



All change at the EYCDC

The December AGM of the Ettrick and Yarrow Community Development Company marked a new chapter in the community charity as long-standing chairman, Sir Michael Strang Steel stood down after ten successful years at the helm. The regeneration charity which has over 300 members living in or near the valleys marked the occasion with a retrospective film show of the projects the EYCDC has delivered over that time, the largest by far being the five new houses and the new business centre which has transformed the old stone steading at Kirkhope near Ettrickbridge.

Other projects include the Ring of the Loch walking path around St Mary's Loch, the re-opening of the Captain's Road linking the two valleys, taking ownership and reinstating the boardwalk and paths in the Ettrick Marshes, keeping the old Ettrick School building open as a base,

managing the James Hogg Exhibition there, demonstrating electric bikes and the seven-seater electric van, and many more activities over the period, including launching this valley newsletter.

Michael is replaced as chairman by Trevor Timms, well known to many in the valleys and now a valley resident at Harehead Cottage in Yarrow with his partner, Jenna Agate. Also standing down from the role of Treasurer was Jeremy Snodgrass from Broadmeadows. Jeremy was one of the founding members of the EYCDC and has safely steered the company finances from the beginning as well as taking a leading role in the Kirkhope project. Jeremy is replaced by Bronwyn Clark from Meggethead who has experience of providing this role with other development charities.

New directors welcomed onto the EYCDC board are Colin Robson from Ettrickbridge, Ingrid Earp from Hopehouse in Ettrick valley and continuing directors are Lynne Hume, Andy Wright, Marjorie Hutton and Alison Renwick.

Welcome ...to the February edition of The EYE. We aim to keep residents and visitors alike up-to-date with all that is happening in this beautiful area of the Scottish Borders. Don't miss out! We'll keep an eye on diary dates and list them in these pages so you can plan your month ahead.



Pictured at The Waterwheel enjoying a celebratory tipple after the Kirkhope Steading award success are past and present EYCDC board members: (l to r) Vicky Davidson, Frank Garton, Sir David Steel, Trevor Timms, Andy Wright, Archie Kirkwood, Jeremy Snodgrass, Lynne Hume and Sir Michael Strang Steel

Pupils visit centre for World Peace – at Eskdalemuir!



The P4-7 class of Kirkhope Primary school enjoyed a fascinating visit to the Kagyu Samye Ling Monastery and Tibetan Buddhist Centre at Eskdalemuir near Langholm last week. Founded in 1967 the Centre is located on the banks of the river Esk.

Kagyu Samye Ling was the first Tibetan Buddhist Centre to have been established in the West. Currently under the guidance of Abbot Choje Lama Yeshe Losal Rinpoche, it's aim is to be a centre for World Peace and health through the development of "unconditional kindness, compassion and forgiveness".



Remembering Rabbie...



Burn's Night
January 25th



Kirkhope Primary put on an "incredible" **Scottish Celebration** on Thursday 23 January in Kirkhope Hall, with children performing Scottish songs and poems as well as having talented saxophonists and accordionist play renditions of Auld Lang Syne in commemoration of Robbie Burns.

This was followed by a hugely enjoyable ceilidh in which families and friends all joined in. A huge well done to all involved - what a brow aftern!

Meanwhile, on the actual Burn's Day, the hoolie that was Storm Eowyn kept everyone indoors – but maybe our worried thoughts were already shared with the Bard...

*Oh wert thou in the cauld blast,
On yonder lea, on yonder lea;
My plaidie to the angry airt,
I'd shelter thee, I'd shelter thee:
Or did Misfortune's bitter storms
Around thee blaw, around thee blaw,
Thy bield should be my bosom,
To share it a', to share it a'.*

Robert Burns



Yarrow P1-7 pupils staged a "fantastic" **Burns Denner** in Yarrowfeus Hall last Monday for staff, parents and local residents. With tartan clothing a feature, the schoolchildren performed a programme of poetry, singing and dancing, including Burns Night favourites *The Immortal Memory* followed by *Address to the Lassies* and *Reply to the Laddies* which were read by P7 pupils.

