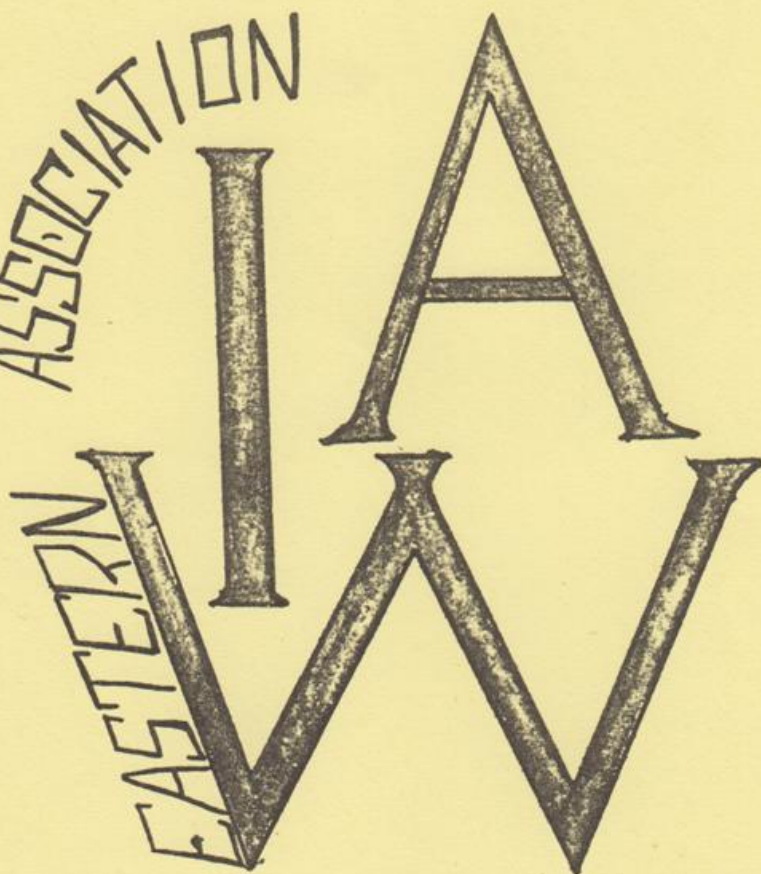


FIRST ANNUAL

ASSOCIATION



EASTERN

CROSS-COUNTRY CHAMPIONSHIP

ALBANY STATE

OCT 1976

Tenth Annual Albany Invitational Cross-Country Meet
Sat., October 30, 1976
First Annual Women's Eastern A.I.A.W. Championship

Honorary Referee: Dr. Luther C. Andrews
Meet Director: R. Keith Munsey (Invitational); Barbara Palm (AIAW)
Referee: Al Pastore (Invitational); Christine Brooks Penn State (AIAW)
Games Committee: Christine Brooks, Penn State, Barbara Palm- Albany, Vern Cox-
Springfield, Phil Brown- Hudson Valley, Al Pastore
Starter: Dr. Alfred C. Werner, Chairman, Dept., Physical Educ., Albany
BAIAW Rep.: Lee Rhenish, Albany
Registrar/Clerk: Ronald White, Barbara Palm, James Ellison, Deborah Harrison
Judges: Janet Forger, Joe Garcia, Bill Sorel, Gary Furlong,
Timers: Patrick Glover, R. K. Munsey, Joyce Belza, Lou Robin, Don Wilken
Chute Officials: Bill Cunningham, Joyce Belza, Robert Koch, Jake Kearney,
Recorders: Paul Breslin, Jake Kearney (Time); Fred Blankmeister, Carolyn
Murphy (Place)
Inspectors: Carlo Cherubino, Tom Ryan, Allison Beals, Fred Kitzrow, Paul
Rosenberg, Tom Crowley, Paul Glum
Scorers: Frank Myers, Don Myers, Eric Koch, John Koch, Anne Koch
Tour Guides: Robert Burlingame, Patrick Glover, James Ellison, Allison Beals,
Janet Forger, Deb Rohmiller, Robert Moore
Runners: Alpha Pi Alpha pledges
Typists: Jacque Wilde
Equipment: Leslie "Bennie" Siegel and Albany Staff
Trainer: Jack Koelmel, Claudette Delamater and Albany Staff
Awards: R. K. Munsey, Dr. Alfred C. Werner (Invitational);
Lee Rhenish, Christine Brooks (AIAW)
Publicity: Rich Selligson, Albany Student Press; Robert Rice, Albany SID
Hosts: James Smith, Tom Crowley
Photography: Joseph Guarino
Concessions: Donald Dross, Teresa Bates, Lisa Booth, Michael Mercikliott

