair, however, had 60hz detected around it. By the second week, all the chair positions were on the 0 position.

These findings are strongly suggestive of:

- 1- The chamber is changing the electromagnetic environment in the room and the clinic surrounding it. Its presence seems to be attempting to remove all detrimental electromagnetic frequencies
- 2- It is not producing any unusual detrimental electromagnetic frequencies

ELECTRICITY

For 3 weeks in a row, and once a week, my house blew 3 lightbulbs. The week of 6-28, there was a power outage in my home as well as the rest of the block. As I looked closer, I saw that the electricity was not off, but rather the power was so low that it could only run the alarm clock in my bedroom and the pool pump at very low speed. A fuse had blown across from my house (there was no thunder at the time). Three days later, a fuse from the outside box at my clinic blew off. This happened on the opposite side of the building where the chamber is located.

WATER PURIFICATION

We have a reverse osmosis water purification system that has been running for 2 years. It has a sludge-draining faucet, which drains the residual filtered contaminants in the water. This is drained manually and daily and I personally check it almost everyday to ensure its efficient operation. This has always been a dark tea colored sludge often with particulate matter. In the past 8 days, the sludge has been clearing to the point that it looked almost totally clear today. I measured the TDS (total dissolved solids) with an electronic digital device in the water. I wanted to make sure the system was working right. The following are the before the chamber's installation and after findings.

TDS Sludge TDS Drinkable Water TDS City Water
(Brown)

WATER BEFORE 480 0-1 130-155
(Clear)

WATER AFTER 280 0-1 135

On the week of 6-18, the water purifier stopped producing water. It was found that the heating element was loaded with mineral deposits and had clogged up the system. This may be the reason why the sludge was cleaner than usual: precipitation of the minerals inside the system. The water purifier has been replaced and the sludge is still clearer than before the chamber was installed.

PLANTS

One plant has had multiple punctuate fungal infections on its leaves for 1-2 years. It has almost cleared. The plants outside the chamber's walls are growing faster and thicker than the rest of the perimeter of the Building

SOAP

The liquid soap's structure has changed. It is a smooth slippery consistency with very little bubble formation. I was cleaning my hands and it felt like I was washing with hand lotion or hair conditioner instead of soap. I thought my staff had made a mistake but they reminded me that our clinic has no lotions!

HIGH RESOLUTION BLOOD IMAGING

I have done blood tests after being in the chamber for ½-1 hour and compared it with previous samples. My own blood has changed. I always had a high level of chylomicrons and triglycerides. These would look like tiny droplets floating about the blood. This is considered an abnormal finding. I have tried many things with no success. Since my daily exposure to the chamber, my blood looks like it has not in 2 years: 80% cleared of these droplets.

Three other patient's bloods have been evaluated after being in the chamber 30-60 minutes. Two had a marked improvement in the wetsmear, and uderminate on the dry smear. One of these was a woman that has a metastatic lung cancer with widespread disease. I would have expected a very severe fibrin pattern, which is dark spots of small coagulations throughout the background fluid of the blood where the cells are floating (plasma or serum). This patient had almost none and I have never seen this situation occur with the hundreds of bloods I have done in patients with advanced cancer. Another of these three patients came to my office crying after ½ hour in the chamber. She said she was feeling pure joy. Her blood was 90% improved from her previous sample. Four more patients have had blood taken before and immediately after ½ hour in the chamber. The blood

afterwards flows better and shows more debris and waste material than before. This may explain the feeling of well-being and detox symptoms (headaches, sore throat, achiness) respectively after a session.

DETOXIFICATION

This is one of the most marked and consistent effects observed by me from a physical perspective.

Three days after the chamber's installation, my whole staff and myself developed detoxification symptoms. These are different from actually getting worse from a condition in that after the detoxification, and sometimes during it, other symptoms are or will be getting better than before the detoxification. One of my patients developed a urinary tract infection that needed no antibiotics and got better after a few days. Her daughter also got a urinary inflammation the following week without being in our clinic. Another employee and myself developed severe abdominal pain. Her rosacea like rash started clearing from her face since then. My pain was so severe I was considering canceling my appointments and going to the emergency room. I then applied peppermint oil to my belly, known to soothe gastrointestinal symptoms, and it cleared. It has not recurred again. I then developed a sore throat 5 days after the installation that cleared by the next day. I also developed a generalized achiness since the day after the installation that has almost cleared by now. This has been followed by an increase on my energy level, mental clarity and focus and intelligence.

Several patients have developed headaches and sore throats that have resolved hours to days after the sessions. They have kept returning because they have felt better in other respects.

EFFICACY

There is one program (Pele's Fire) for energy and doing work that has assisted me in doing my work faster. On one occasion I took all the paperwork in my briefcase and what had taken me weeks, took me one hour to clear. It felt like the blocks that kept me from doing my work were lifted and I was working with the paperwork in a playful and fun way, therefore increasing my productivity. Most striking was the way I dealt with my finances recently. I have had my clinic for 4 years and never got into my finances 100%. Then, my staff was confused as to the balance and reconciliation of our bank account and could not tell me what was going on. They were confused (our previous office manager left one month ago). I got into our account, did all the check's and deposit's reconciliation, got all the bills, payed them, kept others pending and everything done in one hour! I felt like my IQ had increased 30 points by the ease with which I completed the task. A plus was that I was having fun with it also. It did not feel like work.