Thanks are extended to Mrs Bryson for feeding everyone, Mrs Brown for keeping everything flowing, Hilary Bell and John Nichol for providing some Scots entertainment and to Mike Loshak and Mr Williams for accompanying the singers on the squeeze box and guitar.

Finally, thank you to all the grown-ups that came to join in the fun. It was fair brow!

Last week's Code Red weather event - Storm Eowyn - caused havoc throughout Scotland, including the Ettrick and Yarrow Valleys, with trees felled, blocking roads and downing power lines.

An Impressive army of chainsaw owners made quick work of clearing the fallen timber, and electricity network operators from Wales heroically restored power to numerous properties in the area.

However, an on-going casualty in the wake of the storm is Bowhill House and Grounds who, mindful that trees can become weakened and dangerous to the public following such an intense storm recently issued the following notice on their Facebook page:

An ill wind...



Top: Tree blocking the b709 just after Thirlestane Lodge towards Honey Cottage; bottom: tree and power line damage at Hartwoodmyres, Ettrick Valley

"Following Storm Eowyn, we are working hard to assess and clear the damage caused. For everyone's safety, we kindly ask you to AVOID all woodlands and walking trails across the Grounds, as our teams focus on clearing the areas."

This was updated two days ago: "We are continuing to clear up after Storm Eowyn but if you are looking for a walk at Bowhill you can now enjoy spotting snowdrops on the tarmac Lochs Road down and around the Lower Loch. (Please note the path around the Upper Loch remains closed)."

If you are planning a walk around Bowhill, visit: www.facebook.com/BowhillHouse for updates.

Diary Dates: February 2025



Sat
1

Coffee Morning

Kirkhope Hall, 10-12 noon

Monthly Coffee Morning – the first of 2025! Plenty of coffee and chat to catch up on!



Sun
2

Sunday Morning Service

Yarrow Kirk, 11.30am

Church Services in the valleys move around the three churches. Services are led by the Selkirk and valleys minister, Kwame Ahaligah.

Mon
3

Ettrick and Yarrow Community Council meeting

Kirkhope Hall, Ettrickbridge. 7pm

Agenda includes a presentation from David Hope-Jones OBE, chief executive of the tourism body 'South of Scotland Destination Alliance' with an update on the CenterParcs project.

Mon
3

Whist evening

Boston Hall, Ettrick

Come and play Whist in the Boston Hall, Ettrick on the first Monday of every month through the winter. 7pm, tea/coffee provided, bring your own cup and snack, only £1 per session.



Mon
3

Carpet Bowling

Cappercleuch Hall, Yarrow

Carpet Bowling Club weekly meet 7.30pm

Mon
3

New: Gentle Steps Class

Yarrow Hall, Yarrow Feus

Low Impact Fitness class with Julieanne in the Yarrow Hall. Every Monday at 7pm. All abilities £5 per person.

WILD YOUR SPACE!

Small grants for families, individuals and schools in the Scottish Borders to bring wildlife into their green spaces

Call 11 of our WildYourSpace! microgrant is now open for applications!

Deadline for applications 3rd February 2025

Guidance and an application form at: <https://brightgreennature.org/funding>

Gentle Steps: Yarrow fitness class

Discover the joy of exercise through our soothing fitness class, where light stretching and gentle movements nurture your body and spirit. In a world that often prioritises intensity and speed, we invite you to slow down and embrace a more gentle approach to fitness. Our class is designed for individuals of all ages and fitness levels, providing a safe and welcoming environment for everyone.

Each session incorporates a variety of gentle stretches, rhythmic movements, and breathing exercises that promote relaxation and mental clarity.

Join us weekly for seven weeks, as we journey together towards wellness. Let the rhythm of your movements guide you towards a healthier, more balanced life. Experience the transformative power of gentle exercise. Turn up on the night or pre-book online at www.yarrowhall.com.

See you there! – Julieanne





Diary Dates: February 2025

Tues
4

The Stitchers

Boston Hall, Ettrick

Ettrick's sociable sewing bee runs from 2-4pm in the Boston Hall. Beginners welcome, instruction will be given or bring along whatever project you are currently working on. Every 1st and 3rd Tuesday in the month.

