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OPEN: M/W- 9 AM - 8 PM, T/Th/F- 9 AM - 5 PM,
& Saturday 9 AM - 12 PM

Jane Morgan Memorial Library Activities

NEW!!!!Lego Club starting Thursday, October 3rd from 3:30 to 4:30
K- 6th grade - Bring your creativity! Build castles, farms and vehicles!

Ongoing Activities

Adult Book Clubs - Third Thursday 9am - Last Monday 6pm
Diamond Dotz - September 17 and October 1st!

First Friday - Coffee, Cookies and Cards @ 9:15 am

Special Event co-sponsored with Historical Society

Author Chad Lewis will present The Bizarre History of Wisconsin - Strange Stories From Our Past in the Cambria Village Community Room Monday, September 9th @ 6pm - sign up appreciated call the library!

Educational Workshop

Tuesday - September 24th @ 10am - QPR - Question, Persuade, and Refer - Assist in Preventing Suicide - ADRC

28th Annual

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SEPTEMBER

WELCOME TO THE ANGIE W. COX PUBLIC LIBRARY - SEPTEMBER 2024

TUE	3	5:30 p.m.	R.E.A.D ADULT BOOK CLUB
WED	4	10:00 - 11:00 a.m.	WATERMELON CRAFTS Come help us celebrate the Watermelon Festival with two watermelon crafts - DIY a watermelon pen and watermelon diamond dots.
		5:00 - 6:00 p.m.	
THUR	5	9:00 - 10:00 a.m.	FREE YOGA
SAT	7	9:00 - 10:00 a.m.	ESSENTRICS WITH ERIN WALTON - FREE!
		9:30 - 10:30 a.m.	PRE-K CHILDREN'S TIME - Join us for weekly planned activities for kids preschool age.
MON	9	3:30 - 4:30 p.m.	KINDERGARTEN - 2ND GRADE CHILDREN'S TIME Join us for weekly planned activities for kids grades K - 2. Kids are welcome after school for fun themed activities and snacks.
		5:30 p.m.	FRIENDS OF THE LIBRARY MEETING
WED	11	3:30 - 4:30 p.m.	3RD - 5TH GRADE CHILDREN'S TIME Join us for weekly planned activities for kids grades 3 - 5th. Kids are welcome after school for fun themed activities and snacks.
THUR	12	9:00 - 10:00 a.m.	FREE YOGA
		4:30 - 6:00 p.m.	MAINLY CRAFTS - ADULT CRAFTING GROUP Join us for a fabric/twine acorn craft. Call the library to register!
SAT	14	9:00 - 10:00 a.m.	ESSENTRICS WITH ERIN WALTON - FREE!
		9:30 - 10:30 a.m.	PRE-K CHILDREN'S TIME - Join us for weekly planned activities for kids preschool age.
MON	16	3:30 - 4:30 p.m.	KINDERGARTEN - 2ND GRADE CHILDREN'S TIME Join us for weekly planned activities for kids grades K - 2. Kids are welcome after school for fun themed activities and snacks.
WED	18	3:30 - 4:30 p.m.	3RD - 5TH GRADE CHILDREN'S TIME Join us for weekly planned activities for kids grades 3 - 5th. Kids are welcome after school for fun themed activities and snacks.
THUR	19	9:00 - 10:00 a.m.	FREE YOGA
SAT	21	9:00 - 10:00 a.m.	ESSENTRICS WITH ERIN WALTON - FREE!
		9:30 - 10:30 a.m.	PRE-K CHILDREN'S TIME - Join us for weekly planned activities for kids preschool age.
MON	23	3:30 - 4:30 p.m.	KINDERGARTEN - 2ND GRADE CHILDREN'S TIME Join us for weekly planned activities for kids grades K - 2. Kids are welcome after school for fun themed activities and snacks.
WED	25	3:30 - 4:30 p.m.	3RD - 5TH GRADE CHILDREN'S TIME Join us for weekly planned activities for kids grades 3 - 5th. Kids are welcome after school for fun themed activities and snacks.
THUR	26	9:00 - 10:00 a.m.	FREE YOGA
		4:30 - 6:00 p.m.	MAINLY CRAFTS - ADULT CRAFTING GROUP Join us to make a terracotta scarecrow. Call the library to inquire and register!
SAT	28	9:00 - 10:00 a.m.	ESSENTRICS WITH ERIN WALTON - FREE!
		9:30 - 10:30 a.m.	PRE-K CHILDREN'S TIME - Join us for weekly planned activities for kids preschool age.
MON	30	3:30 - 4:30 p.m.	KINDERGARTEN - 2ND GRADE CHILDREN'S TIME Join us for weekly planned activities for kids grades K - 2. Kids are welcome after school for fun themed activities and snacks.

