

12<sup>th</sup> ECAC Championships  
George Mason University, Fairfax, VA  
May 19-21, 1995

**100 meter dash**—1, Kay Iheaguam (WV), 11.63 seconds. 2, Kim Baldwin (GM), 11.80. 3, Katrina Jarrett (SH), 11.83. 4, Ameerah Bello (MS), 11.89. 5, Patrice Smothers (GM), 11.90. 6, Candice Robinson (DS), 11.93. 7, Philippa Arnette (MS), 12.11. 8, Inshallah Saunders (MANH), 12.15.

**200**—1, Keisha Caine (SH), 23.47. 2, Kim Baldwin (GM), 23.54. 3, Kay Iheaguam (WV), 23.56. 4, Ameerah Bello (MS), 24.02. 5, Patrice Smothers (GM), 24.09. 6, Nicole Kimbrough (VA), 24.16. 7, Philippa Arnette (MS), 24.35. 8, Dine Potter (MANH), 24.39.

**400**—1, Keisha Caine (SH), 52.78. 2, Janelle Johnson (GM), 53.26. 3, Shermaine Ross (SH), 53.44. 4, Sandy McFarland (SY), 54.27. 5, Tasha Boston (SH), 54.41. 6, Tamara Stoner (WV), 54.42. 7, Tosha Woodward (VIL), 54.67. 8, Dine Potter (MANH), 55.30.

**800**—1, Kresteena Sullivan (VIL), 2:08.34. 2, Staci Hubbard (GM), 2:08.81. 3, Twana Allen (CS), 2:09.21. 4, Karen Goetze (HAR), 2:09.50. 5, Amy Ross (G), 2:10.04. 6, Maxine Clarke (G), 2:10.16. 7, Dahlia Henry (MANH), 2:10.95. 8, Becky Spies (VIL), did not start.

**1,500**—1, Joline Staeheli (G), 4:18.56. 2, Angela Graham (BC), 4:20.4. 3, Miesha Marzell (G), 4:21.7. 4, Emer Molloy (VIL), 4:22.3. 5, Maria McCambridge (PRO), 4:22.5. 6, Stacy Robinson (VIL), 4:25.2. 7, Natalie Davey (PRO), 4:26.3. 8, Caroline Pimblett (BC), 4:28.5.

**100 hurdles**—1, Pat Itanyi (WV), 11.63 (meet record; old record, 13.42, Allison Williams, Pittsburgh, 1994). 2, Andrea Melton (BC), 13.61. 3, Najuma Fletcher (PITT), 13.74. 4, Staci Suggs (PITT), 13.99. 5, Nicole Harrison (PRINC), 14.17. 6, Ayna Forrset (MASS), 14.19. 7, Daria Smith (PENN), 14.42. 8, Tonya Mullins (PITT), 14.49.

**400 hurdles**—1, Renea Jordan (GM), 58.54. 2, Shirley Licorish (NE), 59.21. 3, Angie Martin (PITT), 59.74. 4, Nadia McNeil (G), 1:00.20. 5, Aisha Stevens (MSM), 1:00.36. 6, Joetta Purter (PITT), 1:01.66. 7, Tennille Smith (GM), 1:01.81. 8, Angela Bouet (VER), did not start.

**400 relay**—1, George Mason (Patrice Smothers, Renea Jordan, Janelle Johnson, Kim Baldwin), 44.87. 2, Connecticut, 45.44. 3, West Virginia, 45.53. 4, Seton Hall, 45.79. 5, Manhattan, 45.95. 6, Delaware St., 46.18. 7, Pittsburgh, 46.36. 8, Virginia, did not start.

**1,600 relay**—1, Seton Hall (Joyce-lyn Harris, Julia Sandiford, Angela Brown, Tasha Boston), 3:38.08. 2, Pittsburgh, 3:40.10. 3, West Virginia, 3:41.74. 4, Georgetown, 3:42.06. 5, St. John's, 3:45.16. 6, Temple, 3:48.04. 7, Syracuse, 3:50.90. 8, George Mason, did not start.

**3,200 relay**—1, Georgetown (Julienne Moore, Miesha Marzell, Laura Sturges, Joline Staeheli), 8:49.81. 2, Seton Hall, 8:50.95. 3, Boston College, 8:53.79. 4, Cornell, 8:55.08. 5, William & Mary, 8:59.78. 6, Princeton, 9:00.03. 7, James Madison, 9:17.54. 8, La Salle, 9:23.92.

**Top finishers—Triple jump—**1, Najuma Fletcher (Pitt.), 44-9¼ (Meet record, old record, 43-2¼, Machelie Payne, Maryland, 1992). 2, Tiombe Hurd (JMU), 43-8. 3, Sharline White (FD), 41-8¼. 4, Stephanie Pavao (NE), 40-5½. 5, Shavonne Dargan (SY), 40-3¼. 6, Jamila Codrington, (SY), 40-1½. 7, Donise Moore (FD), 39-10. 8, Raina Domneys (M), 39-6½.

**Shot put—**1, Christine Williams (GM), 49-6½. 2, Njeri Curtis (FD), 48-5½. 3, Arden Williams, (SY), 48-4½. 4, Amy Winchester (DART), 48-4. 5, Angela Bertholdt (RI), 47-7¼. 6, Crystal Corbeil (NE), 46-6¼. 7, Lorraine Smith (SJ), 45-10. 8, Tamika Powell (GM), 45-8.

