

Therapeutic Counseling Group facilitated by...

First Position Therapy & Counseling Center, LLC.

Executive Functioning & Study Skills Group



<p>GROUP FOCUS</p>	<p>This group is ideal for the student who may need help in the following areas: attention, task completion, task initiation, organization, procrastination, hyperactivity, inattentiveness, etc. Your student/ child/ teenager will learn strategies to change their behavior in order to achieve the goals that they set forth for themselves. They will have the opportunity to also meet other students in their age group who are learning to cope with and improve upon similar tasks. Group members will also learn how to set goals and put a plan in place to follow their goals!</p>
<p>SESSION START (DURATION); LOCATION</p>	<p>Fall 2021 (8 weeks); Saturday's Virtual/ Online Group</p>
<p>TARGET AGE GROUP/ GRADE</p>	<p>Cohort I: Ages 12-13 or Grades 6-8 Cohort II: Ages 14-17 or Grades 9-12</p>
<p>CONTACT</p>	<p>Email: whitneylpc@firstpositiontc.com Website: http://firstpostiontc.com</p>
<p>COST</p>	<p>\$40 per group session</p>