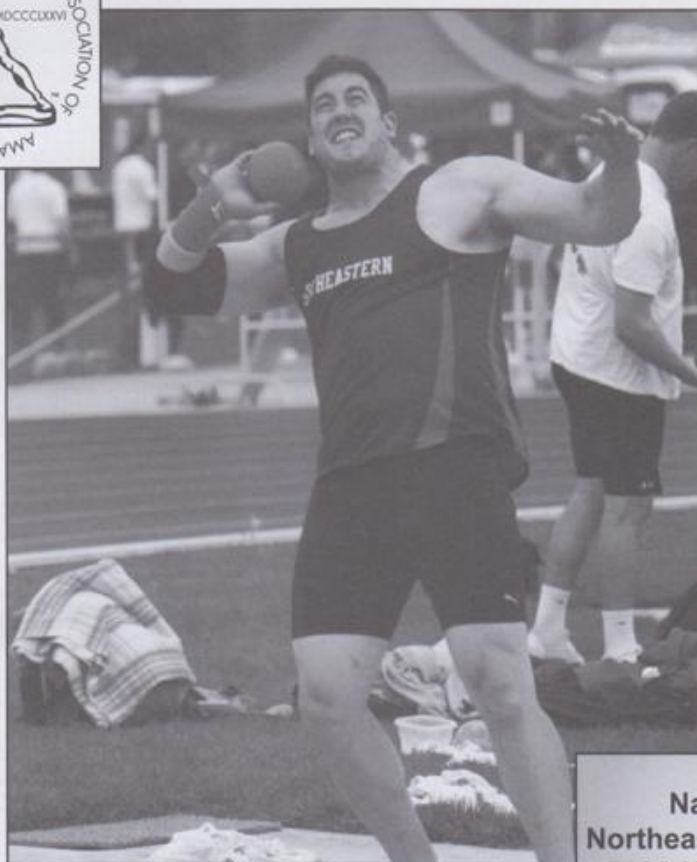
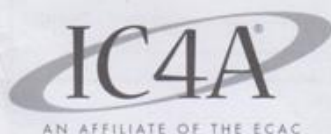


2010 IC4A Indoor Track and Field Championships



Nate Hunter
Northeastern University
2009 IC4A Champion
Shot Put



Boston University
Indoor Track and Field Pavilion
Boston, Massachusetts
March 6-7, 2010





Eastern College Athletic Conference®

Commissioners

Rudy Keeling	2007-present
Steve Bamford	2006-2007
Philip Buttafuoco	1998-2006
Clayton Chapman	1989-1998
Robert Whitelaw	1972-1989
George Shiebler	1970-1972
Asa S. Bushnell	1938-1970

Competition

The ECAC administers nearly 100 championships for 37 men's and women's sports. The ECAC also serves as the primary league for Division III men's hockey (3), Division III women's hockey (2), and Division I men's lacrosse. In addition, the ECAC provides leadership assistance for numerous affiliate organizations including the Intercollegiate Association of Amateur Athletes in America (IC4A), Intercollegiate Fencing Association (IFA), Eastern Intercollegiate Gymnastics League (EIGL), Eastern Intercollegiate Wrestling Association (EIWA), Eastern Association of Rowing Colleges (EARC), Eastern Association of Women's Rowing Colleges (EAWRC), Intercollegiate Rowing Association (IRA), ECAC Hockey League (ECACHL), and Eastern College Athletic Conference Sports Information Directors Association (ECAC-SIDA).

Officiating

The ECAC assigns over 4,400 officials in 11 sports across Divisions I, II, and III, including men's and women's basketball, fencing, football, men's gymnastics, men's and women's ice hockey, men's and women's soccer, softball, and wrestling. The bureaus assign for both conference and NCAA championships and totaled over 46,000 assignments last year.

Awards

The ECAC publicizes the achievements of over 2,000 student-athletes annually through the Player of the Week program and postseason all-stars. There are 20 sports for which the ECAC selects Players of the Week throughout the regular season, and 12 sports where all-star teams are honored. During the fall convention each year, the recognition awards program honors institutions, administrators, student-athletes, and officials for yearly and career achievements.

About the ECAC

The Eastern College Athletic Conference (ECAC) is the nation's largest athletic conference and only multi-divisional conference, with approximately 300 Division I, II and III colleges and universities from Maine to North Carolina and westerly to Illinois. Established in 1938 with 58 charter members, the ECAC has since emerged as the nationwide leader in service. The Asa S. Bushnell Center, named after inaugural commissioner Asa S. Bushnell, serves as the main office for the ECAC. It is located in Centerville, Massachusetts on Cape Cod.

After Asa S. Bushnell molded the organization from its formation to his retirement in 1970, George Shiebler took over as commissioner from 1970-1972. Robert M. "Scotty" Whitelaw (1972-1989) guided the ECAC through one of the most significant events in its history, as the Eastern Association of Intercollegiate Athletics for Women (EAIW) was consolidated into the ECAC in 1983. With the addition of women's sports, the ECAC doubled its number of championships and greatly increased its membership. Clayton Chapman (1989-1998), Phil Buttafuoco (1998-2006), and Steve Bamford (2006-2007) have also carried the title of commissioner through the last 19 years. Current commissioner Rudy Keeling assumed chief administrator duties on May 1, 2007. As Commissioner, Keeling has revealed a new Strategic Plan for the ECAC emphasizing membership services, conference office operations, academic and athletic excellence and equity as well as inclusion and diversity.

It's My ECAC. It's Your ECAC. It's Our ECAC!

Asa S. Bushnell Internship Program

The prestigious Asa S. Bushnell internship program, named after the first commissioner of the ECAC and established in 1976, offers college graduates from ECAC member institutions hands-on experience in all the areas of the only multi-divisional conference in the country. Former interns proudly represent the ECAC in all fields of the sports industry as directors of athletics, commissioners, broadcasting executives, professional franchise front-office executives, sports information directors and coaches.