ANGIE W. COX PUBLIC LIBRARY
119 N. Main St., Pardeeville, WI
608-429-2354

PARDEEVILLE
AREA SCHOOLS

P

Bulldogs

2024 FALL SPORTS SCHEDULES

Football - Varsity

Sep. 6 @ Marshall (Parents Night) 7:00

Sep. 13 vs. Fall River/Rio (Homecoming) 7:00

Sep. 20 @ Poynette 7:00

Football - JV

Sep. 3 vs. New Lisbon 6:00

Sep. 9 @ Marshall 5:00

Sep. 16 @ Fall River 6:00

Cross Country - Varsity

Sep. 5 @ Deerfield 4:00

Sep. 12 @ Poynette 4:30

Sep. 17 @ Marshall 4:30

Volleyball - Varsity & JV

Sep. 3 @ Markesan 5:45/7:30

Sep. 5 vs. Randolph 5:45/7:30

Sep. 10 Randolph Triangular 4:30

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This Week in History

1945:
Japan
surrenders,
bringing an
end to WWII.

31 BC:
The Battle of
Actium.

1969:
First U.S.
ATM opens for
business.

1783:
Treaty of Paris
signed by the
United States,
Great
Britain, Spain
and France.

1919:
Wilson
embarks on
tour to promote
League of
Nations.

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-William Shakespeare

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29	30	31	32

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02

03

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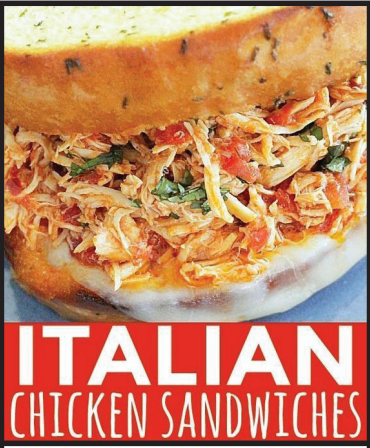
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ITALIAN CHICKEN SANDWICHES

Ingredients:

1.5 lbs boneless, skinless chicken breasts

1/2 cup Italian dressing

2 tbsp tomato paste

1 tsp sugar

1/2 tsp salt

1/4 tsp red pepper flakes

1 15 oz can petite cut diced tomatoes (drained)

1/4 cup fresh basil chopped

4 slices Provolone cheese

8 slices frozen garlic bread

Directions:

Place the chicken breasts in a 6-quart slow cooker. Pour the drained tomatoes on top of the chicken.

In a small bowl, whisk together the Italian dressing, tomato paste, sugar, salt and red pepper flakes. Pour the mixture over the chicken and tomatoes.

Put the lid on and cook on LOW for 6 hours. Shred the chicken and turn the slow cooker to WARM.

Bake the garlic bread according to package directions. Place one piece of provolone cheese on each of four slices of bread during the last minute of baking time so the cheese can melt.

Stir the fresh chopped basil into the shredded Italian chicken. Pile the chicken on top of the cheesy garlic bread slices.

Top with the remaining garlic bread slices to make four sandwiches and serve.

