



In the End

My Angel Janice offers support and guidance to the seriously ill and their families.

by Kelli Comer

When it comes to making plans for a future without you in it and organizing your final wishes, you may feel uneasy and think this is a morbid task that can be put off for another time. The one constant in life is its unpredictability, so it's important to make sure your loved ones are taken care of exactly how you want once you're no longer here.

When unexpected life events occur, oftentimes important conversations have not been addressed and those responsibilities fall on another person. Being thrust into this role quickly and unexpectedly can take its toll. It's important to be proactive and have a plan in place to give yourself and your loved ones some peace of mind.

Janice Lombardo, owner of *My Angel Janice*, is here to help you avoid that devastating situation and help you to have those uncomfortable conversations. Janice is a medical advocate, caregiver, cancer survivor and volunteer. In April 2020, she became a Certified End-of-Life Doula. Her support services include directive planning, legacy projects, caregiver respite and bereavement support.

"My life experiences over the last 20 years coupled with my recent certifications have put me in a unique position to offer personalized consulting and support services to anyone navigating their own or a loved one's serious illness or end-of-life journey," Janice explains.

As a holistic caregiver, Janice provides



Janice Lombardo

non-medical, non-judgmental support and guidance to seriously and chronically ill individuals and their loved ones. Janice completed her SAGECare (Senior Action in a Gay Environment) Platinum Level LGBT Cultural Competency Training to better serve those LGBT seniors and their caregivers. She is a newly certified WillowEOL Educator—the first in Northeast Ohio to hold this distinction. With this certification, Janice can help educate those with end-of-life questions.

In 2021, Janice added published author to her notable résumé. Spearheaded by Tamelynda Lux, *Bold Spirit: Caring for the Dying* is a collection of experiences as told by end-of-life practitioners. The co-authors exemplify what it means to step up in a very open and often vulnerable way in the field of end-of-life care.

"I have experienced many of the challenges faced by those who are ill and those family and friends who support them," says Janice. "This journey should not be traveled alone. I offer my support and guidance to make the experience less stressful and more peaceful for everyone."

To reach Janice, call 440-494-6263 or email myangeljaniceceold@gmail.com. For more information, visit MyAngelJaniceCEOLD.com. Visit BoldSpiritCaringForTheDying.com to learn more about the book and its authors.