

Annelies M. Gentile, MA, PCC

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PROFESSIONAL EXPERIENCE

Integrative Life and Leadership Executive Coach, Facilitator, CEO

Conduit for Change, LLC

2008-present

Client Highlights:

Wake Forest Baptist Medical Center, Rex Hospital, UNC-Healthcare, City of Raleigh, Wake County Government, NCSU, Wake County Public Schools, Caldwell Fellows, Wake Forest Chamber of Commerce, Raleigh Chamber of Commerce, Bank of America, Fidelity Bank, IBM, GSK, United States Center for Refugees and Immigrants, Center for Human-Earth Restoration, Wind River Foundation, Full Circles Foundation, Wake Forest Leadership, Pink Foundation, NC Bar Association, Campbell Law School, Captrust Financial and more.

Integrative Life and Leadership Executive Coach, Speaker, Facilitator:

- Annelies works as a Coach to support and nurture leaders facing personal and professional change. She works one-to-one and speaks/facilitates groups to inspire personal growth and professional development to evoke awareness and positive behavior change for successful outcomes with measurable results. She contributes growth in the following areas.
 - *Professional Development*: transformative leadership, strategy, change management, time management, career transition, workplace wellness, communication, navigating difficult conversations, ethics, conflict transformation, diversity/inclusion, team dynamics, being assertive, ideation, business development
 - *Personal Growth*: stress reduction, emotional wellness, mindfulness, life change, intimate relationships, divorce, anxiety, addiction, grief, direction, focus, confidence, creativity, wellbeing, retirement, purpose, path, spiritual nurturing, death and dying
- Keynote Speaker and facilitator for conferences, events, retreats, ceremony, ritual. In-person and virtual.
- Design curriculum for integrative experiences, seminars and programs that encourage support, leadership development, positive behavior change, increased emotional intelligence, improved communications, ideation, creative expression, highest potential and goal achievement.
- Maintain excellent professional standards as aligned with ICF (International Coach Federation).
- Engage in on-going client support, program development, community outreach and networking.

Success Story Highlights:

- Coached "Dan" 48, CFO up-level career from law to non-profit, then secure over \$1 million in-kind donations.
- Coached "Sue" 59, Executive Director to navigate catastrophic personal and professional change.
- Coached City of Raleigh executives three years in a row for leadership development programs, including serving infrastructure, emergency, fire-fighters and police directors facing budget and staff cuts.
- Presented virtual and in-person conferences on various topics from ethics, mindfulness, mental health and emotional wellbeing to transformative leadership for UNC-Rex Healthcare, NC Bar Association and GSK.

Visual Artist and Process Artist

1992-present

(List of public art installation and live performance painting events available upon request.)

- Creator of inspiring interactive pieces of art, sculpture and experiences that engage, educate, transform and transcend. From photography to fabric, paint, copper and steel, works have been displayed from the UAE Embassy in Washington DC to commissioned private residence art valued at 5K+ to live performance paintings produced on-stage for large conferences.
- One titled *Out of the Frame a Leadership Game (2015)* was painted live at the ICF Raleigh conference and is now used as insightful change management tool for perspective, creativity and collaboration. Recently entered in a paid exhibit to hang at the NC Medical Board headquarters in Durham, NC.

PUBLISHED AUTHOR

[From Chaos to Calm :: Leading Change From the Inside Out](#) (paper, kindle and audiobook) **2018 & 2020**

A quiet call to wake up to our individual and collective role and responsibility in solving our most pressing 21st century problems by cultivating resiliency at the personal level first. In this part personal story, part philosophy and part guide-book, you'll learn useful nuggets for life, leadership and well-being.

- Published by WriteWay Publishing and Findaway Voices. 5-stars on Amazon.

ADDITIONAL PROFESSIONAL EXPERIENCE

Freelance Designer, Manager, Production Assistant, Producer/Director **1992-2008**

Worked as a personal hair, wig and make-up designer for celebrities, production assistant for film productions, department head manager for National Broadway Tours and NC Theater; largest regional theater in the Southeast, UNC-TV on/off camera talent, and much more, including producer/director of an award-winning short film.

- **Political and entertainment celebrity clients - list available upon request.**
- **Broadway productions and national tours - list available upon request.**
- [Journal at Lake Johnson](#) (award-winning short film featuring a community journal service project, also featured on NPR's Dick Gordon The Story (twice). Over 1.5 million views on Youtube.

Operations Manager :: Rank Group Hard Rock Cafe **Dubai, UAE** **2003-2004**

- Responsible for management of staff, leadership, customer relations, scheduling, continuity, food safety, cultural awareness, religious restrictions and general operations at Hard Rock Café' in Dubai, UAE.

North Carolina Theater :: Designer, Department Manager **Raleigh, NC** **1995-2003**

- Responsibilities included but were not limited to leadership, department supervision, design, and continuity while working closely with star performers under high-stress deadlines and challenging conditions.

Matrix Essentials International+ :: Regional Educator **Southeastern USA** **1995-1996**

- Educated hairdressers state-wide on product knowledge, color theory and organized educational seminars for global corporations including Matrix Essentials, Logics, Zotos International and Paul Brown.