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-Thomas A. Edison

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2024 FALL SPORTS SCHEDULES

Football - Varsity

Sep. 6	vs. Waterloo	7:00
Sep. 13	@ Pardeeville	7:00
Sep. 20	@ Markesan	7:00

Football - JV

Sep. 9	@ Waterloo	5:00
Sep. 16	vs. Pardeeville	6:00

Cross Country - Varsity

Sep. 3	@ Markesan High School	4:30
Sep. 5	TBA	4:30
Sep. 12	@ Shepherds Meadow Golf Course	4:00

Fall River Volleyball - Varsity & JV

Sep. 3	vs. Cambria-Friesland	5:45/7:00
Sep. 5	vs. Green Lake/Princeton	5:45/7:00
Sep. 12	@ Randolph	5:45/7:30

Rio Volleyball - Varsity & JV

Sep. 3	@ Montello	6:00/7:30
Sep. 5	@ Cambria-Friesland	5:45/7:15
Sep. 12	vs. Pardeeville	5:45/7:30

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TEXAS COWBOY STEW

Ingredients:

2 lb ground beef
2 packages kielbasa sausage sliced into 1/2 inch pieces
2 garlic cloves, minced
1 onion, chopped
2 (14.5oz) cans peeled and diced tomatoes, drained
4 medium baking potatoes, peeled and diced
2 (15oz) cans pinto beans & liquid
1 (15.2oz) can whole kernel corn, Drained
2 (14.5oz) can diced tomatoes & gr. chile peppers, w/ liquid
1 package frozen mixed veggies
4 cups of water
2 tsp ground cumin
2 tsp chili powder
Salt and pepper to taste

Directions:

In a dutch oven over medium heat, sautee onion. Cook ground beef. Add sausage, tomatoes, pinto beans, corn, potatoes, diced tomatoes with chiles, & veggies. Mix until combined, add spices. Add water, bring to a boil, and simmer for one hour.



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Crossword Puzzle

Across

1. Physicians' org.
4. Molten rock
9. Senate broadcaster
14. Mercury or Neptune
15. Exhausted
16. "The Quiet Man" actress
17. Pt. of speech
18. Hotelier Helmsley
19. Dutch painter
20. Start of a quote
23. Literary pseudonym
24. Game-winning line
25. Recipe amts.
28. Middle of quote
33. Becomes disenchanted
34. Bikini blast, briefly
35. Margarine holder
38. Metric wts.
39. Machiavelli subject
41. More, to a señor
42. Kegler's milieu
44. Iota follower
46. End of quote
51. Merit-badge site
52. Gullet
53. Formulated thought
55. Author of the quote
60. Molly Bloom creator
62. Actor Sal
63. Ques. response
64. Bellowing
65. James and Jones of jazz
66. New Deal agcy.
67. Is willing to
68. Semiconductor
69. Towel off

Down

1. Slack-jawed
2. Vintage Ford
3. Butt against
4. Santa's spot, often
5. Away from the wind
6. Shine softly
7. Lowly assistants
8. Type of clock
9. Cooperstown electee
of '36
10. Berate loudly
11. Announcement
conduit
12. Parabolic path
13. "Forget it!"
21. Ponies up
22. Place to park
26. Tuscany city
27. Phased-out fliers
29. Meiji Shrine locale
30. Bear's greeting?
31. Treasury Dept.
bureau
32. Silent screen star
35. New Mexico art
colony
36. Arm bone
37. "Achoo!" response
39. Had been
40. Suited to the task
43. Principled
44. Saudi neighbor
45. Gallic girlfriend
47. Chrysler purchase of
'87
48. Assuaged
49. Prince __ Island
50. "The Dick Van Dyke
Show" creator
54. Judge the worth of
56. Uncool dude
57. Fascinated by
58. Enjoy a novel
59. Come up short
60. Shoot the breeze
61. El Dorado treasure

See answers on Page 6

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STRAWBERRY JAM SUGAR COOKIES



Ingredients:

2 1/2 cups all-purpose flour
3/4 tsp baking soda
3/4 tsp kosher salt
1 cup unsalted butter, melted & cooled
1 1/4 cup granulated sugar
1 large egg + 1 egg yolk
2 tsp vanilla extract
1/2 heaping cup strawberry preserves, chilled overnight

Directions:

In a medium bowl, whisk together the flour, baking soda, and salt. Set aside. In a large mixing bowl, whisk together the melted butter and sugar. It will be very liquid.