**Hammer throw—**1, Crystal Corbeil (NE), 178-10. 2, Anna Norgren (VER), 167-10. 3, Lisa Peterson (SJ), 165-10. 4, Tina Rankin (COR), 162-8. 5, Wendy Berutto (CONN), 161-1. 6, LaTanya Brown (SJ), 160-4. 7, Nancy Wenzel (C.CONN), 159-5. 8, Tamika Powell (GM), 158-2.

**Team scores—**1, George Mason, 146. 2, Seton Hall, 64. 3, West Virginia, 59. 4, Georgetown, 58. 5, Pittsburgh, 54. 6, Dartmouth, 41. 7, Virginia, 34. 8, Villanova, 30. 9 (tie), Connecticut and Boston College, 29. 11, Northeastern, 28. 12, Cornell, 21. 13 (tie), St. John's and Syracuse, 20. 15, Massachusetts, 18. 19, Fairleigh Dickinson, 17. 20, James Madison, 11. 21, N.C.-Wilmington, 10. 22, Manhattan, 9. 23, Rutgers, 8½. 24, Rhode Island, 7½. 25 (tie), William & Mary and Princeton, 7. 27 (tie), New Hampshire, Coppin State and Delaware State, 6. 30, Harvard, 5. 31 (tie), Penn and Mount St. Mary's, 4. 33 (tie), Bucknell, Temple and Navy, 3. 36, Central Connecticut State, 2. 37 (tie), St. Joseph's, La Salle and Maryland, 1.

## ECAC CHAMPIONSHIPS

### In Fairfax

#### Individual Results

**Triple Jump:** 1, Najuma Fletcher, Pittsburgh, 44 feet-9¼ inches. (Meet record, old record, 43-2¼, Machelie Payne, Maryland, 1992); 2, Tiombe Hurd, James Madison, 43-8. 3; Sharline White, Fairleigh Dickinson, 41-8¼.

**Shot Put:** 1, Christine Williams, George Mason, 49-6½; 2, Njeri Curtis, Fairleigh Dickinson, 48-5½; 3, Arden Williams, Syracuse, 48-4½.

**Hammer Throw:** 1, Crystal Corbell, Northeastern, 178-10; 2, Anna Norgren, Vermont, 167-10; 3, Lisa Peterson, St. John's, 165-10.

**100 meter dash:** 1, Kay Iheaguain, West Virginia, 11.63 seconds; 2, Kim Baldwin, George Mason, 11.80; 3, Katrina Jarrett, Seton Hall, 11.83.

**200:** 1, Keisha Calne, Seton Hall, 23.47; 2, Kim Baldwin, George Mason, 23.54; 3, Kay Iheaguain, West Virginia, 23.56.

**400:** 1, Keisha Calne, Seton Hall, 52.78; 2, Janelle Johnson, George Mason, 53.26; 3, Shermaine Ross, Seton Hall, 53.44.

**800:** 1, Kresteena Sullivan, Villanova, 2:08.34; 2, Staci Hubbard, George Mason, 2:08.81; 3, Twana Allen, Coppin St., 2:09.21.

**1,500:** 1, Joline Staeheli, Georgetown, 4:18.56; 2, Angela Graham, Boston College, 4:20.4; 3, Miesha Marzell, Georgetown, 4:21.7.

**100 hurdles—**1, Pat Itanyi, West Virginia, 11.63 (meet record; old record, 13.42, Allison Williams, Pittsburgh, 1994); 2, Andrea Melton, Boston College, 13.61; 3, Najuma Fletcher, Pittsburgh, 13.74.

**400 hurdles:** 1, Renea Jordan, George Mason, 58.54; 2, Shirley Licorish, Northeastern, 59.21; 3, Angie Martin, Pittsburgh, 59.74.

**400 relay:** 1, George Mason (Patrice Smothers, Renea Jordan, Janelle Johnson, Kim Baldwin), 44.87; 2, Connecticut, 45.44; 3, West Virginia, 45.53.

**1,600 relay:** 1, Seton Hall (Joycelyn Harris, Julia Sandiford, Angela Brown, Tasha Boston), 3:38.08; 2, Pittsburgh, 3:40.10; 3, West Virginia, 3:41.74.

**3,200 relay:** 1, Georgetown (Julienne Moore, Miesha Marzell, Laura Sturges, Joline Staeheli), 8:49.81; 2, Seton Hall, 8:50.95; 3, Boston College, 8:53.79.

#### Team results

##### (Final totals)

1, George Mason, 146; 2, Seton Hall, 64; 3, West Virginia, 59; 4, Georgetown, 58; 5, Pittsburgh, 54; 6, Dartmouth, 41; 7, Virginia, 34; 8, Villanova, 30; 9 (tie), Connecticut and Boston College, 29.

## ECAC Championships

In Fairfax, Va.

**Triple jump:** 1. Najuma Fletcher, Pittsburgh, 44 feet, 9 3/4 inches. (Meet record, old record, 43-2 1/4, Marchelle Payne, Maryland, 1992). 2. Tiombe Hurd, James Madison, 43-8. 3. Sharline White, Fairleigh Dickinson, 41-8 3/4.

**Shot put:** 1. Christine Williams, George Mason, 49-6 1/2. 2. Njeri Curtis, Fairleigh Dickinson, 48-5 1/2. 3. Arden Williams, Syracuse, 48-4 1/2.