Random Notes

1976 Expected Competitors: Men - 336 (Previous Record, 301 in 1974); AIAW - 150.
Most Team Wins: JUCO - Suffolk and Johnson & Wales, 2 each; Varsity - C.W. Post, 3;
JV - Colgate, 3. Most Individual wins: JUCO - Hudson Valley and Orange,
3 each; Varsity - Post, 4; JV - Colgate, 3.
1976 Entered Teams: 43; Previous Record, 41 in 1974; AIAW - 20.
JUCO - 15; Varsity - 18; JV - 10.
Course Records: 5 mile - John Biedrzycki, C.W. Post at 1974 Invitational 24:35.9;
4.25 mile - Ray Bigrow, Hudson Valley, vs. Albany JV and Orange, 1974, 21:33.;
JUCO 5 mile - Ray Bigrow, Hudson Valley at 1975 Albany Invitational 26:05.
Race Distances: Varsity and JUCO - 5 miles; JV - 4.25 miles; Women - 3 miles.
Defending Champions: JUCO - Morrisville; Varsity - Keene State; JV - Springfield;
Lowest Winning Scores: JUCO - 29 by Auburn (now Cayuga) in 1967; Varsity - 15 by
Springfield in 1967; JV - 15 by Colgate in 1972.
Closest Winning Margins: JUCO - 34-46 (Mohawk-Suffolk) in 1973; Varsity - 59-65
(Keene-Springfield) in 1975. Largest Winning Margin: JUCO - 31-80 (Suffolk-
Nassau) in 1968; Varsity - 15-71 (Springfield-Boston State) in 1967 and
40-96 (C.W. Post-Springfield) in 1970.
To Be Exact - - - The "Five Mile" course we traditionally refer to at Albany
is actually a "long course", and always has been. Actual measurement centers in
on five miles and 90 yards (5.05).
Future date of the Albany Invitational....Always on the LAST SATURDAY in October.
1977 - Oct. 29; 1978 - Oct. 28; 1979 - Oct. 27

Intercollegiate Athletics at the University at Albany are Funded by
Student Tax

1976 First Annual EIAIW X-C Championship

Albany - SUNY "Great Danes"
Coach: B.J. Palm
Colors: Purple/Gold

- 101 Gayle Bowden
- 102 Cathy Shrader
- 103 Diane Soellner

Amherst College "Lord Jeffs"
Coach: Robert Williams
Colors: Purple/White

- 104 Marina Buckley

Bergen C.C.
Coach: Dean Schonts

- 105 Theresa Vaccarella
- 106 Cindy Marchese

Binghamton - SUNY "Colonials"
Coach: Gary Truce
Colors: Green/White

- 107 Margaret Forman

Brandeis University "Judges"
Coach: Norm Levine
Colors: Navy/White

- 108 Donna Randall

Brockport - SUNY "Golden Eagles"
Coach:
Colors: Gold

- 109 Leri Boles
- 110 Sharon Breton
- 111 Marie Gladstone
- 112 Gina Miserendino
- 113 Kathy Rocks
- 114 Debbie Watson

Bucknell "Bisons"
Coach: John Larner
Colors: Blue/Orange

- 115 Karen Rohig
- 116 Mary Rohig
- 117 Missy Luczwnski
- 118 Beth Thomas
- 119 Ann Bischoff
- 120 Daria Lin
- 121 Sue Cluzel

Cobleskill A&T "Tigers"
Coach: Dan Groski
Colors: Black/Orange

- 122 Debby Brothers

Cornell "Big Red"
Coach: Greg Page
Colors: Red/White

- 123 Martha Stinson
- 124 Pam Schrener
- 125 Martha Rosett
- 126 Margaret Buchanan
- 127 Laura Verbin
- 128 Holly Jander
- 129 Lisa Shulman
- 130 Leslie Fairbaugh
- 131 Nancy Anderson

Cortland State "Dragons"
Coach: Peter Cahill
Colors: Red/White

- 132 Sue Liers

Dartmouth "Big Green"
Coach: Marcie Weinbel
Colors: Green/White

- 133 Marion McClure
- 134 Martha Cochran
- 135 Mary L. Heslin
- 136 Anne Wilder
- 137 Cynthia Shortell
- 138 Joan Clements
- 139 Caroline Coggeshall
- 140 Amy Kelan
- 141 Pam Katz

Delaware State "Hornets"
Coach: Marvin Hackett
Colors: Blue/Red

- 142 Cynthia Blake
- 143 Darcell Harrison
- 144 Josephine Hobbs
- 145 Linda Lee
- 146 Stephanie Mann
- 147 Jackie Patton
- 148 Joan Samuels
- 149 Deborah Snaggs

Hartwick College "Warriors"
Coach: Dick Damont
Colors: White/Blue

150 Michele Gadziala
151 Nancy Heineman
152 Sue Whitney

Hunter College "Hawks"
Coach: Louise Black
Colors: Purple/White

153 Andrea Babich
154 Martha Lopez
155 Gail Neube
156 Susan Swanson
157 Sandra Yearwood

Lehman College
Coach: Dorrie McCaffrey
Colors: Blue/White

158 Kris Becker
159 Lulu Carney
160 Terry Hodge
161 Veronica Johnson
162 Sarah Lutwin
163 Jewel Shindler
164 Gina Zambano