Administrative Staff

Commissioner	Rudy Keeling
Assistant Commissioner of Finance/SWA	Karen Roberts
Director of Business Services	Cheryl Serijan
Director of Marketing and Communications	Gordon Morton
Director of Sport Administration	Michael Letzeisen
Director of Sport Administration	Ben Layton
Director of Division III Governance and Officiating	Dr. Keith Clarke
Assistant Administrator for Officiating and Special Projects	Steve Bamford
Assistant Administrator for Officiating	Steve Rossetti
Director of Football Officiating	Bill Ward
Coordinator of Operations and Officiating	Pat Colbert
Asa S. Bushnell Championships Assistant	Matt Fogg
Asa S. Bushnell Communications Assistant	Amanda Piccirilli
Asa S. Bushnell Leagues and Affiliates Assistant	Lindsay DeStefano

1311 Craigville Beach Road, Centerville, Massachusetts 02632
Office: 508/771-5060 • www.ecac.org • www.ecacsports.com

Table of Contents

About the ECAC.....	Inside Front Cover
Table of Contents	1
Order of Events	1
IC4A Track and Field Officers and Institutions.....	2
IC4A Coaches.....	3
2010 IC4A Officials.....	4
2009 IC4A Indoor Championship Results	5
Championship and Track Records	6-7
All-Time Championship Results	8
ECAC Sponsors	9

ORDER OF EVENTS & TIME SCHEDULE

SATURDAY

Heptathlon	55 Meter Dash	11:00
Heptathlon	Long Jump	
Heptathlon	Shot Put	
Heptathlon	High Jump	
Pole Vault	Final	12:00
55m High Hurdles	Trials – Place and Time	1:00
55m Dash	Trials – Place and Time	1:20
One Mile Run	Trials – Place and Time	1:40
400meter Dash	Trials – Place and Time	2:00
Long Jump	Trials and Final	2:00
800meter Run	Trials – Place and Time	2:20
500meter Run	Trials – Place and Time	2:50
35 Lb. Weight Throw	Final	3:00
1000meter Run	Trials – Place and Time	3:10
3000meter Run	Final – Sections on Time	3:20
200meter Dash	Trials	3:40
Distance Medley	Trials – Place and Time (1200-400-800-1600)	4:00
4x800m Relay	Trials – Place and Time	4:25
4x400m Relay	Trials – Place and Time	4:50

SUNDAY:

Heptathlon	55 Meter High Hurdles	10:00
Heptathlon	Pole Vault	
Heptathlon	1000 Meter Run	
Shot Put	Final	11:30
Triple Jump	Final	11:30
High Jump	Final	12:00
55m High Hurdles	Semi-Finals	12:30
55m Dash	Semi-Finals	12:40
One Mile Run	Final	12:55
400meter Dash	Final	1:05
800meter Run	Final	1:10
500meter Run	Final	1:20
55m High Hurdles	Final	1:30
55m Dash	Final	1:35
1000meter Run	Final	1:40
5000meter Run	Final – Sections on Time	1:45
200meter Dash	Final	2:10
Distance Medley	Final (1200-400-800-1600)	2:25
4x800 Meter Relay	Final	2:35
4x400 Meter Relay	Final	2:45
IC4A AWARDS CEREMONY		3:00



INTERCOLLEGIATE ASSOCIATION OF AMATEUR ATHLETES OF AMERICA

Founded in 1876

Executive Committee

Irwin Cohen, Chair

Rudy Keeling, Secretary/Treasurer, ECAC Commissioner

Mike Cross, Princeton University

John Kane, Boston College

Jack McDonald, Quinnipiac University

Patricia Nicol, Southern Connecticut State University

Kevin Quinn, St. Joseph's University

Steve Bartold, IC4A Track Administrator

IC4A MEMBER INSTITUTIONS

Adelphi (II)	Fairfield	Massachusetts	Rutgers
Albany	Fairleigh Dickinson	MIT (III)	Rutgers-Camden (III)
Army	Fordham	Monmouth	Sacred Heart
Bates (III)	George Mason	Montclair State (III)	Saint Francis Univ. (PA)
Binghamton	George Washington	Morgan State	Saint Joseph's (PA)
Boston College	Georgetown	Mount Saint Mary's (MD)	St. Francis College (NY)
Boston University	Hampton	Navy	St. Peter's
Brandeis (III)	Harvard	New Hampshire	Seton Hall
Brown	Hofstra	New Haven (II)	Siena
Bryant	Holy Cross	College of New Jersey (III)	Southern Connecticut (II)
Bucknell	Hunter (III)	New Jersey City (III)	Stony Brook
Canisius	Iona	New Jersey Tech	Syracuse
Central Connecticut	La Salle	New York University (III)	Temple
Colgate	Lafayette	Northeastern	Tufts (III)
Columbia	Lehigh	Notre Dame	UMBC
Connecticut	Liberty	Penn State	USMMA (III)
Coppin State	Lincoln (II)	Pennsylvania	Vermont
Cornell	Long Island University	Pittsburgh	Villanova
Dartmouth	Longwood	Princeton	Virginia
Delaware	Loyola University (Md.)	Providence	Virginia Commonwealth
Delaware State	Maine	Quinnipiac	Virginia Military Institute
Dowling (II)	Manhattan	Ramapo (III)	Wagner
Duke	Mansfield (II)	Rhode Island	Wheaton (III)
Duquesne	Marist	Rider	William & Mary
East Carolina	Maryland	Robert Morris	Yale