Tues
4

New Age Kurling

Yarrowford Hall, 2pm-4pm

New Age Kurling in is held on every 1st and 3rd Tuesday each month. Suitable for all ages / abilities and can be played seated or standing. The cost is £3 per person and includes refreshments. 1st and 3rd Tuesday each month.

Wed
5

Table Tennis



Yarrowford Hall

Table Tennis, 5.30-6.30pm – all welcome.

Wed
5

Craft Group

Kirkhope Hall, 10am start

The Ettrickbridge based Craft group on first Wednesday of every month.

Wed
5

Pub Quiz

Cross Keys Inn, Ettrickbridge

Wednesday evening sees the very popular pub quiz in the Cross Keys Inn, Ettrickbridge. Maximum 5 in a team, £2 per person. 7.30 for 8pm start. Booking essential as the pub can only hold so many! Lindajack57@btinternet.com

Wed
5

Carpet Bowling

Boston Hall, Ettrick, from 7.30pm

Bowling every Wednesday. All welcome, no experience necessary as plenty of experienced bowlers will get you started.

Thur
6

Men's Club

Yarrowford Hall, 2-4pm

Informal 'men's club' for men of all ages to drop in for a chat, game of cards, dominoes, darts or simply a cup of tea. £3.00 per session (incl. refreshments).

Thur
6

Singing Group

Yarrow Feus Hall,
7-8.30pm

First session of the new year for the Safety in Numbers singing group led by Hilary Bell which meets every Thursday 7.00 - 8.30 in Yarrow Feus Hall.



Kirkhope Mill

Unit 3

Large studio/workshop available at Kirkhope Mill near Ettrickbridge. 500 sq ft in an eco-friendly building with five other tenants.

Fully disabled-friendly groundfloor unit, free parking with access to shared kitchen/small meeting room and superfast wifi. Suitable for up to three artists/crafters sharing perhaps.

Rent on application to info@ettrickandyarrow.org.uk



Better than WFH*!

* Working From Home

The BeeHive Café



...and Shop stocks all your essentials but is now onto winter opening hours. The shop and cafe is closed every Mon, Tues and Wed. Open as usual 10am till 2pm Thurs- Sun. Located in upper Ettrick at the entrance to the Honey Cottage Caravan Park.



The monthly Mobile Library service, run by Live Borders will be coming to **Yarrow on Monday 10th & Monday 24th February** at the following locations and times:

LOCATION	STOP	TIMES
Broadmeadows	Bridge	13.40-13.55
Yarrowford	Yarrowford	14.00-14.10

The library bus will also be visiting the **Ettrick Valley on Thursday 6th and 20th February** at the following locations and times:

LOCATION	STOP	TIMES
Ettrick	Roweburn	12.30-12.35
Ettrick	Newhope	12.40-12.55
Ettrick	Boston Hall	13.05-13.30
Ettrick	Honey Cottage	14.10-14.30
Ettrick	Tushielaw	14.35-14.50
Ettrickbridge	Woodend Rd	15.10-15.40



Mobile Library Service

Handy calendar: FEBRUARY 2025

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	1	2

Pub perks for Six Nations Rugby fans

Excitement shared is a wonderful thing. And with Scotland being pitched by the national press as a 'middlin' contender in the predicted list of winners and losers in the upcoming Six Nations Rugby tournament, there is everything to play for.

The Cross Keys Inn, Ettrickbridge, is aiming to draw a crowd on each of the fixture dates to share the passion and the play – with perks on the side. The award-winning Inn is offering a **Six Nations Burger & Beer Special** – four bottled beers and a Burger for £30 – available during every Six Nations game.

The fixture everyone will be on tenterhooks about is England-Scotland on 22 February. Surely Scotland can't win it five times in a row? Could they? Get yourself down to The Cross Keys and maybe – just maybe – the Scots will come away with the Calcutta Cup again.



SIX NATIONS FIXTURES 2025

Sat 1st February
Scotland v Italy
(K.O. 2.15pm)

Sun 9th February
Scotland v Ireland
(K.O. 3.00pm)

Sat 22nd February
England v Scotland
(K.O. 4.45pm)

Sat 8th March
Scotland v Wales
(K.O. 4.45pm)

Sat 15th March
France v Scotland
(K.O. 8.00pm)

Diary Dates: February 2025



Playgroup 'Messy Play'

Yarrow Hall, Yarrow Feus, 9.30am

Change of venue for the Ettrick and Yarrow Playgroup this week with a 'Messy Play' session in the Yarrow Hall, Yarrow Feus from 9.30 to 11am. Open to all pre-school children. Next Friday the playgroup are back in their usual home at Kirkhope Hall, Ettrickbridge.

