

Alano Club of El Cajon

Meeting Schedule

938 E. Washington Ave
El Cajon, CA 92020
619-322-4298

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00 am SPIRITUAL SUNRISE	5:30 am GRAB YOUR SOCKS	5:30 am GRAB YOUR SOCKS	5:30 am GRAB YOUR SOCKS	5:30 am GRAB YOUR SOCKS	5:30 am GRAB YOUR SOCKS	5:30 am GRAB YOUR SOCKS
10:00 am TRADITIONS WEST	10:00 am EARLY RISERS	10:00 am EARLY RISERS	10:00 am EARLY RISERS	10:00 am EARLY RISERS	10:00 am EARLY RISERS	10:00 am EL CAJON LATE RISERS
1:00 pm DAILY DELIGHT	1:00 pm DAILY DELIGHT	1:00 pm DAILY DELIGHT	1:00 pm DAILY DELIGHT	1:00 pm DAILY DELIGHT	1:00 pm DAILY DELIGHT	1:00 pm DAILY DELIGHT
2:30 pm A HIT OF RECOVERY, COCAINE ANONYMOUS	3:00 pm DAILY DRINKERS	3:00 pm DAILY DRINKERS	3:00 pm DAILY DRINKERS	3:00 pm DAILY DRINKERS	3:00 pm DAILY DRINKERS	3:00 pm STRENGTH IN WOMEN
4:00 pm WOMEN'S WAY						
5:30 pm EC HAPPY HOUR	5:30 pm EC HAPPY HOUR	5:30 pm EC HAPPY HOUR	5:30 pm EC HAPPY HOUR	5:30 pm EC HAPPY HOUR	5:30 pm EC HAPPY HOUR	5:30 pm EC HAPPY HOUR
	7:00 pm EL CAJON BEGINNERS	7:30 pm N/A JUST FOR TODAY	7:00 pm 30/30 BIG BOOK STUDY			