2009 - 2010 IC4A COACHES

SCHOOL

ADELPHI (II)
ALBANY

ARMY – USMA
BATES COLLEGE (III)
BINGHAMTON, SUNY

BOSTON COLLEGE
BOSTON UNIVERSITY

BRANDEIS (III)
BRYANT
BROWN
BUCKNELL
CANISIUS
CENTRAL CONNECTICUT
COLGATE
COLUMBIA
CONNECTICUT
COPPIN STATE
CORNELL
DARTMOUTH
DELAWARE
DELAWARE STATE
DOWLING (II)
DUKE
DUQUESNE
EAST CAROLINA
FAIRFIELD
FAIRLEIGH DICKINSON
FORDHAM
GEORGE MASON
GEORGE WASHINGTON
GEORGETOWN
HAMPTON
HARVARD
HOFSTRA
HOLY CROSS
HUNTER (III)
IONA
LASALLE
LAFAYETTE
LEHIGH
LIBERTY
LINCOLN (II)
LONG ISLAND

LONGWOOD
LOYOLA
MAINE

MANHATTAN
MANSFIELD (II)
MARIST
MARYLAND
MARYLAND-BALT.COUNTY

UMASS – AMHERST
MASS. INST. TECH. (III)
MERCHANT MARINE (III)
MONMOUTH

HEAD COACH

Adam Siepiola
Roberto Vives(tk)
Craig McVey(xc)
Troy Engle
Al Fereshetian
Mike Thompson(tk)
Annette Acuff (xc)
Matt Kerr
Robyne Johnson(tk)
Bruce Lehane (xc)
John Evans
Stephanie Reilly
Michelle Eisenreich (interim)
Kevin Donner
Peter Osmond.
George Kawecki
Art McKinnon
Willy Wood
Greg Roy
Carl Hicks
Nathan Taylor
Barry Harwick
James Fischer
Duane Henry
Michael Marrone
Norm Ogilvie
Jim Lear
Curt Kraft
John Sagnelli
Sharlene Milwood-Lee
Tom Dewey
Andy Gerard
Brian Beil
Pat Henner
Steve Lewis
Jason Saretsky
Peter Alfano
Jim Kavanagh
Damion Jones
Ricardo Santos
Charles Torpey
Julio Piazza
Matt Utesch
Brant Tolsma
Cyrus Jones
Julia Sandiford (xc)
Simon Hodnett (tk)
Catherine Hanson
Rick Woods
Jim Ballinger (tk)
Mark Lech (xc)
Dan Mecca
Michael Rohl
Pete Colaizzo
Andrew Valmon
David Bobb(tk)
Murray Davis (xc)
Ken O'Brien
Halston Taylor
Donald Wilburn
Joe Compagni

MONTCLAIR STATE (III)
MORGAN STATE
MOUNT ST. MARY'S
NAVY – USNA

NEW HAMPSHIRE
NEW JERSEY, COLL. OF (III)
NEW JERSEY CITY (III)
NEW JERSEY TECH
NEW YORK UNIV. (III)
NORTHEASTERN
NOTRE DAME
PENN STATE
PENNSYLVANIA
PITTSBURGH

PRINCETON

PROVIDENCE
QUINNIPIAC
RAMAPO (III)
RHODE ISLAND
RIDER
ROBERT MORRIS
RUTGERS
RUTGERS CAMDEN (III)
SACRED HEART
ST. FRANCIS – NEW YORK
ST. FRANCIS – PENNA
ST. JOSEPH'S
ST. PETER'S
SETON HALL

SIENA
SO. CONNECTICUT (II)
STONY BROOK
SYRACUSE
TEMPLE
TUFTS (III)
VERMONT
VILLANOVA
VIRGINIA
VIRGINIA COMMONWEALTH
VIRGINIA MILITARY INST.
WAGNER
WHEATON (III)
WILLIAM and MARY
YALE UNIVERSITY

Aubrey Lewis
Neville Hodge
Jim Stevenson
Steve Cooksey (tk)
Al Cantello (xc)
Jim Boulanger
Phil Jennings
Charles Mays
Al Alonso
Nicholas McDonough
Sherman Hart
Joe Piane
Beth Alford-Sullivan
Charles Powell
Alonzo Webb (tk)
Clinton Bell (xc)
Fred Samara(tk)
Steve Dolan (xc)
Ray Treacy
Carolyn Martin
Michael Jackson
John Copeland
Bob Hamer
Michael Smith
Mike Mulqueen
Joe Puleo
Christian Morrison
Kyle Brown
Felix Moreno
Mike Glavin
Michael Massone
John Moon (tk)
Chris Egger (xc)
Alison Wade
Shawn Greene
Andy Ronan
Chris Fox
Eric Mobley
Ethan Barron
Matt Belfield
Marcus O'Sullivan
Jason Vigilante
Julian Spooner
Darrin Webb
Joseph Stasi
Paul Souza
Alex Gibby
Dave Shoehalter (tk)
Dan Ireland (xc)

2009-2010 ICAAAA CCOACHES ASSOCIATION

President:	Darren Webb, Virginia Military
1st VP:	Jim Lear, Duquesne
2nd VP:	Felix Moreno, St. Francis, PA
3rd VP:	Dave Shoehalter, Yale
Sec-Treas.	Jim Hurt, St. John's
Ex-Officio:	Joe Compagni, Monmouth
	Julia Sandiford, Long Island

2010 IC4A OFFICIALS

Meet Director

Steve Bartold

Honorary Meet Director

Larry Byrne

Assistant Meet Director

Tom Stewart

ECAC Representative

Ben Layton

Meet Administration

Bernice DeMello

Games Committee

Steve Bartold

Larry Byrne

Tom Stewart

Pete Schuder

Jim Hurt, St. John's

Jim Lear, Duquesne

Dave Shoehalter, Yale

Darrin Webb, Va. Military

Joe Compagni, Monmouth

Robyne Johnson, Boston U.