**Hammer throw:** 1. Crystal Corbell, Northeastern, 178-10. 2. Anna Norgren, Vermont, 167-10. 3. Lisa Peterson, St. John's, 165-10.

**100:** 1. Kay Iheaguam, West Virginia, 11.63 seconds. 2. Kim Baldwin, George Mason, 11.80. 3. Katrina Jarrett, Seton Hall, 11.83.

**200:** 1. Keisha Caine, Seton Hall, 23.47. 2. Kim Baldwin, George Mason, 23.54. 3. Kay Iheaguam, West Virginia, 23.56.

**400:** 1. Keisha Caine, Seton Hall, 52.78. 2. Janelle Johnson, George Mason, 53.26. 3. Shermaine Ross, Seton Hall, 53.44.

**800:** 1. Kreteena Sullivan, Villanova, 2:08.34. 2. Staci Hubbard, George Mason, 2:08.81. 3. Twana Allen, Coppin St., 2:09.21.

**1,500:** 1. Joline Staeheli, Georgetown, 4:18.56. 2. Angela Graham, Boston College, 4:20.4. 3. Miesha Marzell, Georgetown, 4:21.7.

**100 hurdles:** 1. Pat Itanyi, West Virginia, 13.34 (meet record; old record, 13.42, Allison Williams, Pittsburgh). 2. Andrea Melton, Boston College, 13.61. 3. Najuma Fletcher, Pittsburgh, 13.74.

**400 hurdles:** 1. Renea Jordan, George Mason, 58.54. 2. Shirley Licorish, Northeastern, 59.21. 3. Angie Martin, Pittsburgh, 59.74.

**400 relay:** 1. George Mason (Patrice Smothers, Renea Jordan, Janelle Johnson, Kim Baldwin), 44.87. 2. Connecticut, 45.44. 3. West Virginia, 45.53.

**1,600 relay:** 1. Seton Hall (Joycelyn Harris, Julia Sandiford, Angela Brown, Tasha Boston), 3:38.08. 2. Pittsburgh, 3:40.10. 3. West Virginia, 3:41.74.

**3,200 relay:** 1. Georgetown (Julienne Moore, Miesha Marzell, Laura Sturges, Joline Staeheli), 8:49.81. 2. Seton Hall, 8:50.95. 3. Boston College, 8:53.79.

### FINAL TEAM STANDINGS

1. George Mason, 146. 2. Seton Hall, 64. 3. West Virginia, 59. 4. Georgetown, 58. 5. Pittsburgh, 54. 6. Dartmouth, 41. 7. Virginia, 34. 8. Villanova, 30. 9 (tie). Connecticut and Boston College, 29. 11. Northeastern, 28. 12. Cornell, 21. 13 (tie). St. John's and Syracuse, 20. 15. Massachusetts, 18. 19. Fairleigh Dickinson, 17. 20. James Madison, 11. 21. N.C.-Wilmington, 10. 22. Manhattan, 9. 23. Rutgers, 8 1/2. 24. Rhode Island, 7 1/2. 25 (tie). William & Mary and Princeton, 7. 27 (tie). New Hampshire, Coppin St. and Delaware St., 6. 30. Harvard, 5. 31 (tie). Penn and Mount St. Mary's, Md., 4. 33 (tie). Bucknell, Temple and Navy, 3. 36. Cent. Connecticut St., 2. 37 (tie). St. Joseph's, La Salle and Maryland, 1.

## ECAC Championships

at Fairfax, Va.  
WOMEN

100 - 1. Kay Iheaguam, West Virginia, 11.63.

200 - 1. Keisha Caine, Seton Hall, 23.47.

400 - 1. Keisha Caine, Seton Hall, 52.78.

800 - 1. Kreteena Sullivan, Villanova, 2:08.34. Also: 4. Karen Goetze, Harvard, 2:09.50.

1,500 - 1. Joline Staeheli, Georgetown, 4:18.56; 2. Angela Graham, BC, 4:20.4. Also: 5. Maria McCambridge, Providence, 4:22.5; 7. Natalie Davey, Providence, 4:26.3; 8. Caroline Pimblett, BC, 4:28.5.

100 hurdles - 1. Pat Itanyi, West Virginia, 11.63 (meet record). Also: 2. Andrea Melton, BC, 13.61; 6. Ayna Forset, UMass, 14.19.

400 hurdles - 1. Renea Jordan, George Mason, 58.54; 2. Shirley Licorish, Northeastern, 59.21.

400 relay - 1. George Mason, 44.87; 2. UConn, 45.44.

1,600 relay - 1. Seton Hall, 3:38.08.

3,200 relay - 1. Georgetown, 8:49.81. Also: 3. BC, 8:53.79.

Discus - 1. Tamika Powell, George Mason, 49.26 meters.

Hammer - 1. Crystal Corbell, Northeastern, 178-10; 2. Anna Norgren, Vermont, 167-10; 3. Lisa Peterson, St. John's, 165-10. Also: 5. Wendy Berutto, UConn, 161-1; 7. Nancy Wenzel, Central Conn., 159-5.

Shot put - 1. Christine Williams, George Mason, 49-6 1/2. Also: 4. Amy Winchester, Dartmouth, 48-4; 5. Angela Bertholdt, URI, 47-7 1/4; 6. Crystal Corbell, Northeastern, 46-6 1/4.