Then vigorously whisk in the egg and egg yolk (about 1 minute of whisking) followed by the vanilla).

Switch to a rubber spatula and dump in the dry ingredients. Gently mix and fold the dough to fully combine.

When the dough is smooth and combined, plop in spoonfuls of preserves throughout the bowl of dough.

Using the rubber spatula, gently fold the dough 3-4 times max. Fold just enough to disperse ribbons of strawberry throughout the dough but not too much to where the preserves fully mix in.

With a large ice cream scoop, scoop up dough onto a plate lined with parchment paper. Try to keep jam to the bottom.

Then place the uncovered dough in the refrigerator to chill for at least 4 hours or overnight.

To bake, preheat the oven to 350F. Line a large baking sheet with parchment paper and place 3-4 cookie dough balls well spaced apart.

Bake for 14-16 minutes, or until the edges are golden and the center looks puffed but slightly underdone. Allow the cookies to cool on the pan for a minute or two, then transfer to a cooling rack.

SEE YOUR EYE DOCTOR

(NAPSI)—Every year, it's important to keep your eye on your vision health. After all, the NEI, part of the National Institutes of Health, points out that your eyes deliver 80 percent of the information you take in every day.

Keep Your Eyes Healthy

To help, Henry Schein Medical and Welch Allyn encourage patients to talk to their primary care physician and ophthalmologist about eight suggestions offered by NEI:

- **Get an eye exam:** Many serious eye diseases don't have any warning signs—so you could have an eye problem and not know it. Plus, you may not realize you could see better than you do. Getting a comprehensive dilated eye exam is the best way to stay on top of your eye health.
- **Know your family's eye health history:** Many eye diseases run in families. Talk to your relatives about their eye health.
- **Protect your eyes—at work and play:** About 2,000 people in the United States get a serious work-related eye injury each day. People with sports-related eye injuries end up in the ER every 13 minutes. Wear protective eyewear, such as safety glasses, goggles and safety shields.
- **Give your eyes a rest:** If you spend a lot of time at the computer (or focusing on another specific thing), you may sometimes forget to blink—which can tire out your eyes. Try the 20-20-20 rule: Every 20 minutes, look away and focus about 20 feet in front of you for 20 seconds.
- **Wear sunglasses (even on cloudy days):** They can protect your eyes from the sun's ultraviolet (UV) rays. Get a pair that blocks out at least 99 percent of both UVA and UVB radiation.
- **Eat eye-healthy foods:** A diet rich in fruits and vegetables—especially dark leafy greens, such as spinach or kale—is important for keeping your eyes healthy. Research also shows that fish high in omega-3 fatty acids—salmon, tuna and halibut—can help protect your vision.
- **Stay at a healthy weight:** If you're overweight or obese, you're more likely to develop diabetes and other health problems that can lead to vision loss.
- **Get plenty of physical activity:** Regular physical activity can protect you from serious eye disease.

To help make eye health care easier for everyone, and advance vision health education, patients can benefit from new solutions available to doctors from Henry Schein Medical. The handheld screener uses lights and sounds to help engage children and can scan patients' eyes in seconds from three feet away, for a noninvasive experience for children who may be less comfortable than adult patients during vision screenings.

The device detects light reflexes from the retina to estimate refractive error and ocular misalignments, so practitioners can detect abnormalities quickly and accurately. There's no need to wait until children can read an eye chart.