Referees

Pete Schuder, Running

Ed Gorman, Field

Pete Schuder, Heptathlon

Jury of Appeals

Joe Compagni, Monmouth,
Chairperson

Jim Lear, Duquesne

Julia Sandiford, Long Island

Dave Shoehalter, Yale

Darrin Webb, Va. Military

Photo Timing Provided by (LANCER TIMING)

Rick Berryman

Jaime Berryman

Press Relations

Larry Byrne

Bernice DeMello

Amanda Piccirilli, ECAC

Announcers

Larry Newman

Andy Boyajian

Starters

Tom McTaggart, Chief

Carmen Iannuccilli

Diane Wright

Clerks of Course

Yvonne Grimes, Chief

Bob Fontaine

Ronald McLean

Umpires

Liz Haygood - Chief

Bill Eisenring

Quran Hodge

Lisa Kerr

Keeper of Laps

Michael Sullivan

Custodian of Awards

Barbara Gaulien

Bonnie Sullivan

Results Processing

Barbara Gaulien

Bonnie Sullivan

Clerk of Officials

Barbara Gaulien

Bonnie Sullivan

Implements Weights & Measures

Ed Gorman

High Jump

Richard Mann - Chief

William Pollinger

Michael "Max" Tucker

Reggie Weissglas

Long Jump and Triple Jump

Jim Herbert - Chief

Jesse Jackson

Jerrold Leanness

Ken Martin

Bill McDermott

Dave Rizzo

Fred Seiger

Pole Vault

Bob Gemske, Chief

Rob Doran

Kevin Ferriter

Rick LaJoie

Shot-Put and Weight Throw

Earl Williams - Chief

Charles Bradford

Ed Bennett, Jr.

Beth Wolak

Mike Wolak

Heptathlon

Pete Schuder- Chief

Ed Bennett (SP)

Rob Doran (PV)

Bob Gemske (PV)

Jim Herbert(LJ-HJ)

Rick LaJoie (PV)

Jerry Leanness (LJ)

Ken Martin (LJ)

Bill Pollinger (HJ)

Fred Sieger (LJ)

Mike Sullivan (PV)

Michael Tucker (LJ-HJ)

Beth Wolak (SP)

Mike Wolak (SP)

Photo:

Larrone Moore
Delaware State University
2009 IC4A Champion
55 and 200 Meters

RESULTS OF THE 2009 IC4A INDOOR CHAMPIONSHIPS

2009 Results

1) Albany	72.50
2) UConn	67.50
3) Delaware State	48
4) Manhattan	42
5) Hampton	32
6) William & Mary	31
7) Rutgers	29.50
8) Syracuse	29
9) Morgan State	27
10) Seton Hall	23
11) Coppin State	22
12) Duke	20
13) Harvard	19.50
14) Binghamton	19
Georgetown	19
16) Navy	17
Iona	17
18) Liberty	16.50
19) Cornell	14
20) Providence	13
21) Lincoln	12
22) George Mason	11
UNH	11
Monmouth	11
25) UMBC	10
Fordham	10
Marist	10
Army	10
VMI	10
Northeastern	10
31) Fairleigh Dickinson	8
St Francis (NY)	8
33) Bucknell	7.50
34) Saint Joseph's	7
So Conn. St.	7
Yale	7
37) BU	6
Lehigh	6
Stony Brook	6
40) LaSalle	5
BC	5
Pittsburgh	5
43) Duquesne	4
URI	4
Columbia	4
46) Vermont	2
Robert Morris	2
48) St Francis (PA)	1
Loyola (Md)	1
Mansfield	1

March 3-4, 2007- Boston University, Boston, Massachusetts

55 Meters

1 Moore, Larrone	11	Delaware St	6.29
2 Dixon, Reggie	11	Hampton	6.30
3 LeBlanc, Mike	10	Syracuse	6.32
4 Anderson, Aaron	11	Hampton	6.36
5 Pomo, Anthony	09	UConn	6.41

200 Meters

1 Moore, Larrone	11	Delaware St	21.12
2 Owens, Bruce	10	Rutgers	21.49
3 Staten, Bobby	09	Saint Joseph	21.52
4 Jones, Brandon	10	Hampton	21.54
5 Hobwana, Antony	11	Pittsburgh	21.61

400 Meters

1 Arnett, Casal	11	Binghamton	46.34
2 Murray, Leslie	12	Delaware St	47.09
3 Greene, Joe	09	Albany	47.10
4 Bowen, Kevin	10	Morgan State	48.42
5 Morgan, Carlinton	10	Coppin State	48.54

500 Meter

1 Swern, Steve	10	Rutgers	1:02.38
2 Archer, Jansen	09	Coppin State	1:02.58
3 Beauvais, Alle	10	Albany	1:02.80
4 Reid, Nicholas	PG	Fairl Dickenson	1:02.85
5 Lynch, Brandon	10	Hampton	1:03.00

800 Meter

1 Holmes, Donte	11	Delaware St	1:48.32
2 Novak, Robert	09	Seton Hall	1:49.06
3 Pachella, Michael	10	George Mason	1:50.05
4 O'Connor, Theon	12	Georgetown	1:50.35
5 Kitur, Felix	11	VA Military	1:50.88

1000 Meter

1 Fitzgerald, Ian	09	William & Mary	2:25.37
2 Moore, Johnathan	10	Albany	2:25.69
3 Felce, Alex	10	Stony Brook	2:26.40
4 Horn, Samuel	10	George Mason	2:26.46
5 Thomas, Ian	11	Boston College	2:27.11

One Mile

1 Nanni, Cory	11	Duke	4:04.72
2 Mason, Alex	10	Georgetown	4:05.15
3 Cowart, Donnie	09	VA Military	4:06.28
4 Grant, Jonathan	09	Navy	4:06.62
5 Woodard, Lewis	11	William & Mary	4:08.76