Triple jump - 1. Najuma Fletcher, Pittsburgh, 44-9 3/4 (meet record); Also: 4. Stephanie Pavao, Northeastern, 40-5 1/2.

Heptathlon - 1. Terry Roy, UConn, 5,691.

### Team scores

1. George Mason, 146; 2. Seton Hall, 64; 3. West Virginia, 59; 4. Georgetown, 58; 5. Pittsburgh, 54; 6. Dartmouth, 41; 7. Virginia, 34; 8. Villanova, 30. 9 (tie). UConn and BC, 29. Also: 11. Northeastern, 28; 15. UMass, 18; 24. URI, 7 1/2; 27. UNH, 6; 30. Harvard, 5; 36. Central Connecticut.

Fairfax, Virginia, May 18-21—

(5/19—5000, 10,000; 5/20—HJ, LJ, DT, JT, heats).

Leading teams (39 scored): 1. George Mason 146; 2. Seton Hall 84; 3. West Virginia 58; 4. Georgetown 58; 5. Pitt 54; 6. Dartmouth 41; 7. Virginia 34; 8. Villanova 30; 9. tie, Boston College & Connecticut 29.

100(1.8), Iheagwam' (WV) 11.63; 2. Baldwin (GM) 11.80; 3. Jarrett (SH) 11.83; 4. Bello (Morg) 11.89.

Heats: III(-0.7)—1. Iheagwam' 11.65. Semis: I(-0.6)—1. Iheagwam' 11.58.

200(1.8), Caine (SH) 23.47; 2. Baldwin 23.54; 3. Iheagwam' 23.56; 4. Bello 24.02.

400, Caine 52.78; 2. Johnson (GM) 53.26; 3. Ross (SH) 53.44; 4. McFarland (Syr) 54.27; . . . 7. Woodward (Vill) 54.67.

Heats: II—1. Johnson 53.73; . . . 3. Sandiford' (SH) 55.24.

800, Sullivan' (Vill) 2:08.34; 2. Hubbard (GM) 2:08.81; 3. Allen (Copp) 2:09.21; 4. Goetze' (Harv) 2:09.50; . . . 8. Clarke (Gtn) 2:10.16; . . . dnc—Spies (Vill).

Heats: I—1. Clarke 2:08.29. III—1. Hubbard 2:08.93; 2. Spies 2:09.17.

1500, Staeheli (Gtn) 4:18.58; 2. Graham' (BC) 4:20.4h; 3. Marzoll (Gtn) 4:21.7; 4. Molloy' (Vill) 4:22.3; . . . 7. Davey' (Prov) 4:28.3.

3000, Rhines (Vill) 9:06.66; 2. MacMahon' (Prov) 9:17.28; 3. Lyman (BC) 9:38.02; 4. Rhoads (NC-Wil) 9:40.28; . . . 7. Woeller (Cor) 9:47.29.

5000, Sanchez (Dart) 16:24.82; 2. Rogers (Dart) 16:36.36; 3. Lord (Gtn) 16:57.77; 4. Fanton (NC-Wil) 16:58.49.

10,000, Liljeblad (Ma) 35:17.87; 2. Wachera (WV) 35:28.86; 3. Boden (Gtn) 35:30.37; 4. Milligan (Dart) 35:36.48.

100H(1.6), Itanyi' (WV) 13.34; 2. Melton (BC) 13.61; 3. Fletcher' (Pitt) 13.74; 4. Suggs (Pitt) 13.99.

Heats: II(0.9)—1. Itanyi' 13.42. Semis: I(0.0)—1. Itanyi' 13.35. II(2.2)—1. Melton 13.67w; 2. Fletcher' 13.72.

400H, Jordan (GM) 58.54; 2. Licorish (NEn) 59.21; 3. Martin (Pitt) 59.74; 4. McNeil (Gtn) 60.20.

Heats: I—1. Jordan 59.03; 2. McNeil 59.57. II—1. Martin 58.89.

#### Relay Events

4 x 100, George Mason 44.87 (Smothers, Jordan, Johnson, Baldwin); 2. Connecticut 45.44; 3. West Virginia 45.53; 4. Seton Hall 45.79; . . . dnc—Virginia.

Heats: I—1. Virginia 45.42. II—1. George Mason 44.85.

4 x 400, Seton Hall 3:38.08 (Harris 55.3, Sandiford' 53.7, Brown 54.9, Boston 54.2); 2. Pitt 3:40.10; 3. West Virginia 3:41.74; 4. Georgetown 3:42.06.

4 x 800, Georgetown 8:49.81 (Moore 2:13.0, Marzell 2:11.6, Sturges 2:15.5, Staeheli 2:09.7); 2. Seton Hall 8:50.95; 3. Boston College 8:53.79; 4. Cornell 8:55.08; 5. William & Mary 8:59.78; 6. Princeton 9:00.03.

Heats: II—1. Boston College 8:55.15; 2. Cornell 8:56.02; 3. Seton Hall 8:56.41; 4. William & Mary 8:57.64; 5. Princeton 8:57.87.

#### Field Events

HJ, Guthrie-Gresham' (GM) 5-1 $\frac{1}{4}$  (1.85); 2. Fletcher' 6-0 (1.83); 3. Ináncsi' (GM) 5-8 $\frac{1}{2}$  (1.74); 4. Durham (Rut) 5-8 $\frac{1}{2}$ .