Sunday Morning Service

Kirkhope Church, 11.30am

Church Services in the valleys move around the three churches. This Sunday the service is in Ettrickbridge. Services are led by the Selkirk and valleys minister, Kwame Ahaligah.



Soup & Pudding Lunch

Kirkhope Hall, Ettrickbridge, 12-2pm

Enjoy a sociable Soup and Pudding lunch in Kirkhope Parish Hall from 12- 2pm and help raise funds for Friends of Kirkhope Primary School. (see poster)

Carpet Bowling

Cappercleuch Hall, Yarrow

Carpet Bowling Club weekly meet 7.30pm

Gentle Steps Class

Yarrow Hall, Yarrow Feus

Low Impact Fitness class with Julieanne in the Yarrow Hall. Every Monday at 7pm. All abilities £5 per person.

Ettrick WRI

Boston Hall

Ettrick Woman's Rural meets at 7.30 in the Boston Hall. Tonight's meeting is another chance to try New Age Kurling. Visitors, plus new and returning members always welcome.

Yarrowford WRI

Yarrowford Hall, 2pm

Yarrowford Women's Rural meets at 2pm on the second Tuesday of each month in the Yarrowford Hall. All welcome.

Coffee morning

Cross Keys Inn, Ettrickbridge, 10.30am

Coffee and chat in the Cross Keys every Wed 10.30 – 12 noon.

Table Tennis

Yarrowford Hall, 5.30 - 6.30pm

Table Tennis session, all welcome.

SCHOOL DATES: Spring mid term break

Friday 14 Feb - Last day of term for pupils

Monday 17 to Friday 21 Feb - Mid term break

Monday 24 Feb - In service day for all

Tuesday 25 Feb - All resume

SELKIRK LEISURE CENTRE FEBRUARY HOLIDAY ACTIVITIES

Float & Water Pistol Session Mon 17 Feb, 13:30 – 14:30

Inflatable Fun Sessions Wed 19 Feb, 13:00 – 14:00

Sat 22 Feb, 11:00 – 12:00

Kids Fun Night Fri 21 Feb, 19:00 – 20:00

Public Swim Session Tues 18 Feb, 10:00 – 11:00

Tues 18 Feb, 11:00 – 12:00

Wed 19 Feb, 12:30 – 13:00

*Please note all children under 8 years old must be accompanied by an adult.

Friends of
Kirkhope Primary School
supported by Café ReCharge

Invite you to a.....

SOUP & PUDDING LUNCH

Sunday 9th February 2025

12.00pm - 2.00pm

Kirkhope Parish Hall
Ettrickbridge

£7.00 per adult / £4.00 per child

to include a bowl of delicious home-made soup with bread/rolls & butter followed by a fantastic selection of yummy home-made sweets plus tea/coffee.

😊 All Welcome 😊

All profits will go to

Friends of Kirkhope – a group of friendly parents/carers who want to fundraise and support both Kirkhope Primary School and Kirkhope & Yarrow ELC.

Friends of Kirkhope, c/o Kirkhope Primary School, Woodend Road, Ettrickbridge, Selkirk, TD7 5JJ
email: FriendsOfKirkhope@outlook.com



■ The Friends of Kirkhope Primary School aims to ensure that the School and Kirkhope & Yarrow ELC in Ettrickbridge continues to thrive at the heart of the local community.
www.facebook.com/FoKPS

■ Café Recharge aims to reduce the gap between food poverty and food waste by using unsold food from supermarkets to serve in a Pay-What-You-Can-Cafe at 58 Island Street, Galashiels.
www.facebook.com/cafarechargeCIC

Fri 7

Sun 9

Sun 9

Mon 10

Mon 10

Tues 11

Tues 11

Wed 12

Wed 12



Diary Dates: February 2025

Wed
12

Ettrickbridge WRI

Kirkhope Hall, 7.30pm

Ettrickbridge Women's Rural meets at 7.30pm on the second Wednesday of each month in the Kirkhope Hall (September to May). All welcome.