3000 Meter

1 Vess, Adam	12	Marist	8:05.82
2 Chenoweth, Dan	11	Harvard	8:06.64
3 Wilhelm, Patterson	10	William & Mary	8:08.74
4 Sheridan, Ryan	12	Iona	8:09.60
5 Waggoner, Bo	11	Duke	8:11.20

5000 Meter

1 Khadraoui, Mo.	09	Iona	14:13.17
2 Grey, Jon	11	William & Mary	14:15.92
3 Bixler, Curtis	10	Syracuse	14:17.17
4 Anderson, Jon	09	Army	14:19.19
5 Eddy, Josh	09	Duquesne	14:22.96

55 Meter Hurdles

1 Eaton, Jarret	11	Syracuse	7.24
2 Juste, Jean	09	Albany	7.34
3 Sosa, Ramon	PG	Syracuse	7.34
4 Kinney, Chris	11	Georgetown	7.35
5 Walker, Predist	11	Hampton	7.37

4x400 Meter Relay

1 Delaware State University	3:09.49
2 University at Albany	3:09.78
3 Seton Hall University	3:10.48
4 Cornell University	3:12.41
5 Binghamton University	3:13.41

4x800 Meter Relay

1 University of Connecticut	7:20.09
2 University at Albany	7:24.94
3 Boston University	7:25.23
4 Coppin State University	7:25.61
5 Columbia University	7:30.37

Men's Distance Medley

1 Providence College	9:45.31
2 University of Connecticut	9:47.61
3 University of New Hampshire	9:48.14
4 LaSalle University	9:49.83
5 Fordham University	9:54.84

High Jump

1 Blocker, James	10	Morgan State	2.14m	7-00.25
2 Brown, Dean	11	St Francis NY	2.14m	7-00.25
3 Gauden, Ellis	10	UConn	2.09m	6-10.25
3 Hrush, Nick	10	Bucknel	2.09m	6-10.25
5 Bryant, Anthony	12	Liberty	2.09m	6-10.25

Men Pole Vault

1 Weiler, Nico	12	Harvard	5.00m	16-04.75
2 Duggan, Kyle	11	UConn	5.00m	16-04.75
3 Duggan, Brian	09	Rutgers	5.00m	16-04.75
4 Schoen, Luke	10	Albany	5.00m	16-04.75
5 Underwood, S.	09	So Conn St	5.00m	16-04.75

Long Jump

1 Gauden, Ellis	10	UConn	7.28m	23-10.75
2 Johnson, Albert	12	Manhattan	7.23m	23-08.75
3 Randle, Jared	11	Lincoln	7.21m	23-08.00
4 McCadney, M.	09	Albany	7.15m	23-05.50
5 Graham, Valette	10	Albany	7.15m	23-05.50

Triple Jump

1 Randjic, Kosta	10	Manhattan	15.82m	51-11.00
2 McCadney, M.	09	Albany	15.76m	51-08.50
3 Johnson, Albert	12	Manhattan	15.31m	50-02.75
4 Siddeeq, Nasim	10	Albany	15.19m	49-10.00
5 Gilreath, Victor	10	UMBC	15.16m	49-09.00

Shot Put

1 Hunter, Nate	10	Northeastern	18.62m	61-01.25
2 Benjamin, Tyron	09	Morgan State	17.70m	58-01.00
3 Lundy, Larry	11	Monmouth	17.32m	56-10.00
4 Paey, Brice	11	UNH	17.06m	55-11.75
5 Dubs, Andrew	09	UConn	16.92m	55-06.25

Weight Throw

1 Mujanovic, Seid	11	Manhattan	19.91m	65-04.00
2 Ludvigsson, K.	12	Manhattan	19.83m	65-00.75
3 DiBuono, M.	09	Fordham	19.39m	63-07.50
4 Van Orden, M.	10	Navy	19.30m	63-04.00
5 Roneker, Eric	09	Cornell	19.15m	62-10.00

Heptathalon

1 Smith, Sean	09	UConn	5069
2 Waruch, Ben	12	UConn	5067
3 Schuck, Edwin	09	Lehigh	5066
4 Newell, Dan	09	Liberty	5018
5 Devaud, Dominic	10	UMBC	4949



