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March 4, 8, 11 and 25



Cullen Hayashida, Ph.D., has more than 40 years of experience in conducting research in gerontology and geriatrics. He is affiliated with the University of Hawaii's Center on Aging. He was the founding director of Kapiolani Community College's Kupuna Education Center, Hawaii's first and gerontology program offered at a community college providing non-medical paraprofessional eldercare training, family caregiving and acting aging.

5 pm - 7 pm Wondering what you will do when you retire?

Cullen Hayashida, Ph.D., Hawaii's authority on active aging, offers an inspiring vision for your life! Whether you have retired early or are planning to retire in a few years, this series will help you discover ways you can make your life more meaningful over the next 20 to 30 years and leave a lasting impact and legacy.



Dr. Hayashida practices what he teaches, staying actively engaged to share his wealth of knowledge and insights with the next generation of Hawaii's seniors. He helped found Change AGEnts Hawaii, a new active aging consortium.

St. Francis Healthcare System is glad to welcome Dr. Hayashida back to offer "Don't Retire, Rewire," a life-changing active aging virtual educational series, co-sponsored by Change AGEnts Hawaii.

Get ready to learn from others as you learn more about yourself with engaging discussions and lively virtual breakout rooms!

Free! Limited to 20 participants. Register today!



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