



AI-Assisted Notetaking & Telehealth Consent Form

Davina Counselling & Psychotherapy

Purpose of This Consent To enhance the quality and clarity of our sessions, we use secure digital tools—Heidi Health for AI-assisted notetaking and CoviU for telehealth consultations. These technologies help us focus more fully on our conversation while ensuring accurate documentation and safe, accessible care.

What You're Consenting To By signing this form, you acknowledge and agree to the following:

- **Use of Heidi Health:** During in-person or telehealth sessions, Heidi may be used to assist with notetaking. Audio recordings are securely processed and deleted immediately after transcription. Notes are encrypted and stored in compliance with Australian Privacy Principles (APPs), HIPAA, and GDPR standards².
- **Use of CoviU Telehealth Platform:** Sessions conducted via CoviU are encrypted and browser-based, requiring no software installation. CoviU complies with Australian security standards for telehealth delivery⁴.
- **Data Privacy & Storage:** Your personal information is handled with care. Data is stored securely within Australia. For New Zealand clients, data may be stored offshore, and explicit consent is required.
- **Your Rights:** You may ask questions, request access to your records, or withdraw consent at any time. We will never use session materials for purposes other than your care.

Your Responsibilities

- Ensure you are in a private, quiet space during telehealth sessions.
- Provide your location at the start of each telehealth session.
- Let us know if you have concerns about technology use or data handling.

Consent Statement I understand the purpose and scope of using Heidi Health and CoviU in my care. I have had the opportunity to ask questions and feel comfortable proceeding.

Name: _____

Date: _____

Signature: _____