LJ, Guthrie-Gresham' 21-4 $\frac{1}{4}$  (8.51); 2. Itanyi' 21- $\frac{1}{2}$  (6.41); 3. Takamatsu' (GM) 20-8w (6.30) (19-10 $\frac{1}{4}$  6.06); 4. Brown (SH) 20-5 $\frac{1}{4}$  (6.23); 5. Fletcher' 20-2 $\frac{1}{2}$  (6.15).

TJ, Fletcher' 44-9 $\frac{3}{4}$  (CL) (f, 42-3 $\frac{1}{2}$ , 41-7, 42-8, 42-11 $\frac{1}{4}$ , 44-9 $\frac{3}{4}$  [1.5]) (f, 12.89, 12.67, 13.00, 13.10, 13.66); 2. Hurd (JM) 43-8w (13.31) (42-8/13.00); 3. White (FD) 41-8 $\frac{3}{4}$  (12.72); 4. Pavao (NEn) 40-5 $\frac{1}{2}$  (12.33); . . . 8. J. Codrington (Syr) 40-1 $\frac{1}{2}$  (12.23).

SP, Williams (GM) 49-6 $\frac{1}{2}$  (15.10); 2. Curtis (FD) 48-5 $\frac{1}{2}$  (14.77); 3. Williams (Syr) 48-4 $\frac{1}{2}$  (14.74); 4. Winchester (Dart) 48-4 (14.73).

DT, Powell (GM) 161-7 (49.26); 2. Brown (Va) 160-0 (48.79); 3. Zembeck (Ct) 149-6 (45.56); 4. Winchester 147-1 (44.84).

HT, Corbeil (NEn) 178-10 (54.52); 2. Norgren (Vt) 167-10 (51.18); 3. Peterson (SLJ) 165-10 (50.54); 4. Rankin (Cor) 162-8 (49.58); 5. Berutto (Ct) 161-1 (49.10); 6. Brown (SLJ) 160-4 (48.86); 7. Wonzel (CnCt) 159-5 (48.60); 8. Powell 158-2 (48.22).

JT, Crouse (Va) 166-2 (50.66); 2. Ináncsi' 162-1 (49.40); 3. Kimball (NH) 153-4 (46.74); 4. Brown (Ma) 150-1 (45.74); 5. Guthrie-Gresham' 148-8 (45.32).

Hept(5/19-20), Roy (Ct) 5691; 2. Ináncsi' 5533 (167-8/51.10); 3. Ruckert (GM) 4790w; 4. Harris (Cor) 4747w.

Lisa Peterson finished third in the hammer (167-10) to lead St. John's to a 13th-place finish in the IC4A ECAC Women's Track & Field Championships.

## UD's Delli Paoli 10th

FAIRFAX, Va. — The University of Delaware's Chris Delli Paoli finished 10th in the hammer throw at the ECAC Track and Field Championships on Sunday at George Mason University.

A junior from Holmdel, N.J., Delli Paoli, hurled the hammer 155 feet, 2 inches to improve five spots from his ECAC performance last year.

Tara Pointin, the school's other competitor in the meet, finished ninth in the 10,000 meter run on Friday night in 36:38.

Nicole Golden of Teaneck was part of **Seton Hall's** 4 x 100 relay team which finished fourth at the ECAC Championships at Fairfax, Va. The relay team which included Keisha Caine, Katrina Jarrett and Angie Brown clocked a season best 45.79. Michele Dudzinski was 10th in the high jump, clearing 5-foot-4½.

The **Rutgers** women's squad placed 23rd at the ECAC championships. Denise Durham earned the Scarlet Knights' best finish with a fourth in the high jump.

## Hornet runner sixth

FAIRFAX, Va. — Candice Robinson, of Delaware State University, ran the 100-yard dash in 11.93 to finish sixth at the Eastern Collegiate Athletic Conference track championships.

Delaware State placed sixth in the women's 4x100 relay with a team of Robinson, Sheena Lowe, Tikisha Cole and Angelique Smith. They combined for a time of 46.16.

**CRYSTAL CORBEIL** of Biddeford, a senior at Northeastern University, took first place in the hammer (179-10) at the ECAC track-and-field championships at Fairfax, Va.

decathlon Friday after five events, 'Nova sophomore Melanie Sklepko had to resign from the second day of heptathlon competition after completing the long jump. She was competing in the ECAC championships being held concurrently with the IC4A meet.

Sklepko had the third-best jump in the 16-woman field, at 17-11, but cold symptoms that weakened her efforts on Friday left her with little strength for yesterday's final two events, the javelin and 800 meters.

"She had a good jump but it took a lot out of her," said Jack Pyrah, the longtime 'Nova assistant coach. "She wasn't going to win the event, so it made more sense to take her out of it."

The heptathlon went to Terry Roy, a Connecticut senior who scored 5,691 points after fighting off the spirited challenge of Vera InanCSI, the George Mason freshman from Budapest.

Roy all but clinched an overall victory by winning the long jump. She also won the closing 800 meters as she outscored InanCSI by 158 points. Courtney Ruckert was third.

The Manhattan 4x100 relay team set a school record of :45.76 to qualify for the finals. Inshallah Saunders also qualified for the 100 finals in :11.8.

Donnay Potter qualified for the finals in the 200 (:24.40) and in the 400 (:55.90), and Dahlia Henry did in the 800 in 2:09.8.

FAIRFAX, Va. — The Dartmouth men's and women's track teams had some outstanding individual performances at the IC4A and ECAC Championships, hosted by George Mason University.

