

## Annelies M. Gentile, MA, PCC

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### CURRENT PROFESSIONAL EXPERIENCE

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Conduit for Change, LLC

2008-present

**Summary:** *Annelies M Gentile, MA, PCC is a Visionary, Integrative Life and Leadership Executive Coach, Speaker, Process Artist, Facilitator and Author of From Chaos to Calm :: Leading Change from the Inside Out, an invaluable guide to resilience— sense, solace and sanity for our rapidly changing world.*

*From eliminating burnout to nurturing ideas, momentum and transformative leadership to creative expression and tending grief associated with change, Annelies influences all levels of change from micro to macro. She coaches one-to-one, facilitates groups, leads retreats, and inspires many as a speaker.*

*Annelies works with C-suite executives, non-profit and community leaders, and small business owners including organizations and groups facing personal and professional change.*

*Annelies holds a Masters degree in Coaching and is a Professionally Certified Coach (PCC) with ICF. She brings 33 years of career experience to helping leaders traverse gaps of uncertainty with courage, creativity and grace.*

**Client Highlights:** IBM, GSK, SAS, NCSU, City of Raleigh, Wake County Government, NCDOT, Fidelity, Bank of America, Helm, Wake County Public Schools, Baptist Medical Center, Rex Hospital, UNC-Healthcare, Wake Forest Chamber of Commerce, Raleigh Chamber of Commerce, United States Center for Refugees and Immigrants, Center for Human-Earth Restoration, Wind River Foundation, Full Circles Foundation, Wake Forest Leadership, Pink Foundation, NC Bar Association, Campbell Law, Captrust Financial, Iron Mountain, Wake Medical Center, Spring Arbor, Temple Beth Or in Miami, OLLI, NAMI, Novo Nordisk and more.

**EXPERTISE:** Integrative Health/Wellness, Resilience, Transformative Leadership, Conflict Transformation, Change Management, Imposter Syndrome, Behavior Change, Creative Process, Teambuilding, Mindset, Mindfulness, Compassion Fatigue, Spirituality, and Grief.

**Annelies contributes growth in the following areas:**

- **Professional Leadership Development:** transformative leadership, change management, career transition, imposter syndrome, workplace wellness, communication, agile strength building, navigating difficult conversations, conflict transformation, inclusion, team dynamics, ideation, and more.
- **Personal Growth:** stress reduction, health and wellness, mindfulness, behavior change, intimate relationships, divorce, anxiety, addiction, grief, direction, focus, confidence, creativity, wellbeing, creative retirement, purpose, path, spiritual nurturing, and more.

**Supporting Professional Experience:**

- Keynote Speaker and facilitator for conferences, events, retreats, opening ceremony. In-person and virtual.
- Designs curriculum for integrative experiences, seminars and programs that encourage support, leadership development, positive behavior change, increased emotional intelligence, improved communications, ideation, creative expression, highest potential and goal achievement.
- Maintains excellent professional standards as aligned with ICF (International Coach Federation).
- Engages in on-going client support, program development, community outreach and networking.
- Experienced with Myers-Brigg, 360, Tilt, Hogan Assessments, Positive Intelligence training and others.

## Client Success Story Highlights: [TESTIMONIALS](#)

- Coached "Maria" 46, Senior Operations Manager of a global pharmaceutical company through imposter syndrome which strengthened her team, confidence, sense of peace, and ability to lead more effectively.
- Coached "Dan" 48, CFO up-level career from law to non-profit, then secure over \$1 million in-kind donations.
- Coached "Sue" 59, Executive Director to navigate catastrophic personal and professional change.
- Coached dozens of City of Raleigh executives three years consecutively for leadership development programs, including serving infrastructure, emergency, fire-fighters and police directors facing budget and staff cuts.
- Coached global financial DEI Executive through two new positions, team-dynamics, personal relationship changes, grief of parent's illness then passing and embracing creative retirement and dream to live overseas.
- Presented virtual and in-person conferences on various topics from ethics, mindfulness, mental health and emotional wellbeing to transformative leadership for local, national and international clients.

## PUBLISHED AUTHOR

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***From Chaos to Calm :: Leading Change From the Inside Out*** (paper, kindle and audiobook) **2018 & 2020**

*A quiet call to wake up to our individual and collective role and responsibility in solving our most pressing 21st century problems by cultivating resiliency at the personal level first. In this part personal story, part philosophy and part guide-book, you'll learn useful nuggets for life, leadership and well-being.*

- Published by WriteWay Publishing and Findaway Voices. 5-stars on Amazon.
- Online course based on book created in 2021. Available on Thinkific through [conduitforchange.com](http://conduitforchange.com).