Instrument-based vision screening of preschool children is an established and extremely cost-effective means of detecting the most common problems that would otherwise produce permanent visual impairment.


U. S. Watermelon Eating and Seed-Spitting Championships

SUNDAY, SEPT. 9, 1979

In Beautiful Park Lake

PARDEEVILLE

In the Heart of Wisconsin's Great Watermelon Country!



1978 CHAMPIONS: Flanked by 4-H Hostess Joan Rohde (left) and 4-H Host Todd Fischer (right) are divisional speed-eating champions, front row, l-r: Debbie Trahan, Pardeeville, ladies' open; Daron Boys, Pardeeville, 8-10 years; Guy Berst, Pardeeville, 0-7 years. Back row, l-r: Tim Robinson, Madison, men's open; Terry Downey, Pardeeville, 11-14 years; Lee Roberts, Rio, Seed-Spitting Champion, distance 34"-10."

FREE

ALL THE WATERMELON YOU CAN EAT

Serving From 2:00-5:00 In the Afternoon

NO ENTRY FEE, NOTHING TO BUY! ANYONE CAN COMPETE!

TROPHIES AWARDED TO WINNERS IN ALL DIVISIONS

FREE

Tons of Watermelon Served Free to All....You Don't Have to Compete to Eat!

SPONSORED BY Pardeeville Area Business Ass'n.

Where there is a will, there is a way. If there is a chance in a million that you can do something, anything, to keep what you want from ending, do it. Pry the door open.

-Pauline Kael

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5	3	6	7	4	9	1	2	8						
7	1	8	2	6	5	4	3	9						

STOVE TOP

Cheesy Tomato

GROUND BEEF & RICE

Ingredients:

1 1/2 cups instant rice, uncooked

1 lb lean ground beef

1/2 cup yellow onion, diced

8.5 oz canned corn

10.75 oz condensed tomato soup

1 cup 2% milk

1 tsp salt

1 tsp pepper

1/2 tbsp dehydrated minced onion

1/2 tbsp dried chives

2 1/2 cups cheddar cheese blend, shredded

Directions:

Prepare the instant rice according to the directions on the package and set aside.

In a large frying pan over medium-high heat fry up the ground beef with a dab of butter or margarine.

While the beef is cooking add in the diced onions.

Once the ground beef is fully cooked, drain the excess grease from the pan.

Then reduce heat to medium and add in the corn, tomato soup, milk and cooked rice. Stir well.

Add the salt, pepper, minced onion and dried chives. Stir well again.


Allow the mixture to simmer for about ten minutes and then stir in 2 cups of the shredded cheddar.

Sprinkle the remaining 1/2 cup of cheese on top and don't stir.

Allow the cheese to melt and then serve.

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10-14 SEPTEMBER

EVENT SCHEDULE

SATURDAY 10/10

7:30 PM Conference registration

SUNDAY 11/10

5:00 PM Management development program

9:00 PM Michael Johnson

TUESDAY 13/10

5:00 PM Expo hall press

Opening ceremony

WEDNESDAY 14/10

5:00 PM Closing ceremony

YOUR COMPANY HIGHLIGHT

ADVERTISING \$400

Vanilla Pumpkin

BODY SCRUB

Ingredients:

natural raw sugar, coconut oil (melted), pumpkin spice


vanilla extract, & pumpkin puree

To Make:


Combine ingredients and store in an airtight container in the fridge for up to a month.

There were 26 families on the Mayflower that are known to have left descendants. From this, it is estimated that over 30 million people can trace their ancestry back to those original families.

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A L E F R O E T N T G L J W I

C M B L Q A D L X L O I O H X

M O B P R E N O N D L B N S U

T C U R P O M N Y X D E A U M

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H G L O K L N C E P P H E D X

Y D E L I C I O U S G H O L R

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MCINTOSH
MELROSE
BRAEBURN

EMPIRE
GOLDRUSH
JONAGOLD
LIBERTY
JONATHAN
MCINTOSH
CAMEO

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Community

Second Harvest
Mobile Food Pantry
318 S. Main St. Pardeeville, WI
4th Monday of the month at 3:30 PM.