Sean Smith
University of Connecticut
2009 IC4A Champion
Heptathalon

The 89th Annual Indoor Track and Field Championships

IC4A INDOOR RECORDS

2009 IC4A Champion			55 Meters			1,000 Meters		
IC4A Meet Record	6.13		Larrone Moore, Delaware State			2:25.37	Ian Fitzgerald, William & Mary	
Boston Univ. Facility	6:19		Lee McRae, Pittsburgh	86		2:21.28	Sam Gabemariam, Georgetown	99
IC4A Collegiate	6:00		Arel Gordon, Maine	07		2:21.54	Richard Kiplaget, Iona	06
Collegiate	5:99		McRae	86		2:19.60	Ryan Foster, Penn State	10
American Collegiate	6:00		Obadele Thompson, UTEP	97		2:19.57	Christian Smith, Kansas State	06
American	6:00		McRae	86		2:17.86	David Krummenacker, adidas	02
World	5:99		McRae	98		2:14.96	Wilson Kipketer, Denmark	00
			Thompson, Barbados	98				
55 Meter Hurdles			200 Meters			3,000 Meters		
2009 IC4A Champion	7.24		Jarret Eaton, Syracuse			8:05.82	Adam Vess, Marist	
IC4A Meet Record	7.14		Eugene Norman, Rutgers	83		7:53.16	Josh McDougal, Liberty	06
Boston Univ. Facility	7:26		Colin Aina, Rhode Island	04		7:46.60	Mark Carroll, adidas	05
IC4A Collegiate	6.89		Renaldo Nehemiah, Maryland	79		7:47.50	Adrian Blincoe, Villanova	02
Collegiate	6.89		Nehemiah	79		7:38.59	Alistair Cragg, Arkansas	04
American	6.89		Nehemiah	79		7:44.69	Galen Rupp, Oregon	09
World	6.89		Nehemiah, USA	79		7:32.43	Bernard Legat, Nike	07
						7:24.90	Daniel Komen, Kenya	98
400 Meters			500 Meters			5,000 Meters		
2009 IC4A Champion	46.34		Gregory Gomes, Seton Hall			14:13.17	Mohamed Khadraoui, Iona	
IC4A Meet Record	45.83		Obra Hogans, Seton Hall	04		13:37.32	Josh McDougal, Liberty	07
Boston Univ. Facility	45.83		Hogans	04		13:37.32	McDougal	07
IC4A Collegiate	44.93		LaShawn Merritt, E. Carolina	05		13:22.17	Geoff Smith, Providence	82
Collegiate	44.57		Kerron Clement, Florida	05		13:18.12	Galen Rupp, Oregon	09
American	44.57		Clement	05		13:11.50	Bernard Legat, Nike	10
World	44.57		Clement	05		12:49.60	Kenenisa Bekele, Ethiopia	04
800 Meters			1,000 Meters			4 x 400 Meter Relay		
2009 IC4A Champion	1:48.32		Donte Holmes, Delaware State			3:09.49	Delaware State (Leslie Murray, Kelli Thibou, Donte Holmes, Burton Clarke)	
IC4A Meet Record #	1:48.74y		Mark Belger, Villanova	78		3:07.57m [heat], Seton Hall '03		
Boston Univ. Facility	1:48.19m		Ray Levitre, Penn State	87		3:11.14y, James Madison '93 (Jerry Roney 48.4; Bradley Meade 47.6; Tevis Brunson 47.5; Kelly Hawkins 47.6)		
IC4A Collegiate	1:46.63		Sam Burley, Asics	06		3:07.57 Seton Hall '03		
Collegiate	1:44.84		Paul Ereng Virginia	89		3:06.42, George Mason '95 (Paul Henry 48.1; Chris Abrahams 46.6; Greg Haughton 45.6; Louis Sales 46.1)		
American Collegiate	1:45.88		Derrick Peterson, Missouri	99		3:03.51, Florida '05 (Sekou Clarke 46.8; Bernard Middleton 46.1, Stefan Pastor 45.5, Kerron Clement 45.1)		
American	1:45.00		Johnny Gray, Santa Monica TC	92		3:01.96, US National Team '99 (Kerron Clement 46.10; Wallace Spearmon 45.94; Darold Williamson 45.18; Jeremy Warner 44.74)		
World	1:42.67		Wilson Kipketer, Denmark	97		3:02.83, US National Team '99 (Andre Morris 45.85; Dameon Johnson 46.18; Deon Minor 46.05; Milton Campbell 44.75)		

= In winning the 880 yard run in 1978, Belger clocked 1:48.74 (= 1:48.11 @ meters), a time intrinsically superior to the current Metric Meet Record, hence both marks will be carried!

IC4A INDOOR RECORDS

4 x 800 Meter Relay

2009 IC4A Champion
IC4A Meet Record
Boston Univ. Facility
IC4A Collegiate

7:20.09, Connecticut
7:20.09, Connecticut '09
7:27.24, Cornell (same as above)
7:17.77, George Mason '89 (Mike Anthony 1:52.7;
Paul Gambrah 1:49.2; Ernest Barrett 1:47.9; John
Cook 1:48.0)

Collegiate

7:17.45, Clemson '89 (Mike Radziwinski 1:51.0;
David Wittman 1:49.7; Phillip Greyling 1:48.6;
Terrence Herrington 1:49.1)

American

7:13.94, Global Athletics '00 (Joey Woody 1:49.34;
Karl Paranya 1:48.31; Rich Kenah 1:48.48; David
Krummenacker 1:47.81)

World

7:13.94, Global Athletics '00 (same as above)

Distance Medley Relay

2009 IC4A Champion

9:45.31 Providence (Hayden McLaren, Brian
Stannard, Charlie Dewey, Dominic Channon)

IC4A Meet Record

9:38.84, Georgetown '02 (Corey Smith, Robert
Wingate-Robinson, Jesse O'Connell, Chris
Miltenberg)

Boston Univ. Facility

9:40.80 Providence College '04

IC4A Collegiate

9:29.12, Villanova '03 (Ryan Hayden 2:55.1;
Nic O'Brien 47.1; Paul Moser 1:49.8; Adrian
Blincoe 3:57.1)

Collegiate

9:25.97, Texas '08 (Kyle Miller 2:54.11; Danzell
Fortson 46.90, Jacob Hernandez 1:47.00, Leo
Manzano 3:57.96)

American

9:25.97, Texas '08 ~ same as above

World "Best"

9:25.97, Texas '08 ~ same as above

High Jump

2009 IC4A Champion

7-00.25 (2.14)

James Blocker, Morgan State

IC4A Meet Record

7-6.5 (2.30)

Nick Saunders, BU 83

Boston Univ. Facility

7-1.5 (2.17)

Jean Huguens, UMBC 03

IC4A Collegiate

7-7.25 (2.32)

Franklin Jacobs, FDU 78

Collegiate

7-9.25 (2.39)

H. Conway, SW Louisiana 89

American

7-10.5 (2.40)

Conway, Nike Intern. 91

World

7-11.5 (2.43)

Javier Sotomayor, Cuba 89

Pole Vault

2009 IC4A Champion

16-04.75 (5.00)

Nico Weiler, Harvard

IC4A Meet Record

18-8.5 (5.70)

I. Bagyula, Geo. Mason 92

Boston Univ. Facility

18-6.5 (5.65)

R. Quiller, Binghamton 08

IC4A Collegiate

19-1 (5.82)

Bagyula 92

Collegiate

19-2.25 (5.85)

