

PACKING LIST FOR MEDICAL TRAVELS

for me

- ☐ COMFY SHIRTS/TOPS
- ☐ SWEATPANTS
- ☐ SWEATSHIRT
- ☐ ROBE
- ☐ FUZZY SOCKS/SLIPPERS
- ☐ COMFORTABLE BRAS
- ☐ COMFORTABLE UNDERWEAR
- ☐ SKINCARE PRODUCTS
- ☐ DRY SHAMPOO
- ☐ HAIR PRODUCTS
- ☐ MAKEUP (I MIGHT WANT IT!)
- ☐ LOTION
- ☐ CHAPSTICK
- ☐ HAIR TIES AND/OR CLIPS
- ☐ PERSONAL PILLOW
- ☐ COZY THROW BLANKET
- ☐ PHONE CHARGER
- ☐ HEADPHONES
- ☐ TUMBLER/WATER BOTTLE

misc.

- ☐ FAVORITE SNACKS
- ☐ FAVORITE COFFEE
- ☐ BOOKS/JOURNALS
- ☐ CASH

most important

- ☐ ANY MEDICAL RECORDS OR DOCUMENTS NEEDED
- ☐ LEAVE IMPORTANT INFO FOR HOUSE/PET SITTER
- ☐ REMIND SPOUSE MULTIPLE TIMES TO PACK THEIR BAGS

"This is my command: be strong and courageous! Do not be afraid or discouraged. For the Lord your God is with you wherever you go."

Joshua 1:9

for baby

- ☐ SNAP ONESIES
- ☐ SLEEPING GOWNS
- ☐ DIAPERS + WIPES
- ☐ SOUND MACHINE
- ☐ NAME BLANKET
- ☐ LOVEY/STUFFED ANIMAL
- ☐ THERMOMETER
- ☐ BOTTLES
- ☐ PUMP OR FORMULA
- ☐ SMALL COOLER/LUNCHBOX FOR MEDS TO BE KEPT COLD ON THE WAY HOME

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for baby

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