

WEEK ONE DEVOTIONAL

Preparing for the Journey

January 1-7, 2025

Welcome to your first week of the 100-day challenge!

This is Week One of the challenge which runs from Wednesday, January 1 to Tuesday, January 7. This week, you'll lay a solid foundation for the journey ahead and let me assure you, God is leading you somewhere amazing over these next 100 days. You're going on an important journey and no trip is successful without the essentials: food and water, a map and compass, and most importantly, a destination. This week, spend some time with God and reflect on these five essentials to ensure your journey is successful:

Determine where you're going.

Why are you doing this? What does God want to accomplish in and through you during these 100 days? Is it to draw closer to God, to support your nation, or to grow in your faith? There are many good reasons, but this week, narrow it down to one. This clarity will keep you steady when the journey feels long.

Identify who you're serving.

Who would benefit from your 100-day commitment? Is it a person, a community, or future generations? Imagine how will they benefit today and in the future. Understanding the greater impact of your sacrifice helps you press on, especially when the journey starts to feel mundane.

Prepare your "bread" for the journey.

Select a personal Scripture that will serve as your sustenance and anchor you for the journey. This will be a constant reminder of God's vision for you and those you're called to serve. Meditate on it, declare it, and rejoice and it's an indicator of what God is doing in your and your life!

Map your 100-day plan.

Plan ahead how you'll incorporate the weekly devotionals, 1-minute of blessings, journaling, and accountability into your life. Will you do your devotional in the morning or evening? Perhaps you can do your 1-minute blessings while commuting, feeding your kids, or walking your dog. Create a plan that fits your lifestyle and keeps you consistent.

Gather your toolkit.

You'll need a Bible, journal, stopwatch to track time, accountability (this can be a check in partner or a group who's doing the journey with you), and access to online resources from the Let's Bless Our Leaders team (website and Instagram).

Okay History Maker! I think you're more than equipped for the road ahead. Next week, we'll cover some nuts and bolts of the 100 days challenge before we dive deeper into Scripture and blessing our leaders.

Thank you for taking part and have a great week ahead.

WEEK ONE PRAYER POINTS

January 1-7, 2025

Thank you for making my prayers powerful.

Scripture: James 5:16 – Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working. (ESV)

Prayer: Lord, thank you for the power of prayer and this 100-day adventure with you. Help me to pray with boldness, knowing that my prayers can bring healing, change, and breakthrough. Teach me to pray for others with compassion and faith, trusting that you hear every word. May my prayers reflect your heart and will for my leaders, which are always good!

Help me go through this journey with joy, peace, and hope.

Scripture: Romans 15:13 – May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope. (ESV)

Prayer: Holy Spirit, fill me afresh with your joy and peace for this journey. Ignite hope in me, making me a beacon of hope to everyone around me. I believe that my hope will be contagious!

Help me to persevere in doing good.

Scripture: Galatians 6:9 – And let us not grow weary of doing good, for in due season we will reap, if we do not give up. (ESV)

Prayer: Lord, help me not to get tired of doing good, even when it feels like no one notices or that nothing is happening. Keep me going, knowing that the harvest is coming if I don't give up! I know this applies to the 100 days but also anything I might be facing in my life at this time.

Awaken my understanding of my identity in Christ.

Scripture: 1 Peter 2:9 – But you are a chosen race, a royal priesthood, a holy nation, a people for his own possession, that you may proclaim the excellencies of him who called you out of darkness into his marvelous light. (ESV)

Prayer: Thank You, God, for choosing me, setting me a part, and giving me the honor of telling the world about who you are. Help me to see my royal status and authority during this journey. Help me live out this amazing adventure in the fullness of my identity in Christ...with great joy!

Help me to be generous with my blessings for my leaders.

Scripture: Proverbs 11:25-26 – Whoever brings blessing will be enriched, and one who waters will himself be watered. The people curse him who holds back grain, but a blessing is on the head of him who sells it. (ESV)

Prayer: Lord, help me to be generous and open-handed with all that you've given me. I pray that as I bless others, you would enrich my life in ways I can't even imagine. Teach me to be a vessel of your love, knowing that as I pour out words of grace for others, my nation will be replenished by your grace.

AMEN!