Jacob Davis, Texas 99

American

19-9 (6.02)

Jeff Hartwig, Nike 02

World

20-2 (6.16)

Sergey Bubka, Ukraine 93

Long Jump

2009 IC4A Champion

23-10.75 (7.28)

Ellis Gauden, UConn

IC4A Meet Record

26-5.5 (8.06)

D. Manns, JMU 87

Boston Univ. Facility

25-0.25 (7.63)

Anthony Wallace, JMU 03

IC4A Collegiate

26-7 (8.10)

R. Humphrey, Georgetown 86

Collegiate

28-2.25 (8.59)

Miguel Pate, Alabama 02

American

28-10.25 (8.79)

Carl Lewis, Santa Monica TC 84

World

28-10.25 (8.79)

Carl Lewis, USA 84

Triple Jump

2009 IC4A Champion

51-11 (15.82)

Kosta Randjic, Manhattan

IC4A Meet Record

54-5.25 (16.59)

Ray Humphrey, Georgetown 86

Boston Univ. Facility

53-0.25 (16.16)

C. Nichols, Penn State 03

IC4A Collegiate

54-8 (16.66)

E. Koranteng, Geo Mason 86

Collegiate

57-5 (17.50)

Charles Simpkins, Baptist 86

American

58-3.25 (17.76)

Mike Conley, Tyson TC 87

World

58-6 (17.83)

Aliecer Urrutia, Cuba 97

Christian Olsson, Sweden 04

Shot Put

2009 IC4A Champion

61-1.25 (18.62)

Nate Hunter, Northeastern

IC4A Meet Record

64-10 (19.76)

August Wolf, Princeton 83

Boston Univ. Facility

63-8.75 (19.42)

Milan Jotanovic, Manhattan 06

IC4A Collegiate

66-1.75 (20.16)

Wolf 83

Collegiate

71-3.5 (21.73)

Ryan Whiting, Arizona State 08

American

74-4.25 (22.66)

Randy Barnes, Mazda TC 89

World

74-4.25 (22.66)

Barnes, USA 89

35-LB Weight Throw

2009 IC4A Champion

65-4 (19.91)

Seid Mujanovic, Manhattan

IC4A Meet Record

72-10 (22.22)

Sean McGeheary, BC 97

Boston Univ. Facility

70-0.5 (21.35)

Tom Freeman, Manhattan 03

IC4A Collegiate

76-1 (23.19)

J. Freeman, Manhattan 02

Collegiate

82-3.5 (25.08)

Kibwe Johnson, Ashland 07

American

84-10.25 (25.86)

Lance Deal, NYAC 95

World "Best"

84-10.25 (25.86)

Deal, USA 95

Heptathlon

2009 IC4A Champion

5,069 points

Sean Smith, Connecticut

IC4A Meet Record

5,353 points

Brandon Hoskins, Liberty 08

IC4A Collegiate

5,744 points

Abdur-Rahim, Dartmouth 04

Collegiate

6,256 points

Ashton Eaton, Oregon 10

American

6,476 points

Dan O'Brien, Reebok 93

World

6,476 points O'Brien, USA (same as above) 93



Adam Vess
Marist College
2009 IC4A Champion
3,000 Meters

The 89th Annual Indoor Track and Field Championships

89 Years of IC4A Indoor Track and Field Championships Meets: 1922-2010

Year Site and Size of Track Top Three Team Scores

1922	102nd Engineers Armory, NYC	Cornell 35.5; Dartmouth 25; Penn 24
1923	- same -	Penn 29; Cornell 26; Dartmouth 18
1924	- same -	Penn 21.33; Princeton 20; Yale 20
1925	- same -	Georgetown 37; Harvard 24.25; Penn 22.5
1926	- same -	Harvard 28; Georgetown 25.5; Penn 23.5
1927	- same -	Harvard 23.43; Yale 20.4; Cornell 29.29
1928	- same -	Penn 29; Cornell 26; Dartmouth 18
1929	- same -	N.Y.U. 25; Georgetown 22.5; Penn 21.25
1930	- same -	Cornell and Penn 27.5 tie; Harvard 20.5
1931	- same -	Penn 38.1; Harvard 19; Cornell 17.7
1932	Kingsbridge Armory Bronx	N.Y.U. 31; Harvard 24; Penn 23.5
1933	- same -	Yale 32; N.Y.U. 28; Manhattan 21
1934	Madison Square Garden	Manhattan 28.5; N.Y.U. 24.5; Yale 20
1935	- same -	Manhattan 26; Cornell 16.5; Harvard 16
1936	- same -	Manhattan 26; Yale 18.5; Harvard 17.75
1937	- same -	Columbia 34.36; Princeton 19.76; Manhattan 19.43
1938	- same -	Columbia 27; Manhattan 24; Yale 18
1939	- same -	Manhattan 36; N.Y.U. 20; Fordham 15
1940	- same -	N.Y.U. 27; Manhattan 21; Penn State 17.5
1941	- same -	Fordham 25.25; Pittsburgh 18; N.Y.U. 18
1942	- same -	Penn State 21.7; Fordham 20.5; New Hampshire 18
1943	- same -	N.Y.U. 48; Fordham 20.5; Cornell 13
1944	- same -	Army 47; Navy 36.5; Dartmouth 19
1945	- same -	Army 73.5; Navy 55.5; N.Y.U. 19
1946	- same -	Army 53.5; N.Y.U. 35; Manhattan 22
1947	- same -	N.Y.U. 35; Manhattan 30; Penn State 16
1948	- same -	N.Y.U. 31.5; Yale 23.25; Manhattan 18
1949	- same -	Michigan State 35.4; Yale 26.4; Seton Hall 20
1950	- same -	Michigan State 21; Seton Hall 20; Manhattan 19.5
1951	- same -	Manhattan 29; Seton Hall 27.29; Georgetown 22
1952	- same -	Manhattan 40.5; Army 18; Georgetown 14
1953	- same -	Manhattan 36; Penn State 22.5; Columbia 17
1954	- same -	Yale 19; Boston U 18.5; Manhattan 17
1955	- same -	Manhattan 27; Villanova 22.5; Penn State 18
1956	- same -	Manhattan 36; Villanova 34; Pittsburgh 15.83
1957	- same -	Villanova 46; Manhattan 22.5; Penn State 12.61
1958	- same -	Villanova 29.33; Manhattan 27; Pittsburgh 11.5
1959	- same -	Penn State 20.47; Manhattan 20; Yale 17
1960	- same -	Villanova 27; Yale 23.3; Manhattan 16
1961	- same -	Yale 30; Villanova 29; Manhattan 20
1962	- same -	Villanova 31.5; Yale 16.125; N.Y.U. 15.625
1963	- same -	Villanova 27; Navy 18; Yale 17
1964	- same -	Villanova 22; Manhattan 21; Harvard 14
1965	- same -	Villanova 24; Maryland 21.5; Harvard 14
1966	- same -	Maryland 28; Villanova 17; Harvard 14
1967	- same -	Villanova 36; Army 18; Notre Dame 17
1968	Madison Square Garden	Villanova 47; Harvard 24; Army 16.5
1969	- same -	Villanova 46; Maryland 32.5; Harvard 21
1970	- same -	Villanova 41.5; Maryland 28.5; Yale 13
1971	Princeton	Villanova 42; Penn 21; Pittsburgh 21
1972	- same -	Penn 26; Villanova 24; Adelphi 21
1973	- same -	Manhattan 45; Navy 24; Pennsylvania 14.5
1974	- same -	Villanova 29; Seton Hall and Manhattan 28

