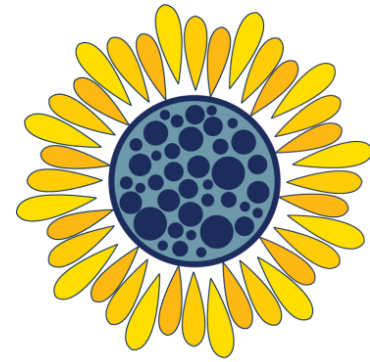


Sweetheart Mug Rugs



The SASSY
SUNFLOWER

Yardage:

From assorted Red and Pink Fabrics

Cut into 7 1/2" strips varying in widths from 1 1/2"-2 1/2" (for each mug rug you will use 7-8 strips)

Backing: Cut (1) 7 1/2" square

Batting: Cut (1) 7 1/2" square



1. Lay one strip, right side up on edge of the batting square. Lay another strip right side down with edges lined up. Stitch 1/4" from the edge.



2. Fold strip open, and press. Continue adding strips in the same manner until the batting is covered.



3. Quilt if desired, or use a decorative stitch.



6. Position the heart with right side down on the backing.



4. Trace Heart shape onto fabric/batting. Cut on drawn line. (Heart Pattern is on front page)



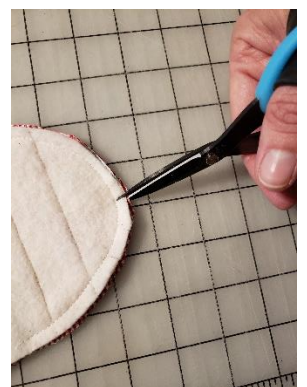
7. Stitch around the heart 1/4" from the edge. Leave open a 2-3 inch space along one side to turn.



5. Stitch desired trim and buttons in place.



8. Trim tip of heart and clip curves, being careful not to cut thru the stitched seams.



9. Turn Right side out and press.



10. Topstitch at 1/8" from the edge.



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