Thur
13

Singing Group

Yarrow Feus Hall, 7-8.30pm

The Safety in Numbers singing group meets every Thursday 7.00 - 8.30 in Yarrow Feus Hall.

Thur
13

Men's Club

Yarrowford Hall

Informal 'men's club' for men of all ages, 2-4pm. £3.00 per session (incl. refreshments).



Fri
14

Playgroup fun

Kirkhope Hall, Ettrickbridge

Playgroup 9.30-11.30am. Babies, Toddlers 0-5 years. Always a craft activity, lots of toys and an experienced play leader. All welcome (adult carer stays for the session so a good chance to get to know others over a friendly cuppa)

Fri
14

Valentine's Day!

*O, love, love, love!
Love is like a dizziness;
It winna let a puir body
Gang about his bizness!*



Sat
15

Valentine's Lunch

Yarrowford Hall, 12-2pm

A variety of tasty soups and puddings will be served. £7 per person; children £3.50

Sun
16

Sunday Morning Service

Yarrow Kirk, 11.30am

Services are led by the Selkirk and valleys minister, Kwame Ahaligah.

Mon
17

Carpet Bowling

Cappercleuch Hall, Yarrow

Carpet Bowling Club weekly meet 7.30pm

Mon
17

Gentle Steps Class

Yarrow Hall, Yarrow Feus



Low Impact Fitness class with Julieanne in the Yarrow Hall. Every Monday at 7pm. All abilities £5 per person.



Owners:
Bryn and Oxana Jones

Calling all romantics...

The Gordon Arms is perfect for a Valentine's Day (re) treat



ST VALENTINE'S WEEKEND

Thursday, 13th - Saturday, 15th of February 2025

Why not celebrate Valentine's Weekend 2025 with a romantic stay at **The Gordon Arms** Restaurant with Rooms in the stunning Yarrow Valley, Scottish Borders. Named one of "The Best 100 Local Restaurants In Great Britain 2024" by The Good Food Guide, and "Top-12 Best Restaurant with Rooms in 2024" by The Scotsman, The Gordon Arms Restaurant with Rooms offers an unforgettable Valentine's escape. Choose from our two-night or three-night stay packages, both designed to create a truly memorable experience.



The Two-Night Stay Package includes:

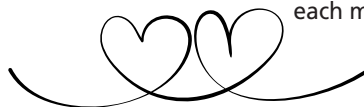
- ♥ 10% off accommodation for your stay
- ♥ A five-course tasting menu (£60 per person) with a 125 ml glass of Pierre Mignon Grand Reserve Champagne on one evening
- ♥ A three-course dinner (£36 per person) on the second evening
- ♥ A freshly prepared breakfast each morning

Price range:
£239 - £271
per night
per room

The Three-Night Stay Package includes:

- ♥ 15% off accommodation for your stay
- ♥ A five-course tasting menu (£60 per person) with a 125 ml glass of Pierre Mignon Grand Reserve Champagne on one evening
- ♥ Two additional three-course dinners (£36 per person each) on the other nights
- ♥ A freshly prepared breakfast each morning

Price range:
£220 - £251
per night per room



For more details and/or to book your romantic stay, visit www.gordonarmsyarrow.co.uk/st-valentines-weekend/

...or why not try our February FIVE-COURSE TASTING MENU - £60pp?



Available for lunch and dinner every Thursday to Saturday. Our tasting menu is designed for the whole table. Advanced booking required.



The Gordon Arms, Yarrow Valley, Selkirkshire, Scottish Borders, TD7 5LE
Tel: +44(0)1750 82261 | Email: enquiries@gordonarmsyarrow.co.uk

Hey - how about...?

Community Ideas welcome here! The Yarrow Hall committee want your ideas to help make Yarrow Hall even better! Do you have an idea for a jumble sale, a craft fair, a film night, or something else entirely? Let us know—we're always looking for new ways to bring people together and make the most of this great community space. Contact: info@yarrowhall.com. More details at www.yarrowhall.com



Yarrow Hall Spring stimulus in store!