In ECAC competition for the women, junior Maribel Sanchez won the 5,000 meters in an NCAA-qualifying time of 16:24.32, leading Dartmouth to sixth place — the best team finish ever.

The Big Green amassed 41 points. Host George Mason won the event with 138.

Also in the 5,000 meters, freshman Jenna Rogers was second in 16:36.36, an NCAA provisional time, while freshman Emily Hodgson of Manchester, N.H. was fifth.

In the 10,000 meter run, freshman Deirdre Milligan was fourth in 35:36.48, and junior Amy Winchester was fourth in the discus with a throw of 147-1. Winchester also was fourth in the shot with 48-4.

In the 3,000 meters, junior Kristin Manwaring was fifth in a time of 9:41.89.

**Roy wins heptathlon:** Senior Terry Roy won the heptathlon and the 4 x 100-meter relay team set a school record (48.44 seconds) as the UConn women (29 points) tied for ninth at the ECAC Championships in Fairfax, Va. George Mason (145) won the title. Sophomore Dudley

The heptathlon went to Terry Roy, a Connecticut senior who scored 5,691 points after fighting off the spirited challenge of Vera Inancsi, the George Mason freshman from Budapest.

points to lead the competition by a 241-point margin over George Mason's Vera Inancsi, a 6-foot-2 freshman from Hungary.

Sklepko got off to a good start, posting the day's fastest 100-meter hurdles time when she won her heat in 14.38 seconds. She had little strength for the high jump and shot put, but she rebounded to post the seventh-best time in the 200 meters, at 26.23 seconds.

The young Villanovan, who finished fourth in the Penn Relays heptathlon with 5,243 points last month, said she won't drop out of the long jump, javelin or 800 meters that close

It was only a slightly better day for Melanie Sklepko, the determined Villanova sophomore who started the first day of the ECAC heptathlon competition seriously hampered by a week-long cold and repeatedly buffeted by the gusting wind.

Sklepko gutted it out in all four first-day events to amass 2,885 points for eighth place in the 16-woman field — 83 points out of third. Terry Roy of Connecticut racked up 3,379

out the heptathlon this morning.

In other finals:

Dartmouth's Maribbel Sanchez won the women's 5,000 meters, getting to the line in 16 minutes, 24.32 seconds for a personal best.

Francis Lord of Georgetown, a junior from Friends Central School in Wynnewood, was third in 16:57.77.

Kelly Liljeblad, a Massachusetts senior, won the women's 10,000 in 35:17.87.

The Patriots women blasted the former ECAC point record of 122 set by Penn State in 1986.

Seton Hall finished as the runner-up for the second year, with 64 points, followed by West Virginia, 59; Georgetown, 58; and Pitt, 54. Villanova wound up in eighth place, with 30 points.

Villanova's first victory in the four-day meets came in the women's 800 meters, thanks to Krestena Sullivan, a precocious sophomore who ran the second half of her race faster than the first.

"I knew the first lap was slow," said Sullivan, who won in 2:08.34. "I don't know what the second lap was, but I knew we picked it up. I've already qualified [for the NCAA championships], so I wasn't worried."

Becky Spies, the Villanova senior who had qualified for the ECAC 800 final, scratched in favor of attending graduation exercises at the Main Line school.

The Wildcats also got a victory from the superbly consistent Jennifer Rhines, who ran away from the field to take the 3,000 meters in 9:06.66.

Two meet records fell in the women's competition.

Najuma Fletcher of Pitt soared 44 feet, 9¾ inches to shatter the ECAC triple-jump record of 44-8¾ set by Donna Crumety of St. Joseph's in 1990. Fletcher also broke the three-year-old ECAC meet record of 43-2¼ set by Marchelle Payne of Maryland.

Pat Itanyi of West Virginia shot through the 100-meter hurdles in 13.34 seconds to wipe out the former ECAC standard of 13.42 set by Allison Williams of Pittsburgh.

In a role smaller than her dominant performance at last year's Eastern College Athletic Conference women's track and field championships, 11-time all-American and Jamaican Olympian Diane Guthrie-Gresham yesterday won the long jump and high jump in her last home meet at George Mason University in Fairfax.

Kevin McMahon, Georgetown's five-time all-American, won his third Intercollegiate Association of Amateur Athletes of America title in the hammer throw with a meet-record toss of 243 feet 2 inches, nearly 13 feet better than the previous record and more than 20 feet better than runner-up Roman Linscheid of St. John's.

Guthrie-Gresham, who will compete in the shot put today, last year scored 47 points by winning the heptathlon, javelin and long jump for the meet-winning Patriots. Yesterday, she set a meet record of 6-1½ in the high jump, recorded a long jump of 21-4¼ and finished fifth in the javelin. She said she did not mind staying out of the heptathlon.

"Last year I felt really good physically and I had no problem doing everything," Guthrie-Gresham said. "This year, I had a hard meet at Penn Relays and I have another one [the NCAA outdoor championships]

coming up in about a week-and-a-half.

"I don't think the team needs the extra 10 points as much this year. I did not want to jeopardize anything."

The Patriots women are well on their way to winning their fourth ECAC title in five years as they lead Dartmouth, 59-27, after the second day of the three-day meet. George Mason's Tamika Powell won the discus with a throw of 161-8; Virginia's Amy Brown was second.