Wyocena Community
Helping Hands Pantry
Serving the Pardeeville School District
Open first 3 Mondays,
Tuesdays and Wednesdays of
the month from 10 AM-12 PM.
165 E. Dodge St. Wyocena, WI

Bread Basket
Community Food Pantry
Open every Thursday 3-5 PM.
First Presbyterian Church basement:
121 West Florence St.
Cambria, WI

Rio Area Food Pantry
104 Lincoln Ave. Rio, WI 53960
2nd, 3rd. & 4th Mondays 10 AM
- 12 PM & 4th Monday 5-6 PM.
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bria-Friesland, Doylestown, Ostego,
& Rio. ID required.

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PORTAGE, WI
HOURS:
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WEDNESDAYS: 11 AM - 12 PM
THURSDAYS: 5-6 PM
SERVING RESIDENTS
OF THE PORTAGE
SCHOOL DISTRICT.

Poynette Food Pantry
106 S. Main St., Poynette, WI
Village Hall
Hours: Tuesday 1-3 pm &
Thursday 5-7pm
Serves residents of
Poynette School District

LIVER DISEASE AND YOUR LIFE

(NAPSI)—You may be at risk for liver disease and not even know it. Consider this: Fatty liver disease affects an estimated 80 to 100 million Americans and many are completely unaware they have it. Fortunately, you don't have to be among them.

Take the Liver Health Quiz

Through a simple liver health quiz, available at ThinLiverThinkLife.org/quiz, it is easy to find out if you're at risk and learn what to do next. Those who are most at risk for fatty liver disease include:

- People with type 2 diabetes
- People who are obese or have a high BMI
- People in Asian and Hispanic communities

What To Know

Fatty liver disease is one of the most common causes of liver disease in the U.S. and the most common cause of liver disease worldwide, affecting one billion people. It is the most common form of liver disease in children in the U.S. and cases have more than doubled over the last 20 years.

Causing excess fat to build up in the liver, fatty liver disease has little to no symptoms. Its exact causes are unknown but continued research indicates genetics, digestive disorders and diet can all play a role.

Research also indicates that fatty liver disease is not caused by heavy alcohol use (alcohol-associated liver disease). Nonalcoholic steatohepatitis (NASH) is an advanced form of fatty liver disease causing inflammation and liver damage, which can lead to liver failure and the need for liver transplant.

A Look at Your Liver

A healthy liver is essential to your overall health and wellness, and performs many necessary functions such as:

- Filtering toxins from your blood
- Making bile to help with digestion
- Storing sugar for energy
- Making protein for blood plasma

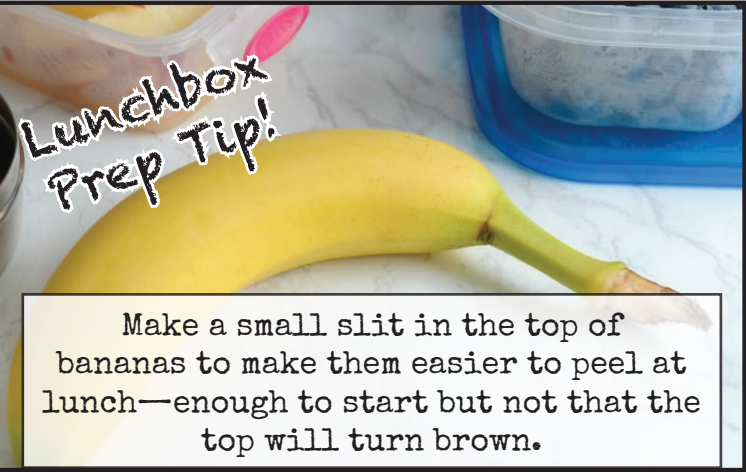
Additionally, the liver is the only solid organ in your body that can regenerate or repair itself, so getting an early diagnosis is critical. Often, liver patients can reverse liver damage or slow disease progression with a few small changes to their daily lifestyle.