UNC-TV :: Department Artist & Production Assistant **Durham NC** **1994-2003**

- Responsibilities included but were not limited to leadership, department supervision, design, and continuity while working closely with political and community leaders under high-stress deadlines and challenging conditions. Client relations include former NC Governors Bev Perdue, Mike Easley, and NBC's Brian Williams.

EDUCATION and CREDENTIALS

ICF International Coaching Foundation Credential		
<i>PCC Professional Coach Certification</i>		2019
<i>ACC Associate Coach Certification</i>		2016
Master of Arts in Health and Wellness Coaching	Laurel MA	2013-2015
<i>Maryland University of Integrative Health</i>		
Bachelor of Liberal Studies: Creative Process and Social Change	Raleigh, NC	2012-2014
<i>St. Augustine's College</i>		
Conflict Transformation & Peacebuilding in Expressive Arts	Saas-Fee Switzerland	2012-2013
<i>European Graduate School</i>		
Transformative Leadership Graduate Studies	Laurel MA	2010
<i>Tai Sophia Institute</i>		
Landmark Education Forum Leadership Training	Greensboro NC	2002
Non-Denominational Ordained Minister		
<i>Universal Life Church</i>	Modesto, CA	2007
<i>EarthStar Spiritual Center</i>	Greensboro NC	2021

BOARD LEADERSHIP, VOLUNTEER and COMMUNITY SERVICE

Executive Coach Volunteer: NC Leaders	Raleigh, NC	2018-present
Executive Coach Volunteer: NCSU Caldwell Fellows	Raleigh, NC	2018-present
Volunteer: US Center for Refugees & Immigrants	Raleigh NC	2016-present
Board Member: Triangle Art Works	Raleigh NC	2020-2022
Board Advisor: Center for Human-Earth Restoration	Raleigh NC	2012-2015
Board Member: NC Art Therapy Institute	Durham NC	2011-2012
Intern: Chrysaleye Consulting, LLC	Raleigh, NC	2012
Intern: ARTStream	Raleigh NC	2011
Intern: Tilt Leadership Inc.	Raleigh NC	2011
Rotary and Kiwanis Club	Raleigh NC	2005-2007
Volunteer and Art Donor: AIDS Service Agency	Raleigh NC	1993-1998
Volunteer: Rex Hospital	Raleigh NC	1993-1995
Volunteer: De Vieken Dutch Club	Raleigh NC	1986-present
Volunteer: Raleigh Little Theater	Raleigh NC	1993-1995
Youth Group Advisor: Unitarian Fellowship	Raleigh NC	1992-1995

SOCIAL CHANGE PROJECTS (highlights list)

<i>Centered Self, Movement, Mindfulness, Health and Happiness</i>	Raleigh NC	2021
<i>Wisdom Circle Mastermind (mindful business development)</i>	Raleigh NC & Virtual	2015-2017
<i>The Journal at Lake Johnson (documentary short film)</i>	Raleigh NC	2011
NPR National Public Radio (http://thestory.org 'the notebook')	Raleigh NC	2010, 2011
Rescue Mission Homeless Shelter (heARTWORKS Empowerment)	Raleigh NC	2010
St. Augustine's College (HeartBEATS for HAITI Fundraiser)	Raleigh NC	2010

SELECTED ADDITIONAL TRAININGS/CERTIFICATIONS/AWARDS

WBON Women Business Owners Network Scholarship	Cary NC	2018
InterPlay expressive arts teacher training	Raleigh, NC	2018
Mindfulness Teacher Training Certification/Hatha Yoga	Raleigh NC	2010
TEFL Teaching English as Foreign Language Certification	Raleigh NC	2005
Honors: Alpha Kappa Mu Honor Society	Raleigh NC	2010
Award & Honors: St. Augustine's College	Raleigh NC	2010
Outstanding Achievement Art Competition: Women's Club	Raleigh NC	1989
Cosmetology license, Mitchell's Hairstyling Academy	Raleigh NC	1992-1993
Award: Fantasy Competition Mitchell's	Greensboro NC	1993
Award: Volunteer of the Year Raleigh Little Theater	Raleigh NC	1992-1993
Dale Carnegie Scholarship	Cary NC	1992
Junior Achievement Scholarship	Cary NC	1989

PERSONAL ATTRIBUTES

- Empathy, compassion, kindness, excellent interpersonal skills, high emotional intelligence, direct and bold
- Creative, self-motivated, leader, critical thinker, big-picture future thinker, visionary, pro-active problem-solver
- Familiar with speaking basic conversational Spanish and Dutch languages
- Diversity conscious, very comfortable with all cultural differences, a great bridge-builder, peacemaker
- Very experienced with death, dying and grieving process, cycles of change, transformation and emergence
- Well-traveled: 22 countries and 48 US states, including Cuba, Dubai and the UNESCO city of Fez, Morocco

COMPLETE CV AVAILABLE UPON REQUEST

REFERENCES AVAILABLE UPON REQUEST