

OCTOBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Carrie Rouillard, Brandy Henry, Tori Tuttle located at Santee Health Center 402-857-2300	Waylon LaPlante located at Santee Tribal Building 402-857-2302		1 SOCIAL MEDIA POST BY WAYLON LAPLANTE	2 SOCIAL MEDIA POST BY WAYLON LAPLANTE	3 SOCIAL MEDIA POST BY WAYLON LAPLANTE	4
5	6 SOCIAL MEDIA POST BY WAYLON LAPLANTE	7 SOCIAL MEDIA POST BY WAYLON LAPLANTE	8 TRAINING	9 TRAINING	10 TRAINING	11 TRAINING
12 TRAINING	13 NO WORK- NATIVE AMERICAN DAY	14 STRENGTHENING HEARTS 5-8PM @NICC	15 BELT MAKING CLASS 5-8	16 SOCIAL MEDIA POST BY WAYLON LAPLANTE	17 S.O.C OFFICE CLOSED	18
19	20 S.O.C OFFICE CLOSED	21 DAB OUT SUCIDE BINGO 5-7	22 BELT MAKING CLASS 5-8	23 SOCIAL MEDIA POST BY WAYLON LAPLANTE	24 SOCIAL MEDIA POST BY WAYLON LAPLANTE	25
26	27 SOCIAL MEDIA POST BY WAYLON LAPLANTE	28 TRUNK OR TREAT 5PM	29 BELT MAKING CLASS 5-8	30 SOCIAL MEDIA POST BY WAYLON LAPLANTE	31 SOCIAL MEDIA POST BY WAYLON LAPLANTE	

NOTES & TASKS

The Santee Sioux Nation Society of Care—Suicide Prevention Intervention Program will be spreading National Minority Mental Health Awareness throughout the Month of October. Join our Team to help spread awareness and practical mental health tips for everyday well-being amongst our Native Communities.

There is help, there is hope.

*If experiencing a crisis, text 741741 available 24/7!

*Strong Hearts Native Helpline 1-844-7NATIVE(762-8486)

*Thrive Caring Messages (Text CARING to 65664 ages 13-24) (Text COLLEGE to 65664 college-aged)

*Healthy Native Youth (Text Mind4Health to 65664)

*National Suicide Prevention Lifeline 1800-273-8255,

*Morning Star 402-327-9711 morningstar-counseling.com

*Norfolk Faith Regional Health Services 402-371-4880

*Yankton Avera Behavior Health Hospital 605-332-4005

*Call or text 988 available 24/7