Year Site and Size of Track Top Three Team Scores

1975	- same -	Seton Hall 37; Maryland 34; William & Mary 27
1976	- same -	Maryland 38; Seton Hall 34; Villanova 29
1977	- same -	Villanova 51; Maryland 37; Seton Hall 20
1978	- same -	Villanova 64; Maryland 38; Northeastern 29
1979	- same -	Villanova 99; Maryland 73; Manhattan 34
1980	Princeton	Villanova 66; F.D.U. 58; Maryland 44.5
1981	- same -	Maryland 97; F.D.U. 73; Villanova 63
1982	- same -	F.D.U. 56; Villanova 47; Maryland 43.5
1983	- same -	Villanova 92; George Mason and Rutgers 50
1984	- same -	Penn State 62; George Mason 61; Georgetown 56
1985	- same -	Villanova 59; Penn State 57; Boston U. 53
1986	- same -	Villanova 52; Penn State 50
		Boston U, George Mason and Georgetown 42
1987	Harvard	Penn State 53; Villanova 52; George Mason 46
1988	Princeton	Georgetown 70; George Mason 60; Penn State 51
1989	- same -	George Mason 72; Penn State 65; Princeton 40
1990	Harvard	George Mason 103; Penn State 56; Georgetown 53.5
1991	Princeton	George Mason 102; Georgetown 66; Penn State 47
1992	- same -	Manhattan 64; George Mason 58;
		Georgetown and Villanova 57
1993	Harvard	Georgetown 67; Villanova 60; George Mason 52
1994	Princeton	Georgetown 87; George Mason 62.5; Seton Hall 58
1995	- same -	Georgetown 86; Seton Hall 74; Princeton 61.5
1996	Harvard	Georgetown 87.5; Connecticut 53; Manhattan 48
1997	Princeton	Georgetown 81; Connecticut 37.5; Manhattan 36
1998	Cornell	Georgetown 81; Penn State 65; Manhattan 44
1999	Reggie Lewis Georgetown	99; Virginia Tech 56; Liberty 51.5
2000	Harvard	Georgetown 79; Virginia Tech 67; Penn State 47
2001	Reggie Lewis Penn State	73; Seton Hall 68; Georgetown 55
2002	- same -	Georgetown 65; Connecticut 56; Penn State 54
2003	Boston U.	Penn State 84; Seton Hall 54; Georgetown 49
2004	- same -	Manhattan 60; Seton Hall 47; Army 34
2005	- same -	Rutgers 74.33; Manhattan 52; Iona 34
2006	- same -	Penn State 71; Cornell 55; Rutgers 54
2007	- same -	Cornell 50; Seton Hall 45; Georgetown 42
2008	- same -	Georgetown 86; Liberty 67; Delaware St 45
2009	- same -	Albany 72.5; Connecticut 67.5; Delaware St. 48

Team Championship Trophies

Villanova	(20)	'57, '58, '60, '62, '63, '64, '65, '67, '68, '69, '70, '71, '74, '77, '78, '79, '80, '83, '85, '86
Manhattan	(12)	'34, '35, '36, '39, '51, '52, '53, '55, '56, '73, '92, '04
Georgetown	(12)	'25, '88, '93, '94, '95, '96, '97, '98, '99, '00, '02, '08
Penn State	(7)	'42, '59, '84, '87, '01, '03, '06
N.Y.U.	(6)	'29, '32, '40, '43, '47, '48
Pennsylvania	(5.5)	'23, '24, '28, '30, '31, '72 (* tied w/Cornell)
Army (USMA)	(3)	'44, '45, '46
Yale	(3)	'33, '54, '61
Maryland	(3)	'66, '76, '88
George Mason	(3)	'89, '90, '91
Cornell	(2.5)	'22, '30 (*tied w/Penn), '07
Harvard	(2)	'26, '27
Columbia	(2)	'37, '38
Michigan State	(2)	'49, '50
Fordham	(1)	'41
Seton Hall	(1)	'75
F.D.U.	(1)	'82
Rutgers	(1)	'05
Albany	(1)	'09