## **Cat Nip Sticks**

Yardage:

Large Sticks: 7 ½" x 16" Small Sticks: 7 ½" x 10"

Notions: 3 1/2" pieces of trim, Poly Fil,

Cat Nip, jingle bells(optional)



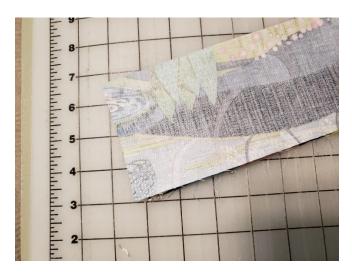
## **Sewing Instructions:**

1. Place Trim with edge along half of one end of the strip as shown.





2. Fold strip in half.



3. Stitch side and end with ½ inch seam (you may adjust your stitch length to a bit smaller than normal...I use a 2.0 on my Baby Lock), make sure that your trim is secured in the end seam.



4. Turn inside out and press.





5. Topstitch close to edge.



6. Turn in open end ½ inch and press.



7. Stuff tightly with Poly Fil, adding teaspoonfuls of cat nip occasionally – insert a jingle bell if desired.

8. Insert one end of each trim piece in open end, making sure that at least ½" is inside. Using coordinating thread, Stitch opening closed.



10. Your Cat Nip Stick is finished and ready for your favorite kitty to enjoy!





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