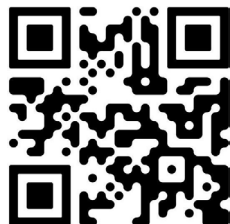




Q: How do I access the application?

There are two ways to access the application:

- ✓ You can download the APP via Google PLAY or the Apple App Store. Search using “PANDA Stronger”. Here is a QR Code to access your app store:



- ✓ You can also access the desktop/web version of the app at <https://app.PANDAStronger.com>

TEAM MANAGEMENT & REGISTRATIONS

Q: How do I register my child for a school or club?

1. If you already have a “Parent” PANDA STRONGER user account, go to step 4.
2. **Create FREE accounts** for both parent and athlete:
 - Go to <https://app.PANDASportsTech.com>; OR...
 - Download the PANDA Stronger app from Google Play or the Apple App Store using the QR code above.
3. **Verify your email** (check spam/junk folders).
4. **Log into the APP**
5. Click on the registration link provided by your Athletic or Club Director (via email, text, or website).
6. **Complete registration** by following your school or club’s instructions.
7. **NOTE: If you have multiple kids to register for the school or club, use the link to separately to register each child. Each child must have a unique registration. Each registration should have a unique Parent-Child relationship in the registration process.**

Q: I didn’t receive an email verification link when trying to set up our parent or athlete accounts. What should I do?

- ✓ First, Check spam/junk folders for an email from Google Firebase. It should come from an email like: **no-reply@pandastronger-app.firebaseio.com**
 - ✓ If that does not work, confirm your email is correct by clicking “**Forgot your password?**” to trigger a new email.
 - ✓ Still not working...If you used a school email, a firewall may could block the Google Firebase verification link — try using an optional personal email instead.
 - ✓ And still not receiving the link? Set up a free Gmail account and register again.
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Q: I downloaded the APP and I have registered my kids. What happens next?

1. Accepted Registration:
 - ✓ If the Athletic Directors accepts all the forms submitted, you will receive an invite from the school or club to join your team.
 - ✓ This is important as your coaches and athletic directors will communicate with you via the Team. Calendars will also be shared through the Team app.
2. Rejected Registrations:
 - ✓ If any form is rejected by the Administrator or AD, you will be notified inside the app of the rejection. In the alarm bell on the main menu, you will see an alert of the rejection from the school AD or registrar
 - ✓ You can resubmit any changed or updated form via the “resubmit” link.
 - ✓ Optionally, you can go to >>Registrations>>Manage My Registrations>>{School or Club Registration Tile}
 - ✓ If a resubmission is required, you will see a blinking blue dot next to a hyperlink that says “Resubmit”

Q: My spouse wants to access the team calendar. How can they join?

1. Spouse should create their own **free “Parent” PANDA Stronger account.**
2. In the app, go to **Teams > Go to my teams.**
3. Search for the team’s name (ask coach/AD if unsure).
4. Click **“Request to Join.”**
5. A Coach or Administrator will accept your pending request

Q: How do I sync the team calendar to my phone?

- ✓ **Must be done in the app.** You cannot sync the calendar on your laptop or desktop.
- 1. Go to your **Team > Calendar.**
- 2. Tap **“Sync to phone’s calendar”** in the top right corner above >>Month/Week/Day/List.

Q: I chose the wrong account type (Parent vs. Athlete). What now?

- ✓ If you haven’t completed a registration, you can:
 1. Go to **Account Settings > Account and Privacy Info.**
 2. Scroll down and click **“Delete Account.”**
 3. Recreate the account using the same email, with the correct profile type.
- ✓ If you have submitted a registration for an athlete or joined a team, please contact support@PANDASportsTech.com to request a profile change. Changes of this type usually take 48-72 hours to take effect.



ATHLETE PROFILES & ACCESS TO MORE TOOLS

Q: How do I set up my profile or my child's profile?

- ✓ Go to **Account Settings > Account and Privacy Info**.
 - ✓ Adjust your privacy settings that fit your requirements
- ✓ Choose your subscription preference
 - ✓ Free version gives you a basic profile and access to your registrations and teams
 - ✓ PANDA+ PRO gives your athlete access to the following:
 - The College Recruiting Portal
 - Add a Video Bio on your profile page
 - Unlimited game highlight and video storage
 - Unlimited Analytics via the Comparison tools
- ✓ >>Account Settings>>My Profile Info
 - ✓ Set the information you wish to share publicly on your profile
 - Link your public profile to other social media accounts
 - Publish your academic info you want college coaches to see
 - Physical metrics
 - Athletic history (resume)

Q: What are the benefits of the College Recruiting Tool in PANDA Stronger?

- ✓ Athletes must have a PANDA+ PRO subscription to access this module
- ✓ Athletes can send their profile to a database of 94k+ college coaches representing 20+ college sports via D1, D2, D3, NAIA, & JuCo
- ✓ Athletes can research important data about the schools and coaches:
 - ✓ If coaches have X, Instagram, Facebook accounts, they can link directly to them.
 - ✓ Access to college team X, Instagram, and Facebook accounts
 - ✓ Information about important school metrics (e.g., GPA, SAT, # of undergrads, tuition, majors offered, etc.)
 - ✓ If emails are available, email their public profile directly to a college coach

Q: How can I enter and track my workout information?

- ✓ From the main menu, select >>**Fitness & Analytics**>>**Enter a Workout**
- ✓ Title the workout and provide an optional description
- ✓ Click "Add Exercise(s)" and choose from over 350 different workouts from our database
 - ✓ Add multiple sets



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- ✓ Save workouts to your Favorites
 - ✓ Have a coach verify your workouts
 - ✓ Corroborate your workout with video evidence
 - ✓ See your workout history and personal bests on your Workout tab on your PROFILE in >>SOCIAL & PROFILE
-

Q: What other tools beyond the PROFILE and the College Recruiting tools do Athletes have available to them?

- ✓ All users can connect with other users in the system
 - ✓ >>SOCIALS & PROFILE >>Search Users
 - ✓ Find and follow other PANDA Users in the system
 - ✓ Athletes can display their favorite game highlights of their performance through PANDA Social
 - ✓ Only connected users (e.g., following or followers) can see a user's social posts
 - ✓ >>SOCIALS & PROFILE >>Social Post
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