

# 2018 OYLA Regulation Summary

The 2018 OYLA Regulations and Rules Summary tables are supplemental to the US Lacrosse NFHS (National Federation of High Schools) Boys Lacrosse Rulebook which includes the US Lacrosse Youth Rules. OYLA rules are based on US Lacrosse Rules and every coach and official should only use this information in conjunction with the rulebook.

| Grades                    | 1 + 2  | 3 + 4  |
|---------------------------|--|--|
| Field, Game               | 60 yds X 35 yds<br>(cross field)<br>3 v 3  | 60 yds X 35 yds<br>(cross field)<br>6 v 6 – goalie   |
| USLAX Rule Category       | U8   | U10  |
| D Poles?                  | No   | No   |
| Team Time Outs            | Stop Clock Games - 2 per team per half<br>Running Clock games 1 per team per half  | Stop Clock Games - 2 per team per half<br>Running Clock games 1 per team per half  |
| Overtime                  | No   | No   |
| Time Serving Penalty      | No<br>Substitution and Turnover<br>No Man-down play  | No<br>Substitution and Turnover<br>No Man-down play  |
| Offsides Enforced         | Yes  | Yes  |
| Official Scores Table     | No<br>Yes<br>Coaches track goal differential   | No<br>Yes<br>Coaches track goal differential   |
| Stalling                  | Waived   | Waived   |
| Advancing the Ball        | No Counts<br>'Advance the ball' verbal command followed by a 5 second visual count in either offensive or defensive end at referee's discretion                                      | No Counts<br>'Advance the ball' verbal command followed by a 5 second visual count in either offensive or defensive end at referee's discretion  |
| Face-Offs                 | When the score has reached a four or more goal differential, in lieu of face-off, the ball will be given to the trailing team at midfield<br>Coaches May Not Waive This Requirement! | When the score has reached a four or more goal differential, in lieu of face-off, the ball will be given to the trailing team at midfield<br>Coaches May Not Waive This Requirement!                 |
| Body Checking             | <b>Not Permitted</b><br>No man-ball of any type.<br>Loose ball boxing out contact called at the official's discretion.   | <b>Not Permitted</b><br>Illegal Body Checks include man-ball 'clear the body' type pushing.<br>Loose ball boxing out contact called at the official's discretion.                                    |
| Slashing                  | No Contact Permitted   | Poke and lift checks to the bottom hand (below the chest).<br>Poke and lift checks to the head of the stick (below the chest).<br><br>Any one handed check, even if there is no contact, is a slash. |
| 4 Second Goalie Count     | No   | No   |
| Game Time (Running clock) | 25 minute halves   | 25 minute halves   |

**USE ONLY NOCSAE APPROVED BALLS**