Lockhaven State "Eaglettes"
Coach: James Dolan, Asst. Nan Wood
Colors: Blue/White

165 Lucy Lake
166 Carroll Myers
167 Kathy Gregory
168 Lori Smith
169 Mary Kitzig

University of Massachusetts
Coach: Ken O'Brien
Colors: Red

170 Anne Bradshaw
171 Johara Chapman
172 Maggie Crowley
173 Debbie Farmer
174 Julia LaFreniere
175 Sue Swartz
176 Jane Welzel

M.I.T. "Engineers"
Coach: Peter Close
Colors: Red/White

177 Cindy Reddy
178 Susan Krelewski

Middlebury College "Panthers"
Coach: Terry Aldrich
Colors: Blue/White

179 Liz Carey
180 Ann Christie
181 Holly Flanders
182 Janet Kellam
183 Lindsay Putnam
184 Bridget Sewell
185 Maren Thorpe

Mohawk Valley C.C. "Hawks"
Coach: Dick Coleman
Colors: Green/White

186 Holly Dunham

Patterson College
Coach:
Colors:

187 Pam Fitzpatrick
188 Wendy Huron

Penn. State "Lady Lions"
Coach: Christine Brooks
Colors: Blue/White

189 Kris Bankes
190 Elizabeth Berry
191 Donna Gardner
192 Eileen Meenan
193 Kathy Mills
194 Hillary Noden
195 Janet Norem
196 Lisa Turner

Queens College "Knights"
Coach: Rick Wettan
Colors: Blue/White

197 Jean McBride
198 Joyce Ridley
199 Paula Roppolo
200 Tonetta Rumph
201 Adriane Shands
202 Susan Starrs
203 Karen Zizzi

Russell Sage
Coach: Gloria Young
Colors: Green
204 Mabry Pulver

Rutgers University "Scarlet Knights"
Coach: Sandra Petway
Colors: Red/White

205 Amy Erhardt
206 Shirley Finken
207 Patricia Grygo
208 Margaret Poynter
209 Corinne Schneider
210 Maureen Schroeder
211 Sandra Ugi
212 Kathleen Verbiest
213 Cynthia Wuss.

St. John's University "Regals"
Coach: Anna-Maria Thomas
Colors: Red/Gray

214 Margaret Board
215 Ellen Callagy
216 Alexandria Cerri
217 Susan Kearns
218 Maryanne Landers
219 Maureen O'Driscoll
220 Beth Pollicino
221 Leisha Reid
222 Maureen Welden

Southern Conn. State "Owls"
Coach: Judith Christensen
Colors: Blue/White

223 Joanne Costabile
224 Karen Etchells
225 Angela Camarco
226 Jan McHugh
227 Maureen Hally
228 Cecelia DaCosta
229 Sharon Collins
230 Deb Cable
231 Jean Benham

Swarthmore College
Coach: Eleanor Kay Hess
Colors: White/Garnet

232 Janie Conrad
233 Mary Devlin
234 Abby Hafer
235 Martha Kane
236 Jan Menefee
237 Lydia Moore

Temple University "Owls"
Coach: Jean Roberts
Colors: Red/White

238 Mona Daniels
239 Barbara Williamson
240 Geraldine Kauffman

Trenton State "Lions"
Coach: Roxanne E. Busch
Colors: Dark Blue/Gold

241 Jill Case
242 Kim Dowd
243 Suzanne Zawadsky
244 Pam Doremus
245 Norma Arnesen
246 Luanne Breen

University of Vermont "Catamounts"
Coach: W. Perry Bland
Colors: Green/Gold

247 Nancy Dickson
248 Nikki Hammond
249 Maureen Hammond
250 Kelly McCann
251 Dianna Potter
252 Christine Short
253 Maria Short

University of Connecticut "Huskies"
Coach: Diane Richter
Colors: Blue/white

254 Lavinia Muncy
255 Debra Demers
256 Kathy Kenyon
257 Judith Kluck
258 Andrea Dossett
259 Hilda Cadenas

Pitt "Pantherettes"
Coach: Alfreeda Goff
Colors: Blue/Gold

260 Rebecca Salck
261 Brenda Chorpensing

Orange C.C.C.
Coach: Gary Dross
Colors: Orange/Blue

262 Tracey Hemming

Plymouth State "Panthers"
Coach: Jack Rhodes
Colors: Dark Green/Black

263 Laurie Conlon

Villanova "Wildcats"
Coach: Jim Thompson
Colors: Dark Blue/Light Blue

264 Roberta Anthes
265 Maridel Walsh
266 Pam Sippel
267 Mary Ellen Borkowski
268 June Hamuas
269 Joann Dahme