Minimizing Your Risk

Everything you eat, breathe and touch is processed through your liver, therefore ensuring good liver health is critical. You can take steps to minimize your risk of fatty liver disease by following these simple tips:

- Maintain a healthy weight
- Eat a healthy diet
- Exercise regularly
- Limit alcohol intake
- Take medications only as prescribed

Getting a diagnosis early is critical for having a chance to reverse course before liver disease progresses. You can find out if you're at risk by taking ALF's liver health quiz at www.thinliverthinklife.org/quiz.



COLUMBIA COUNTY SENIOR DINING

- Sept. 2 - CLOSED for LABOR DAY
- Sept. 3 - Lasagna Casserole, Broccoli, Fruited Gelatin, Applesauce Cake, and French Bread.
- Sept. 4 - Br. Fish Fillet, Garlic Mash. Pot., Peas & Carrots, Orange, Cinnamon Roll, and Sl. Bread.
- Sept. 5 - Italian Sausage w/Bun, Baked Beans, Coleslaw, Birthday Cake, and Peaches.
- Sept. 6 - Meatloaf, Baked Potato, Tossed Salad, Pineapple Tidbits, Cookie, and Sl. Bread.

Pardeeville: 113 Industrial Dr. Pardeeville 608-617-1821
Portage: 111 E. Mullett St. Portage 608-742-9211
Columbus: 125 N Dickason Blvd. Columbus 920-763-2124
Poynette: 106 S. Main St. Poynette 608-635-2122

September has three birth flowers: the forget-me-not, the morning glory, and the aster. Forget-me-nots represent love and memories, asters represent love as well wisdom, valor and faith. Different aster colors can also carry different meanings: Purple asters symbolize wisdom and royalty, and the morning glory represents unrequited love.



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Cooking Tips

Common Kitchen Measurement Conversion

.....

1 Gallon:
4 Quarts
8 Pints
16 Cups
128 Ounces
3.8 Liters

1 Quart:
2 Pints
4 Cups
32 Ounces
0.95 Liters

1 Pint:
2 Cups
16 Ounces
480 ML

1 Cup:
8 Ounces
240 ML



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- AMMO
- ARCHERY

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PUBLIC NOTICE

Adams-Columbia Electric Cooperative (ACEC) has unclaimed patronage capital funds for former members. Funds for these people have been unclaimed for three years. In accordance with Cooperative by-laws, after 60 days from this publication, the unclaimed funds shall be forfeited to be used for educational loans, scholarships, or charitable purposes. The listing of names is published on ACEC's website: www.acecwi.com/unclaimed-patronage-capital/. If you do not have access to our website, you may request a paper copy by contacting our office.

If you know the whereabouts of these former members, please ask either the individual member or the estate executor to contact us during regular business hours, 7:30 a.m. – 4:00 p.m., Monday – Friday. If you prefer to visit our Friendship office, the lobby hours are 8:00 a.m. to 3:30 p.m., Monday – Friday. We will need the following information: the previous mailing address, service address, street, road or fire number where service was received.

We respond to all inquiries, however due to the large volume of inquiries please be patient as we do our best to serve you.



American Red Cross

PORTAGE BLOOD DRIVES

Friday, Sept. 6
Wisconsin
American Legion
2930 American Legion Dr.
Portage, WI 53901
11:00 AM-4:00 PM

Monday, Sep. 16
Caledonia
Presbyterian Church
N5123 WI-78
Portage, WI 53901
12:00 PM-5:30 PM

Wednesday, Sept. 18
Portage
MATC Campus
330 W. Collins St.
Portage, WI 53901
9:00 AM-2:00 PM

Call 1-800-REDCROSS
or visit
redcrossblood.org

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