TIME

Most patients feel they were in the chamber much shorter than the actual time.

I have synchronized my beeper, which is at the chamber 8 hours a day with my digital alarm clock at home. The beeper is moving slower than the alarm clock by a few seconds.

Last week I was in the chamber with three friends and I was awake all the time observing them. I thought we were there for 40 minutes and I told them we were in one and a half hours because I knew I was probably underestimating the time. In reality, we were there exactly 3 hours.

PATIENTS

A total of 107 people have experienced the chamber at our center.

Most have experienced it once (1/2-1 hour), 5 patients have had 3-4 treatments. Age range 7-81 years old. The following are the reported effects:

More energy- 8 patients

Deep relaxation- 59 patients

Disappearance of grief from loss of a son-1

Clearing of Panic attack-2 patients

Sleeping during session-13

Decreased chronic thyroid inflammation-1

Disappearance of pain- 6(3 had cancer pain)

Most stillness they have felt-1

Softening of hard tissue-1

Sense of floating-9

Seeing lights-2

Period returned-1

Varicose veins got better-1

Out of body experiences-9

Clearing of sinuses-1

Visions, Colors- 7

Hearing voices, sounds- 8

Feeling of intense joy-17
 Hearing rainforest sounds-1
 Hearing intergalactic sounds-1
 Increase in IQ-1
 Decreased abdominal distention-2
 Manifestation of prayers-11
 Increased Libido, Spontaneous erections- 2
 Removal of negative blocks-1
 Enhancement of herbal products-1
 Insomnia from increased energy-4
 Heart beating faster-1
 Clarity of thought-1
 Seeing people inside chamber-5
 No changes noted-4
 Stitches coming out of old scars- 3
 Disappearance of breast capsules around implants-2
 Heavy hands-1
 Tingling, feeling energy moving inside their bodies-17
 Warm feeling-15
 Worse sinus problem-1
 Symmetrical balancing of facial features-2
 Lowering blood sugar in 3 diabetics. One has decreased his insulin requirements after one ½ hour session.
 Reopening of claudication
 All the symptoms below resolved and are associated with detoxing. Patients then felt better than before
 Depression-1
 Deep sleep- 10
 Headaches- 9
 Abdominal bloating-5
 Sore throat- 4
 Fever-1
 Chest tightness-4

I have observed that patients that are on insulin or hypoglycemic agents have a drop in their blood sugar as a result of being in the chamber. This indicates that the tissues are going back to functioning in a more healthy fashion. I now routinely follow their daily blood sugar and start decreasing their medication doses. This decrease in the need for medication is good sign of improvement of health. I know recommend that all patients taking medication be evaluated by a physician during their chamber experience.

I have observed that regardless of their experience, 75% of individuals come out of the chamber with more focused and intense gaze and improved skin color.

FUTURE PLANS

- 1- Phase 2 efficacy study using HRBI (high resolution blood imaging) both before and after being in the chamber
- 2- Atomic clock in the chamber and in my house and comparing their differences daily. This would confirm that being in the chamber is equivalent to moving faster than when we are standing on the planet
- 3- Thermal Imaging before and after being in the chamber
- 4- Follow-up of patients with metastatic cancer that are considered terminal
- 5- Follow-up of patients with AIDS or other viruses

TESTIMONIALS

- 1- My spine felt like there was a light knocking throughout the session. I felt a squeezing of my arms and a stroking of my face. My imagination increased as well as my understanding. I felt a pressure on the throat. I had a headache that resolved in the morning and I feel at peace.
- 2- I felt a deep relaxation that stayed with me for 5 days. I felt energy being released from my body that was hindering my well being
- 3- I felt an increase on the blood flow in my hands. I felt energy moving in my ears and a different mouth taste.
- 4- I have been meditating for 30 years and I have never felt such deep state of relaxation and meditation
- 5- One patient had been kidnapped and raped by a group of men over a 7-day period. Her testimony is available only by request and, with her permission, I am reporting on her case. For months, she has been bleeding vaginally, with breast masses and abdominal distention of unknown etiology. Medical evaluations have revealed no causes. After one session, all these symptoms disappeared and her personality turned into joy. The closest I can come up to describe her and her family's account of the process she went through is that the chamber elicited a

successful exorcism.

6- I forgot I had my back pain and forgot my magnetic belt in the office. I felt very much at peace and felt a tingling sensation on the hips and feet. I have not taken Vicodin (a narcotic) for my osteoporosis pain for 5 days. This has not happened in many years. A stitch came out of a scar I had years ago.

7- I had bilateral breast implants and they require compression of hard capsules that tend to form around the implants every few months to years. I had capsules on both sides that would have eventually required compression to release them and prevent scar formation. They disappeared after two sessions in the chamber.

8- I saw a deep green color in the whole room. I felt buzzing waves of energy and my stomach pain was gone.

9- I have not felt negative or depressed up to 10 days after being in the chamber.

10- I saw the hand of God

11- My insulin requirements went down from 28 units in the morning and 18 at night to 18 in the morning and 12 at night.

CONCLUSION

It is my opinion that this is a powerful energy enhancer. It promotes a very deep state of ultimate relaxation, if we allow it, from which any type of healing can occur.

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