McMahon, a graduate student from San Jose, never has won an NCAA hammer throw title, but he finished second as a sophomore in 1992. He has the second-longest throw ever by an active American competitor and is a favorite to earn one of three U.S. Olympic team spots for the 1996 Games in Atlanta.

McMahon would not be specific about how he has improved other than to say that his success is based on an understanding of Russian hammer throw technique and the tutelage of his coach, Harold Connolly, an Olympic gold medalist and seven-time world record holder.

"The Russians have revolutionized the hammer throw in the last 10 years," McMahon said. "Americans have just watched and not understood. . . . Let's just say that Americans try to spin fast, and the Russians try to make the ball go fast."

# G. Mason Dominates ICAA, ECAC Meets

## *Men's Track Team Wins 7th Straight Title*

During their long tenures at George Mason University, men's coach John Cook and women's coach Norm Gordon have built one of the nation's premier track and field programs.

In a testament to the Patriots' status as a national power, both teams set records yesterday in their respective conference championships in Fairfax.

The men became the first team this century to win seven consecutive Intercollegiate Association of Amateur Athletes of America titles and the women shattered Penn State's nine-year-old record of 122 points with 145 to win their fourth Eastern College Athletic Conference crown in the past five years.

The George Mason women earned six first-place finishes while the men did not win an event until yesterday's final day of competition. At the start of the day, the GMU men trailed leader Liberty, 40½ points to seven, but their excellence in running events allowed them to win six events and the meet—100 points to Liberty's 48½. Georgetown's men finished seventh with 45 and Georgetown's women placed fourth with 58.

The GMU women outdistanced their nearest competition, Seton Hall, by an astonishing 81 points.

"I thought we were going to score an awful lot of points," said Gordon. "We have a very strong team. Our freshmen and sophomores improved immensely. We were actually able to give Diane [Guthrie-Gresham, the team's star competitor] a rest.

"We had no down events. It will be a long time before someone scores this many points again."

Making the point total more remarkable was that Gordon scratched his 1,600-meter relay team, which had the third-best qualifying time entering the meet, and gave Guthrie-Gresham a smaller role so that she would be rested for the NCAA

championships, which begin May 31 in Knoxville, Tenn.

Guthrie-Gresham was still named the meet's outstanding female performer for her victories in the long jump and high jump—in which she set a meet record Saturday.

For the men, senior Louis Sales played the most prominent role for the Patriots as he won the 400 hurdles, anchored the winning 1,600 relay team and finished second in the 400. Sales' time of 49.94 seconds in the hurdles broke the nine-year-old school record of 50.50.

"Sales was certainly key," Cook said. "The kids knew about the historical mark and we certainly did not want to lose after six straight."

In the men's 1,500, George Mason junior Ibrahim Aden upset defending champion Matt Holthaus of James Madison with a time of 3 minutes 42.07 seconds. Aden also anchored the Patriots' winning 3,200-meter relay team. Other individual men's winners for George Mason were Greg Houghton in the 200 (20.74) and Alex Morgan in the 800 (1:47.90).

Other GMU individual women's winners were Christine Williams in the shot put (49-6½) and Renea Jordan (Centreville High) in the 400 hurdles (58.54).

In the women's 1,500, Georgetown junior Joline Staeheli won with the second-fastest time by a collegian this year (4:18.56). The time was more than six seconds faster than her previous personal best this year.

Pittsburgh junior Najuma Fletcher set the meet record in the triple jump with a leap of 44-9¾. Fletcher's jump also was the second-best distance by a college athlete this year.

West Virginia sophomore Pat Itanyi set a meet record in the 100-meter hurdles with a time of 13.34.

Seton Hall's Kevin Lyles won the 400 in a meet-record 45.11 seconds. Pirate Keisha Caine (Wilson High) ran 52.78 to successfully defend her ECAC title in the women's 400. Caine also won the 200 in 23.47 seconds.

# Guthrie-Gresham Goes For Strong Finish at GMU

With just two meets left in her collegiate track and field career, Diane Guthrie-Gresham does not have much time to wax nostalgic about her years at George Mason. Guthrie-Gresham, 23, an Olympic long jumper and NCAA heptathlon champion, took her last final exam a week ago, handed in her last term paper Monday and has been busy buying presents for the team's upcoming end-of-the-year party.

The dizzying pace of Guthrie-Gresham's life also has included trips to the chiropractor to ready herself for the Eastern College Athletic Conference women's track and field competition, which begins Friday at George Mason and runs through Sunday. Last year Guthrie-Gresham won five individual titles at the meet to help the Patriots women to their second consecutive league title. Today at noon, men's action begins as George Mason tries to set a 20th century record with its seventh consecutive Intercollegiate Association of Amateur Athletes of America title.

This year, Guthrie-Gresham will not compete in the exhausting heptathlon or any relay races, for which she volunteered last year when a teammate pulled a hamstring. The meet will be Guthrie-Gresham's last at home and will act as a tuneup for the NCAA championships, which begin May 31 in Knoxville, Tenn.

"I'm happy because I am graduating, but it's sad because I am moving on and I won't be a part of the team anymore," she said. "I will miss not being able to wear Mason's colors, and a lot of the little things."

