



QUICK START GUIDE Setup User Accounts

INSTRUCTIONS

- 1. Download the App or use the desktop version: app.pandastronger.com
- 2. Click CREATE and Select COACH, PARENT or ATHLETE as your profile type
- **3.** Setup Your Profile by entering the required information:
 - ✓ Enter birthday, gender and weight (Enter 999 if you don't want to participate in analytic fitness calculations).
 - ✓ Choose your privacy settings.
 - ✓ Save Info.

4. Confirm Your Account Via Email

- ✓ Check your spam folder if you do not see the confirmation email. It will come via Google Firebase from the email: noreply@pandastronger-dev.firebaseapp.com
- ✓ Log into the app OR in a desktop browser at app.pandastronger.com
- **5.** Troubleshooting: What if I do not get the email confirmation? Options to fix:
 - ✓ Check your spam or junk folder
 - Check your firewall settings to receive confirmation emails
 - ✓ Go back to the login screen and select "Forgot Password"
 - ✓ If that still does not work, create a free Gmail email account and create a PANDA Stronger account using that Google email
- **6.** Troubleshooting: What if I get a blank or white screen after verifying my email?
 - ✓ Log into the desktop version using a new browser @ https://app.pandastronger.com
 - ✓ Use the credentials you used to create the account
- **7.**If you are still having issues, contact customer support at support@pandastportstech.com

Need Help?