

SEPTEMBER 2026

NATIONAL SUICIDE AWARENESS MONTH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 SOCIAL MEDIA POST	2 SOCIAL MEDIA POST	3 PLANNING & WEEKLY REVIEW	4 SOCIAL MEDIA POST	5
6	7 	8 "LIGHT UP FOR HOPE" LANTERN RELEASE @ DUSK	9 SELF CARE JAR	10 TALK ABOUT IT THURSDAY!- WEAR PURPLE/TURQUOISE TO SUPPORT SUICIDE PREVENTION AND LEARN ABOUT THE WARNING SIGNS	11 TAKE BACK! -SOC OFFICE- @CLINIC	12
13	14 PARFLECHE CLASS WITH CFRA 12-2PM ONLINE ACTIVITY	15 FULL HOUSE OF HOPE- BINGO	16 SOCIAL MEDIA POST	17 PLANNING & WEEKLY REVIEW	18 SOCIAL MEDIA POST	19
20	21 DRAW WINNER FOR ONLINE ACTIVITY	22 PLANNING & WEEKLY REVIEW	23 SOCIAL MEDIA POST	24 SOCIAL MEDIA POST	25 POSITIVE AFFIRMATION BRACELETS WITH KIDS	26 Carrie Rouillard Brandy Henry,
27	28 WALK OF LIFE @ DUSK	29 PLANNING & WEEKLY REVIEW	30 SOCIAL MEDIA POST			Tori Tuttle located at Santee Health Center 402-857-2300

society of care