Yarrow Hall looks set to be the venue for an array of possible events / classes / clubs which are currently highlighted on their new website: www.yarrowhall.com where feedback is sought to ascertain feasibility going forward. These are:

UPCYCLING TABLE TOP SALE

An Upcycling Table Top Sale (like a car boot sale, but no cars!) is currently being planned and we're looking for stallholders to join us!

Got jumble, bric-a-brac, cakes, preserves, or hidden treasures to sell? Why not have a good clear-out, upcycle your items, and make some extra cash? It's a great way to declutter, reduce waste, and support sustainable living.

■ Date: TBC

■ Tabletop Reservations: £5 each – sell as much as you can!

■ Spaces are limited, so RSVP now, register your interest, and stay tuned for more details. Don't miss out—be part of this fun, eco-friendly community event!

■ Register interest at www.yarrowhall.com/event-details/upcycling-table-top-sale-yarrow-hall

YOGA

The Yarrow Hall Committee is thrilled to explore the possibility of bringing Yoga in the Valley! But first, we need you! Are you ready to



stretch, unwind, and discover the joy of yoga?

We're teaming up with **Eildon Yoga** to offer two relaxing and rejuvenating taster sessions:

- Wednesday, 19th March at 7 PM
- Sunday, 23rd March at 10 AM

■ Entry: By donation - Proceeds to Yarrow Hall Charity (Suggested min donation £5)

■ Spaces limited to 12 participants per session

■ Register your interest now for one or both taster sessions. at www.yarrowhall.com/event-details/does-yarrow-need-yoga-lets-find-out-together-2025-03-19-19-00

YARROW VALLEY BOOK CLUB

Calling all book lovers! The newly launched Yarrow Valley Book Club is here to spark great conversations and bring together readers in the valley. This is your chance to dive into new stories, share your favorites, and make friends over a shared love of books.

■ Date / time to be confirmed.

■ Register interest at: www.yarrowhall.com/event-details/the-yarrow-valley-book-club-please-register-your-interest.

Diary Dates: February 2025



The Stitchers

Boston Hall, Ettrick

Ettrick's sociable sewing bee gets together from 2-4pm in the Boston Hall. Beginners welcome, instruction will be given or bring along whatever project you are currently working on. Every 1st and 3rd Tuesday in the month.

New Age Kurling

Yarrowford Hall, 2-4pm.

£3 per person includes refreshments.

Art Group



Kirkhope Hall, 10am-12noon

This month the theme of Ettrick & Yarrow Art Group will be birds. Medium of your choice. All abilities welcome. We have a selection of pencils, paints and paper if you need them. Email iris@happyhedgerow.co.uk for more information.



Carpet Bowling

Boston Hall 7.30pm

Indoor bowling in the Boston Hall, every Wednesday. All welcome!

Table Tennis

Yarrowford Hall, 5.30 - 6.30pm

Table Tennis session, all welcome.

Men's Club

Yarrowford Hall, 2-4pm

Informal 'men's club' for men of all ages £3.00 per session (incl. refreshments).

Playgroup fun



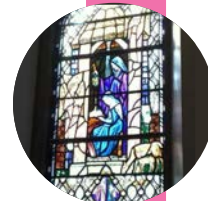
Kirkhope Hall, Ettrickbridge, 9.30-11.30am

Babies, Toddlers 0-5 years. Always a craft activity, lots of toys and an experienced play leader. All welcome.

Sunday Morning Service

Kirkhope Church, 11.30am

Services are led by the Selkirk and valleys minister, Kwame Ahaligah. We always enjoy a cup of tea or coffee and biscuits (or if we're lucky, some home baking) before each service which gives us a chance to meet any visitors and catch up with each other.




CROSS KEYS INN
ETTRICKBRIDGE

A classic 17th Century Coaching Inn offering traditional pub food, real ales and B&B accommodation.

Main Street, Ettrickbridge • 01750 52224
hello@crosskeysinnettrickbridge.com
www.crosskeysinnettrickbridge.com

What's On February...