Even though the Jamaican-born star will no longer be a team member, she will continue to practice with the Patriots in preparation for August's world championships in Goteborg, Sweden, and next year's Olympics in Atlanta. Guthrie-Gresham's long jump distances could place her among the top five in the world and her pentathlon scores would rank in the top 15, according to George Mason Coach Norm Gordon. Her pentathlon score in April at the prestigious Penn Relays ranked her second all-time in that meet, behind only Jackie Joyner-Kersey. Gordon said he thinks that by next year Guthrie-Gresham's heptathlon

scores could also put her in contention for an Olympic medal.

Guthrie-Gresham has evolved into a world-class heptathlete because of her ability to analyze track and field's more technical elements, Gordon said. Her natural talent, however, has been evident since she was young. Dalton Ebanks, who coached the Jamaican high school power Vere Tech until 10 years ago when he became a GMU assistant, was instrumental in recruiting her.

"I knew of her from when she was 12 or 13 years old," Ebanks said. "There is a high school championship [in Jamaica] and she showed a lot of promise competing against girls 15 and 16. With the way she carried herself and her athletic ability, I knew she would be one for the future."

Guthrie-Gresham said the transition from her native Santa Cruz to the United States was partly eased by the fact that she had traveled here for meets. More important, Guthrie-Gresham said she spent many years alone as a child when her mother, Enid, left to open a restaurant miles away.

"I was very mature at a young age," she said. The transition to George Mason "was no big deal. There was no homesickness or anything."

This weekend's meet—like the many others in which Guthrie-Gresham has succeeded—illustrates how she has continued to mature.

Success "came too easy to me, so it did not have that meaning," she said. "My coach had to get into my head that I could be one of the best female athletes. My head is on my body now. I know who I am."

# Workhorse from Philadelphia helps George Mason win IC4A

By Ron Reid  
INQUIRER STAFF WRITER

FAIRFAX, Va. — With an audacious effort that gave new meaning to the term *workhorse*, Louis Sales of Philadelphia led George Mason University to a record seventh straight team title yesterday in the 119th running of the IC4A track and field championships.

And to give the record book a double-barreled blast, the George Mason women's team won its third straight ECAC championship with 146 points, the highest total in the 12-year history of the meet.

The victory by the Patriots men, who scored 93 of their 100 points on the final day of competition, set a 20th-century record for consecutive championships and tied the IC4A all-time success record set by Harvard from 1880 through 1886.

The IC4A men's and ECAC women's meets were held concurrently at George Mason, where the home fans had plenty to cheer.

Their headliner was Sales, the tireless good soldier who contributed 21½ points to the Patriots' cause with a victory in the intermediate hurdles, a second in the 400 meters, a leg on the fifth-place 4x100-meter relay team, and a gutty anchor stint that pulled George Mason to victory in the 4x400-meter relay, the final event of the day.

Sales set a school record of 49.94 seconds in his hurdles victory, the fourth-fastest time by any collegian this year. It was all the more impressive because he ran the entire race in Lane No. 2, and had tighter turns to negotiate than he would have had farther out from the pole lane.

"My plan was to go out hard over the first three hurdles, then concentrate and relax," Sales said. "I just wanted to keep my lead leg over the right hurdle and not stutter-step. Today was almost flawless, but at the seventh hurdle, I stuttered a little bit."

Someone asked Sales if his heavy workload was a problem.

"I don't mind because I don't like to lose," said Sales, who graduated from Martin Luther King High School. "If the team needs me, it doesn't matter

how tired I am. Hearing the starter's gun always pumps me up."

Liberty University managed to score only seven points yesterday — the same total that George Mason compiled Friday — and finished a distant second, for the second year, with 48½ points. Seton Hall was third with 47, one point better than West Virginia and Pitt.

Villanova finished far down the list, tied for 20th, but took some solace from a third-place finish in the 4x400-meter relay. The Wildcats team of Kareem Archer, Chuck Silvester, Andreas Vonscheele and J.R. McElwain was timed in 3 minutes, 9.36 seconds, the best by a Nova foursome in more than a decade. Penn was fourth in 3:09.44, and finished tied for eighth in the team standings.

"Sales certainly was a key contributor," said Patriots coach John Cook, "but all our kids came through today. They knew there was a historic thing we were shooting for."

The Patriots women blasted the former ECAC point record of 122 set by Penn State in 1986.

Seton Hall finished as the runner-up for the second year, with 64 points, followed by West Virginia, 59; Georgetown, 58; and Pitt, 54. Villanova wound up in eighth place, with 30 points.

Villanova's first victory in the four-day meets came in the women's 800 meters, thanks to Krestena Sullivan, a precocious sophomore who ran the second half of her race faster than the first.

"I knew the first lap was slow," said Sullivan, who won in 2:08.34. "I don't know what the second lap was, but I knew we picked it up. I've already qualified [for the NCAA championships], so I wasn't worried."

Becky Spies, the Villanova senior who had qualified for the ECAC 800 final, scratched in favor of attending graduation exercises at the Main Line school.

The Wildcats also got a victory from the superbly consistent Jennifer Rhines, who ran away from the field to take the 3,000 meters in 9:06.66.

Two meet records fell in the women's competition.

Najuma Fletcher of Pitt soared 44 feet, 9¾ inches to shatter the ECAC triple-jump record of 44-8¾ set by Donna Crumety of St. Joseph's in 1990. Fletcher also broke the three-year-old ECAC meet record of 43-2¼ set by Marchelle Payne of Maryland.

Pat Itanyi of West Virginia shot through the 100-meter hurdles in 13.34 seconds to wipe out the former ECAC standard of 13.42 set by Allison Williams of Pittsburgh.