

# PACKING LIST FOR MEDICAL TRAVELS

## *for me*

- COMFY SHIRTS/TOPS
- SWEATPANTS
- SWEATSHIRT
- ROBE
- FUZZY SOCKS/SLIPPERS
- COMFORTABLE BRAS
- COMFORTABLE UNDERWEAR
- SKINCARE PRODUCTS
- DRY SHAMPOO
- HAIR PRODUCTS
- MAKEUP (I MIGHT WANT IT!)
- LOTION
- CHAPSTICK
- HAIR TIES AND/OR CLIPS
- PERSONAL PILLOW
- COZY THROW BLANKET
- PHONE CHARGER
- HEADPHONES
- TUMBLER/WATER BOTTLE

## *misc.*

- FAVORITE SNACKS
- FAVORITE BRAND OF COFFEE
- BOOKS/JOURNALS
- CASH
- EXTRA MASKS

## *most important*

- ANY MEDICAL RECORDS OR DOCUMENTS NEEDED
- LEAVE IMPORTANT INFO FOR HOUSE/PET SITTER
- REMIND SPOUSE MULTIPLE TIMES TO PACK THEIR BAGS

*"This is my command: be strong and courageous! Do not be afraid or discouraged. For the Lord your God is with you wherever you go."  
Joshua 1:9*

## *for baby*

- SNAP ONESIES
- SLEEPING GOWNS
- DIAPERS + WIPES
- SOUND MACHINE
- NAME BLANKET
- LOVEY/STUFFED ANIMAL
- THERMOMETER
- BOTTLES
- PUMP OR FORMULA
- SMALL COOLER/LUNCHBOX FOR MEDS TO BE KEPT COLD ON THE WAY HOME



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*for me*

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*most important*

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*for baby*

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*misc.*

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