COFFEE MORNING
Every Wednesday
10.30am - 12pm

SIX NATIONS

- 1 2.15PM SCOTLAND V ITALY
- 9 3.00PM SCOTLAND V IRELAND
- 22 4.45PM ENGLAND V SCOTLAND

5 **Quiz NIGHT**

14 **VALENTINE RACLETTE NIGHT**

16 **SUNDAY tunes**

21 **PIZZA NIGHT**
5pm - 8pm
Takeaway available

22 **Live Music**

28 **TURNBULL TROPHY FINAL**



Diary Dates: February 2025

**Mon
24**

CAB Drop-In Surgery

Kirkhope Hall, Ettrickbridge and
Yarrow Hall, Yarrow Feus

Citizens Advice Bureau Drop in Surgery in Kirkhope Hall from 9am to 11am and in Yarrow Hall from 12 – 2pm. This is a great opportunity for anyone to speak face to face with one of our very experienced Advisers about issues that may concern or affect them. This could be about entitlements to benefits (or support to apply for them), or help with energy, debt, employment, consumer issues or a myriad of any other concerns and questions that people have but are not sure how to deal with.

No appointments are needed, people just need to pitch up and speak to the Adviser.

Advice provided by CAB is always free, independent, confidential, impartial and available to everyone. Also will be held on Monday 24th March.

**Mon
24**

Carpet Bowling

Cappercleuch Hall, Yarrow
Carpet Bowling Club weekly meet 7.30pm

**Mon
24**

Gentle Steps Class

Yarrow Hall, Yarrow Feus
Low Impact Fitness class with Julieanne in the Yarrow Hall. Every Monday at 7pm. All abilities £5 per person.

**Wed
26**

Table Tennis

Yarrowford Hall, 5.30 - 6.30pm
Table Tennis session, all welcome.

**Thur
27**

Singing Group

Yarrow Feus Hall, 7-8.30pm
The Safety in Numbers singing group meets each Thursday in Yarrow Feus Hall. The weekly sessions led by Hilary Bell cost £3 to cover refreshments and hire of hall.

**Thur
27**

Men's Club

Yarrowford Hall
Informal 'men's club' for men of all ages, 2-4pm. £3.00 per session (incl. refreshments).

**Fri
28**

Playgroup fun

Kirkhope Hall, Ettrickbridge, 9.30-11.30
Babies, Toddlers 0-5 years. Lots of toys and an experienced play leader. All welcome.



THE GLEN CAFE

St Mary's Loch

Currently CLOSED For Winter
OPENING **END OF MARCH**



MACMILLAN CANCER SUPPORT

Ettrick Valley Committee



Join us for a musical evening with



Wrong Side of the Grass!



covering all your favourite tunes from the 60's onwards.
Don't forget to bring your dancing shoes!

Saturday 1st March 2025
at
Kirkhope Parish Hall from 7.30pm

🎵 **Bar** 🎵 **Raffle** 🎵 **Dancing** 🎵
Bring your own snacks

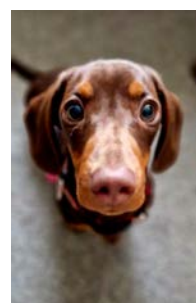
Tickets: £8.00 per person

Advance tickets only - please email
macmillanettrickvalley@gmail.com to book.



Contact us by emailing: macmillanettrickvalley@gmail.com

Ettrick Valley Macmillan Cancer Support :  Find us on Facebook :  Follow us on Instagram



YARROW DOGS

TRAINING CLASSES
at SELKIRK RUGBY CLUB

starting
Sunday 23rd February
for 8 weeks

Basic Obedience for pups
and older dogs £120

4.30 -5.30pm - Pups up to 1 year

6.30 - 7.30pm - Dogs from 1 year ++

WE HAVE JUST ADDED AN EXTRA
REACTIVE DOG CLASS

5 30 -6.15pm. £170

Starting Wednesday 12th March for 8 Weeks
Basic Obedience for Pups and Older Dogs. £120

10.30am - 11.30 am -pups under 6 months

11.30.am - 12 30pm- pups and older dogs
over 6months .

SPACES AVAILABLE IN EACH CLASS

Contact Yarrow Dogs on 07777 485521
or email: yarrowdogs@gmail.com