

<b>Barre Nouvelle JUNE 2026</b> <a href="http://www.barrenouvelle.ca">www.barrenouvelle.ca</a> ** <a href="mailto:d22thompson@gmail.com">d22thompson@gmail.com</a>						<b>SUBJECT TO CHANGE</b>
Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 9:00-9:45 AM Barre & Core  5:30-6:15 PM Barre & Core	2 9:00-9:30 AM Fusion Fit  5:30-6:00 PM Fusion Fit	3 9:00-9:45 AM Stretch & Strengthen	4 9:00-9:30 AM Fusion Fit  5:30-6:15 PM Fusion Fit	5 9:00-9:45 AM Barre & Core	6
7	8 9:00-9:45 AM Barre & Core  5:30-6:15 PM Barre & Core	9 9:00-9:30 AM Fusion Fit  5:30-6:00 PM Fusion Fit	10 9:00-9:45 AM Stretch & Strengthen	11 9:00-9:30 AM Fusion Fit  5:30-6:15 PM Fusion Fit	12 9:00-9:45 AM Barre & Core	13
14	15 9:00-9:45 AM Barre & Core  5:30-6:15 PM Barre & Core	16 9:00-9:30 AM Fusion Fit  5:30-6:00 PM Fusion Fit	17 9:00-9:45 AM Stretch & Strengthen  5:30-6:15 PM Fusion Fit & Core	18 9:00-9:30 AM Fusion Fit  NO CLASS	19 9:00-9:45 AM Barre & Core	20
21	22 9:00-9:45 AM Barre & Core  5:30-6:15 PM Barre & Core	23 9:00-9:30 AM Fusion Fit  5:30-6:00 PM Fusion Fit	24 9:00-9:45 AM Stretch & Strengthen	25 9:00-9:30 AM Fusion Fit  5:30-6:15 PM Fusion Fit & Core	26 9:00-9:45 AM Barre & Core	27
28	29 9:00-9:45 AM Barre & Core  5:30-6:15 PM Barre & Core	30 9:00-9:30 AM Fusion Fit  5:30-6:00 PM Fusion Fit				