



### **Let's talk POLYNUCLEOTIDES (PhilArt)**

Great for collagen banking, anti-ageing, improving scarring and skin texture!

Polynucleotides are naturally occurring molecules made of long chains of the building blocks of DNA and RNA which target cells called fibroblasts. Fibroblasts have strong regenerative properties – their job is to stimulate skin regeneration and repair. Polynucleotides tell fibroblasts to make more fibroblasts, and to work harder!

#### **Where is it used?**

Anywhere you have skin! But most commonly - eye area, face, neck, décolletage, areas of scarring (face or body).

#### **Who would benefit?**

Polynucleotides are suitable for most skin types/ages, major benefits include:

- Undereye treatments are amazing for giving a fresh, awake look! Polynucleotides improve the appearance of dark circles, fine lines, crepey skin and puffiness
- Reducing appearance of fine lines and wrinkles
- Improving appearance of scarring (e.g. acne scars)
- Improving skin strength, elasticity and structure
- Reducing inflammation (great for sensitive skin) and protecting against external damaging factors

Last thing to mention... you may have heard this referred to as the 'salmon sperm facial'! They DNA strands are extracted from salmon sperm – don't worry, they are then distilled, purified, broken down into small chains and mixed into a water formula!

*This does make polynucleotides unsuitable if you have a fish allergy or if you are vegan.*

#### **Procedure/Appointments**

- Appointment: 45-60 mins
  - Numbing cream 20-30mins, consultation, treatment itself around 10 mins
- Main side effects: Swelling almost certain (24hrs peak), bruising possible
- Back to work: Following day (no exercise/make up/alcohol for the rest of the day)
- Course of three initial appointments 2-3 weeks apart
- Maintenance treatment: Every 3-9 months
- No sunbathing/sunbeds for 2 weeks

*Top tip – if you are considering tear trough filler this is a great alternative to consider first!*

#### **How much does it cost?**

- Single treatment £225
- Second and third treatment of course £200
- Additional syringes can be added to the same treatment for £150