## EDUCATION (highlights)

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○ Positive Intelligence Coach Training (Shirzod Chamine)	Virtual	2024
○ ICF International Coaching Foundation Credential	Raleigh, NC	2019
○ <i>Professional Coach Certification (PCC)</i>		
○ Master of Arts in Health and Wellness Coaching	Laurel, MA	2013-2015
○ <i>Maryland University of Integrative Health</i>		
○ Bachelor of Liberal Studies: Creative Process and Social Change	Raleigh, NC	2012-2014
○ <i>St. Augustine's College</i>		
○ Conflict Transformation & Peacebuilding in Expressive Arts	Saas-Fee, Switzerland	2012-2013
○ <i>European Graduate School</i>		
○ Transformative Leadership Graduate Studies	Laurel, MA	2010
○ <i>Tai Sophia Institute</i>		
○ Landmark Education	Greensboro, NC	2002
○ Forum Leadership Training		
○ Interfaith Ordained Minister		
○ <i>Earth Star Spiritual Center</i>	Greensboro NC	2021

## ADDITIONAL CURRENT PROFESSIONAL EXPERIENCE

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**Multi-disciplinary Process Artist** ([View art at anneliesgentile.com](http://anneliesgentile.com)) **1992-present**

**Summary:** *Annelies has been inspiring people through unconventional acts of creativity since 1992. As an artist and coach she focuses on the value of creative process. Her works are often interactive and collaborative, inviting the viewer to engage and be a part of what's being created focusing on an integrative approach. Her mediums include visual arts and sculpture to expressive arts, movement, poetry, writing and song. Annelies has created with metal, photography, plaster, paint, resin, fabric, film, digital and glass. Today, she mostly is focused on large abstract works that are painted live, and /or have an integrative component for audience engagement. Although primarily self-taught, at age 31 Annelies began college to better understand how and why creative process can benefit wellbeing of self and society. Out of the Frame a Leadership Game (2015) was painted live at the ICF Raleigh conference and is now used as insightful change management tool for perspective, creativity and collaboration.*

## PAST PROFESSIONAL EXPERIENCE

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**Freelance Designer, Manager, Production Assistant, Producer/Director.** **1992-2008**

Worked as a personal hair, wig and make-up designer for celebrities, production assistant for film productions, department head manager for National Broadway Tours and NC Theater; largest regional theater in the Southeast, UNC-TV on/off camera talent, and much more, including producer/director of an award-winning short film.

- *Political and entertainment celebrity clients - list available upon request.*
- *Broadway productions and national tours - list available upon request.*
- Produced *Journal at Lake Johnson* (award-winning short film featuring a community journal service project, also featured on NPR's Dick Gordon The Story (twice). Over 1.5 million views on YouTube.

**Operations Manager :: Rank Group Hard Rock Cafe** **Dubai, UAE** **2003-2004**

- Responsible for management of staff, leadership, customer relations, scheduling, continuity, food safety, cultural awareness, religious restrictions and general operations at Hard Rock Café in Dubai, UAE.

**North Carolina Theater :: Designer, Department Manager** **Raleigh, NC** **1995-2003**

- Responsibilities included but were not limited to leadership, department supervision, design, and continuity while working closely with star performers under high-stress deadlines and challenging conditions.

**Matrix Essentials International+ :: Regional Educator** **Southeastern USA** **1995-1996**

- Educated hairdressers state-wide on product knowledge, color theory and organized educational seminars for global corporations including Matrix Essentials, Logics, Zotos International and Paul Brown.

**UNC-TV :: Department Artist & Production Assistant** **Durham NC** **1994-2003**

- Responsibilities included but were not limited to leadership, department supervision, design, and continuity while working closely with political and community leaders under high-stress deadlines and challenging conditions. Client relations include former NC Governors Bev Perdue, Mike Easley, and NBC's Brian Williams.

## BOARD LEADERSHIP, VOLUNTEER & COMMUNITY SERVICE

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Board Member: BPW Business Professional Women	Triangle Chapter	2024-present
Raleigh Astronomy Club	Raleigh, NC	2020-present
Executive Coach Leadership NC	Raleigh, NC	2018-present
Executive Coach NCSU Caldwell Fellows	Raleigh, NC	2016-present
US Center for Refugees & Immigrants	Raleigh NC	2016-present
De Vieken Dutch Club	Raleigh NC	1986-present
Board Member: Triangle Art Works	Raleigh NC	2020-2022
Board Advisor: Center for Human-Earth Restoration	Raleigh NC	2012-2015
Board Member: NC Art Therapy Institute	Durham NC	2011-2012
Chrysaley Consulting, LLC	Raleigh, NC	2012-2012
ARTStream	Raleigh NC	2011-2011
Tilt Leadership Inc.	Raleigh NC	2011-2011
Rotary and Kiwanis Club	Raleigh NC	2005-2007
AIDS Service Agency	Raleigh NC	1993-1998
Rex Hospital	Raleigh NC	1993-1995
Raleigh Little Theater	Raleigh NC	1993-1995
Unitarian Fellowship	Raleigh NC	1992-1995

## SKILLS & PERSONAL ATTRIBUTES

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- Empathy, listening, excellent interpersonal skills, high emotional intelligence, compassionate, direct and bold
- Creative, self-aware leader, critical thinker, big-picture future thinker, visionary, pro-active problem-solver
- Diversity conscious, comfortable with cultural and political differences, a great bridge-builder, peacemaker
- Familiar with speaking basic conversational Spanish and Dutch languages, TEFL, use of PC and MAC computers.

REFERENCES AVAILABLE UPON REQUEST